

Upcoming Events

**CALLING ALL YOUNG ADULTS!
START YOUR CAREER TODAY**



**YOUNG ADULTS
AGES 16-24
NEW CASTLE, KENT
& SUSSEX COUNTY,
DELAWARE**

**WE ARE READY TO
HELP YOU TODAY!**

- ✓ OBTAIN A HIGH SCHOOL DIPLOMA OR EQUIVALENCY
- ✓ BECOME CAREER READY THROUGH TRAINING, EDUCATION AND CAREER COACHING!
- ✓ CONNECT WITH EMPLOYERS AND IN-DEMAND CAREERS
- ✓ PAID WORK EXPERIENCE OPPORTUNITIES!

302-990-5369 ext. 303

teamdelaware@careerteam.com

Career **TEAM**

DELAWARE DEPARTMENT OF **LABOR**

CONTACT US TODAY FOR MORE INFO!

Equal opportunity employer/program. "Auxiliary aids and services are available upon request to individuals with disabilities", and "partially funded by Delaware Workforce Development Board and Department of Labor" A proud partner of the americanjobcenter network

Upcoming Events contd.

Red Clay Center

James H. Groves Adult High School

FREE English Classes

Offering Services in English as a Second Language
Register online at redclayschools.com/groves and click
ENROLL

Requirements:

- Must live or work in Delaware.
- Must be 16 years or older. Those 16-18 must provide a valid withdrawal form completed by most recent school attended.
- Must attend classes at designated times.


Next Steps:

- More information will be emailed to you about placement testing or classes.
- Call the school if you have any questions!

Location: 50 Hillside Road, Wilmington, DE 19807
Phone: 302-651-2709
Email: kellie.tetrick@redclay.k12.de.us or heather.farrell@redclay.k12.de.us
Cost: FREE




Upcoming Events contd.



ROBERTO CLEMENTE BASEBALL LEAGUE

BASEBALL REGISTRATION

- INNER CITY BASEBALL
- BILINGUAL
- SKILL TRAINING
- LIFE COACHING
- DISCIPLINE
- FUN FOR FAMILY'S



GIRLS 4-13 & BOYS 4-18

🎵 👤 @robertoclementebaseball

ASK US ABOUT SPONSORSHIP LEVELS

COACHES NEEDED • VOLUNTEERS • MENTORS

OR MORE INFORMATION: 302-510-7800 <https://rcbaseball.sportngin.com>

Upcoming Events contd.



UNIVERSITY OF DELAWARE
**COOPERATIVE
EXTENSION**

Scholarship Preparation 2024



WHAT YOU WILL LEARN

Get direction and assistance to prepare college applications for “free money”. Sign up for our stress-free informational session today!



Local
Scholarships



FAFSA

Informational workshops will
be 12:00 to 1:00 every
Tuesday in March.

Click the URL
Code to sign up
for a workshop
today!



This program is brought to you in part by the University of Delaware Cooperative Extension, a service of the UD College of Agriculture and Natural Resources—a land-grant institution. This institution is an equal opportunity provider. If you have special needs that need to be accommodated, please contact the office two weeks prior to the event.

Upcoming Events contd.

UNIVERSITY OF DELAWARE
COOPERATIVE
EXTENSION

Small Steps, Smart Finance = Bright Future

Financial Literacy Online
Workshop

JOIN US FOR AN INTERACTIVE WORKSHOP ON FINANCIAL LITERACY AND TAKE CONTROL OF YOUR FINANCIAL FUTURE WITH SIMPLE SMALL STEPS!

Learn how to manage debt, develop a budget, prepare an emergency savings, and secure your financial future in a supportive environment. Take small steps towards a brighter financial future.

WHAT TO EXPECT FROM THE WORKSHOP:

- Develop SMART goals to determine your expectations for a strong financial future.
- Look at your debt and develop a budget that fits your lifestyle and will help minimize debt.
- Learn how to create an emergency fund and secure your financial future.

EVERY TUESDAY IN APRIL

🕒 12 pm to 1 pm

Sign up today for this online one-hour workshop!

This program is brought to you in part by the University of Delaware Cooperative Extension, a service of the UD College of Agriculture and Natural Resources — a land-grant institution. This institution is an equal opportunity provider. If you have special needs that need to be accommodated, please contact the office two weeks prior to the event.

Upcoming Events contd.

You're invited to *Welcome to Medicare: 2024*

Delaware Medicare Assistance Bureau (DMAB) is the Delaware State Health Insurance Assistance Program (SHIP). A free service, DMAB provides unbiased information and counseling to people covered by Medicare. DMAB and the Department of Insurance host free Welcome to Medicare events throughout the state.



Why? We've found that many people who join Medicare have questions and concerns about their new, different type of health insurance. In addition, important deadlines exist for certain new benefits. New and soon-to-be beneficiaries can meet with our professional staff and learn about Medicare benefits, supplement insurance policies, Medicare Advantage plans and prescription drug coverage. Check our list of upcoming events below.

Sussex County

Georgetown CHEER Community Center
20520 Sand Hill Rd. Georgetown, DE 19947
10:00 a.m. to 12:00 p.m.
March 19, 2024

Kent County

Delaware Department of Insurance Dover
1351 West North Street, Suite 101
Dover, DE 19904
10:00 a.m. to 12:00 p.m.
March 26, 2024

New Castle County

Rt. 9 Library & Innovation Center
3022 New Castle Ave, New Castle, DE 19720
10:30 a.m. to 12:30 p.m.
March 4, 2024

Hockessin Library
1023 Valley Rd, Hockessin, DE 19707
12:00 p.m. to 2:00 p.m.
March 12, 2024

Space is limited
Register at de.gov/dmabcalendar or call: 302-674-7364



Insurance.delaware.gov/dmab
Delaware Department of Insurance | Insurance Commissioner Trinidad Navarro

Upcoming Events contd.

What's th**AT**?

Assistive Technology Series



Learn how Assistive Technology can make your life as a caregiver easier!

Join us virtually the third Thursday each month at 11:30 am for 15 minute sessions.

Topics to be covered:

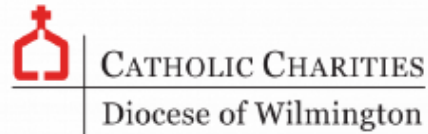
- February 15 - Dementia
- March 21 - Brain Injury
- April 18 - Mealtime
- May 16 - Stroke
- June 20 - Bathing/Toileting
- July 18 - Arthritis

Zoom link:
<https://bit.ly/ESATzoom>



easterseals
Delaware & Maryland's Eastern Shore
de.easterseals.com

Upcoming Events contd.



Catholic Charities of Delaware is now serving Afghan Nationals who were evacuated under Operation Allies Welcome by offering legal immigration assistance with the following processes:

- Assistance with obtaining COM letters
- Applying for adjustment of status/ green cards
- Applying for affirmative asylum
- Applying for work authorization
- Applying for parole and re-parole
- Determination of qualified family member sponsorship
- Referrals to Immigration Lawyers, English classes, and other resources

Please send referrals to Joanne McAfee at jmcafee@ccwilm.org with a name, phone number, and valid email.

New Castle-Upcoming Events

Delaware Probation & Parole *Second Chance Day*

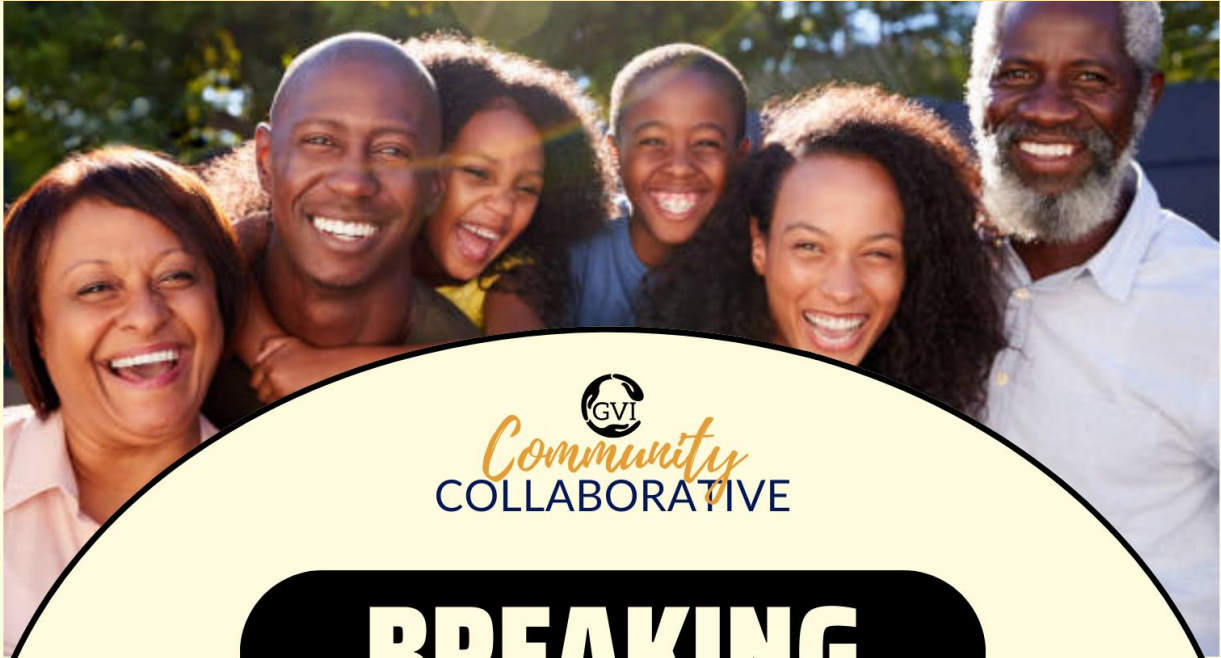
Please join us in the Cherry Lane lobby
on April 16, 2024, from 9:00 am to 1:00,
for the following services available to everyone:

**Probation & Parole Re-Entry Team
The Bridge Clinic
Westend Neighborhood House
Impact Life
Department of Labor**

**Employment opportunities, free Narcan, housing assistance,
mental health and substance abuse services, workforce
development, re-entry resources (clothing referrals, Medicaid
applications, free baby formula), free food bags, and more!**

**TUESDAY, APRIL 16, 2024, 9:00am – 1:00pm
314 Cherry Lane, New Castle, DE 19720**

New Castle-Upcoming Events contd.



BREAKING CYCLES

A Holistic Approach to Parenthood, Breaking
Generational Patterns for a Brighter Future.

APRIL 18, 2024
5 PM - 7 PM

315 E LEA BLVD
Wilmington, DE 19802

REGISTER NOW

bit.ly/BreakingCycles2024



Seating is limited!
Please register to
confirm your
attendance.

For More Information: Justin.D.Watson@Delaware.gov

New Castle-Upcoming Events contd.



Elevate
PITCH COMPETITION
Thursday, April 25, 6 - 8 PM



1ST PLACE
\$7,500

2ND PLACE
\$6,000

3RD PLACE
\$5,000



ywcade.org/yelevate-pitch-competition

eliminating racism
empowering women
ywca
Delaware



New Castle-Upcoming Events contd.



YWCA Delaware's Entrepreneurial Program is hosting the
YElevate Small Business Pitch Competition
Thursday, April 25 6:00 p.m. – 8:00 p.m.
Community Service Building
100 W. 10th Street, Wilmington, DE

YWCA Delaware is offering \$18,000 in cash prizes to women and BIPOC entrepreneurs and valuable mentorships to all contestants, supporting their sustained growth and success.

Your generosity will enable us to continue our mission of empowering entrepreneurs in our community and make a significant impact on the lives of our local entrepreneurs. We are offering several sponsorship options to accommodate various levels of support:

- **\$100.00 – Inspiration Gift:** Includes recognition at the event.
- **\$250.00 – Encouragement Gift:** Includes recognition at the event and social media promotion.
- **\$500.00 – Continued Support Gift:** Includes logo placement on event signage, website, and social media promotion.
- **\$1,000.00 – Partner Gift:** Includes logo placement on event signage, website, and social media promotion, recognition at the event, plus logo placement on promotional materials for one additional YWCA Delaware event (either YWCA's Juneteenth Walk on June 22, 2024, or Holiday Market in December 2024).

Sponsorship submissions are due Monday, April 1, 2024. Checks can be made payable to YWCA Delaware, 100 W. 10th Street, Suite 515, Wilmington, DE 19801, or payments can be submitted online at www.ywcade.org/yelevate-pitch-competition, via Venmo @ywcade, or PayPal @YWCA Delaware Inc. For questions or additional information, please contact/you can reach me directly at Amber Perry, Project & Events Manager at aperry@ywcade.org or 302-224-4060 ext. 203.



@YWCA Delaware, Inc.

PayPal



@ywcade



New Castle-Upcoming Events contd.

PROM REDO

a second chance soiree

May 3rd 7 PM

PROM ATTIRE ENCOURAGED ADULTS 18 AND OLDER

Dragon Run Park Hall - Delaware City
@impactlifede

IMPACT LIFE

New Castle-Upcoming Events contd.



The poster features a vibrant design with colorful abstract shapes in pink, blue, green, and yellow. At the top left, it says "Wilmington's Community Center" next to a stylized logo. To the right, the year "2024" is displayed in a black box. The main title "MSK Community Center" is prominently displayed in large, bold letters, with "MSK" in black and "Community Center" in pink. Below the title, a message states: "We are committed to being the change we want to see in our communities." To the right of this message is a QR code. A large pink arrow points from a "REGISTER NOW" button towards the QR code. At the bottom left, a list of services is provided under the heading "WE OFFER". At the bottom right, a list of programs is provided under the heading "MSKCC PROGRAMS". The contact information, including a phone number, address, and website, is located at the bottom left. A colorful floral logo is positioned at the bottom center.

Wilmington's
Community Center

2024

MSK

Community Center

We are committed to
being the change we want
to see in our communities.

REGISTER NOW >



WE OFFER


- Free Wi-Fi
- Air Conditioned Facility
- Tea/Coffee Bar
- Vending Machine
- Acarde and Game Consoles
- Movie Streaming

302-416-4017
1009 Sycamore St, Wilm, DE
www.iammsk.org/community-center

MSKCC PROGRAMS

- Cardio Line Dancing
- Cardio Drumming
- Pickleball Courts
- Self Defense & Kickboxing
- Basketball Skills Training
- "Life Lessons" Classes
- MUCH MORE AVAILABLE !!**

New Castle-Upcoming Events contd.



ged ready

GAME ON

West End Neighborhood House offers a **customer-centered approach to training and education** by connecting necessary **adult basic education, occupational training, and career and academic advising** for students to prepare, obtain, and progress in a career.

Key components of our program include:

- ✔ Adult Literacy & GED Preparation
- ✔ Workforce Readiness
- ✔ Specialized Certifications
 - Warehouse & Logistics
 - Forklift Operator Credential
 - CPR/First Aid/ AED Certification
 - Microsoft Office / Google +
 - ServSafe / AHLEI Certifications
 - Customer Service Certification
- ✔ Paid Internships (\$15-\$17 per hour)
- ✔ Environmental Protection Training
- ✔ Career Readiness & Exploration
- ✔ Financial & Digital Literacy
- ✔ Mentoring & Individual Tutoring
- ✔ Case Management & Support Services

West End Neighborhood House

START TODAY

Contact Us
(302) 658-4171
710 N. Lincoln St
Wilmington, DE

New Castle-Upcoming Events contd.



**ENVIRONMENTAL
PROTECTION TRAINING**

HAZMAT - MOLD & ASBESTOS - CONSTRUCTION

ENROLLING FOR APRIL 2024 | 302-658-4171 X 147

5 WEEKS
12 CERTIFICATIONS
PAID TRAINING
JOB PLACEMENT

West End
Neighborhood
House

SCAN ME!



New Castle-Upcoming Events contd.



Join our EPA Program



Open House

3/21, 3/28, 4/4, 4/11

Every Thursday

Morning Session: 11:00AM-12:00PM

Location:
West End Neighborhood House
710 N. Lincoln St.
Wilmington, DE 19805
302 – 658 – 4171
astanziale@westendnh.org

Learn about our free environmental training program and how you can earn the following credentials:

- | | |
|---------------------------|--|
| OSHA 40 | OSHA 10 |
| Forklift | Lead Renovation, Repair, and Paint (RRP) |
| Asbestos | Mold & Microbial |
| OSHA Confined Space Entry | Soil Sampling |

New Castle-Upcoming Events contd.

Habitat for Humanity of New Castle County

Neighborhood Revitalization

2024 Leadership Training

Habitat for Humanity of New Castle County's Neighborhood Revitalization Department will hold their 2nd FREE Annual Leadership Training for community residence on building wealth and financial stability to equip each residence with the knowledge, skills, and the mindset necessary to navigate personal and community impact.

Please join us for one, multiple or all classes.

April 13, 2024
9am-3pm
Presenters: Habitat for Humanity & Delaware Community Reinvestment Action Council

April 20, 2024
9am-3pm
Presenter: First Citizen Community Bank

April 27, 2024
9am-3pm
Presenter: Point to Point Wealth Planning

May 11, 2024
9am-3pm
Presenter: Law Office of Kevin A. O'brien

Topics/Discussion
• quality of life framework
• understanding credit

Topics/Discussion
• learning about budgeting
• basic savings
• establishing bank accounts

Topics/Discussion
• wealth building
• transferring wealth
• retirement

Topics/Discussion
• estate planning
• wills
• medical POA
• financial POA



location:
Wilmington PAL
3707 N. Market Street
Wilmington, DE 19802



New Castle-Upcoming Events contd.



LACC SUMMER CAMP

ENROLL NOW!

\$30 REGISTRATION FEE

*REGISTER BY APRIL 26TH AND THE REGISTRATION FEE WILL BE WAIVED! (ONLY APPLIES TO NEW ENROLLMENTS)

SUMMER CAMP
SCAN ME
CONTACT US FOR ENROLLMENT



CAMPAMENTO DE VERANO
ESCANEA AQUÍ
CONTACTAMOS PARA INSCRIPCIONES

Ages: 5 -12 years old

***Campers must have completed Kindergarten to participate**

<u>Dates</u>	<u>Hours</u>	<u>Weekly Tuition</u>
JUNE 10- AUGUST 20	6:45AM- 5:30PM	\$175

Activities Include

- ✓ Swimming
- ✓ Field Trips
- ✓ STEM
- ✓ Summer Reading Club
- ✓ Music & Movement

Latin American Community Center
403 N. VanBuren Street
Wilmington, DE 19805
POC Accepted!
Site ID# 1710306500
Scholarship Opportunities Available

To enroll, please contact
Ana Ventura

Phone: 302-655-7338
Email: AVentura@thelatincenter.org

New Castle-Upcoming Events contd.



LACC

CAMPAMENTO DE VERANO

INSCRÍBASE AHORA!
\$30 INSCRIPCIÓN

*SI SE REGISTRA ANTES DEL 26 DE ABRIL, LA INSCRIPCIÓN ES GRÁTIS!
(SÓLO APLICA PARA NUEVAS INSCRIPCIONES)

SUMMER CAMP
SCAN ME
CONTACT US FOR ENROLLMENT



CAMPAMENTO DE VERANO
ESCANEA AQUÍ
CONTACTANDOS PARA INSCRIPCIONES

Edades: 5 -12 años

***Los participantes deben haber completado Kínder para participar**

Fechas JUNIO 10- AGOSTO 20	Horas 6:45AM- 5:30PM	Matrícula semanal \$175
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Las Actividades incluyen:

- ✓ Natación
- ✓ Viajes al campo
- ✓ STEM
- ✓ Club de Lectura
- ✓ Música y movimiento

Latin American Community Center
403 N. VanBuren Street
Wilmington, DE 19805

Aceptamos el Programa POC!
Site ID# 1710306500
Oportunidades de Becas Disponible

**Para inscribirse, por favor
contacte a Ana Ventura**

Teléfono: 302-655-7338
Email: AVentura@thelatincenter.org

New Castle-Upcoming Events contd.



SPRING JOB FAIR

Don't miss the chance to attend the Latin American Community Center's Spring Job Fair, where you can meet with recruiters face-to-face and learn about job openings in your field.



10:00am - 1:00pm
27 APRIL , 2024



Location
403 N. HARRISON ST. WILMINGTON,
DE 19805 (LACC GYM)



call us
(302) 655-7338



Please scan the QR code to
facilitate contact with us.



WWW.THELATINCENTER.ORG



New Castle-Upcoming Events contd.




FERIA DE EMPLEO

No pierda la oportunidad de asistir a la Feria de Empleo de Primavera del Centro Latino, donde podrá encontrarse cara a cara con reclutadores y aprender sobre las ofertas de trabajo en su campo.



10:00am - 1:00pm
27 DE ABRIL DE 2024



Lugar
403 N. HARRISON ST. WILMINGTON,
DE 19805 (GIMNASIO LACC)



 **LLámenos al**
(302) 655-7338

 **Por favor, escanee el código**
QR para contactarnos.



WWW.THELATINCENTER.ORG



New Castle-Upcoming Events contd.



...
**LACC
JOB FAIR**

**APRIL 27TH, 2024
SAVE THE DATE!**

**EMPLOYERS: INTERESTED IN PARTICIPATING:
SEND EMAIL TO REGISTER TO
DACEVEDO@THELATINCENTER.ORG**

April 27, 2024

☎ 302-494-7518
🕒 10:00 Am to 01:00 Pm
📍 403 N Van Buren Street
Wilmington, DE 19805

➤➤➤

New Castle-Upcoming Events contd.



The poster features a stylized background with a green and black circular logo on the right containing the text 'THE LATIN CENTER'. In the center, there is an illustration of a person sitting at a desk with a laptop displaying a video conference. To the left, there is an icon of a document and a pencil. The text is arranged in a clean, modern layout with blue and white color schemes.

...

LACC FERIA DE TRABAJO

ABRIL 27TH, 2024
RESERVA LA FECHA

**EMPLOYERS: INTERESTED IN PARTICIPATING:
SEND EMAIL TO REGISTER TO
DACEVEDO@THELATINCENTER.ORG**

April 27, 2024

☎ 302-494-7518
🕒 10:00 Am to 01:00 Pm
📍 403 N Van Buren Street
Wilmington , DE 19805

➤➤➤

New Castle-Upcoming Events contd.

SAVE The Date

**2024
HARM REDUCTION
CONFERENCE**

EMPOWERING CHANGE: FROM ACTION TO IMPACT

Save the Date for the 2nd Annual Harm Reduction
Conference hosted by Impact Life.

DATE: AUGUST 29, 2024
**LOCATION: THE DOUBLETREE
DOWNTOWN WILMINGTON**

**IMPACT
LIFE**

Kent-Upcoming Events



JOB FAIR



April 10, 2024



10:00 AM - 2:00 PM



**John W Pitts Recreation Center
10 Electric Avenue, Dover,
Delaware, 19904**



Meet with employers offering opportunities in the following industries: healthcare, state, federal, and local government, military, hospitality, retail, manufacturing, and more.



joblink.delaware.gov

Kent-Upcoming Events contd.



Central Delaware Association of Realtist Presents:



FREE EVENT

Community Wealth Building Day

Wealth Zone	Health Zone	Workforce Zone
<ul style="list-style-type: none">• ABC's of Homebuying• Where is The Money?• Wills and Estates• I have Equity Now What?• What is a Reverse Mortgage?• Who is NAREB?• Minority Certifications• Real Estate Investing 101	<ul style="list-style-type: none">• Diabetes• Heart Disease• Tobacco/Vaping• Cancer/Screening4 Life• Blood Pressure• Obesity Control• Oral Health• and much much more	<ul style="list-style-type: none">• Healthcare• IT• Construction Trades Electrician Welder, etc.• Real Estate Careers• Finance• and much much more

Saturday April 13, 2024
9:30-2:30 pm

Delaware State University - Downtown Campus
120 N. State Street Dover, DE 19901 (Campus Center)
For more information email centralderealtist@gmail.com



Kent Upcoming Events contd.

HOSTED BY: 

3RD ANNUAL COMMUNITY DAY

COMMUNITY BABY SHOWER

FOOD & RAFFLES

17 August 2024
12:00 PM to 4:00 PM

CHILDREN'S ACTIVITIES

COMMUNITY RESOURCE TABLES

Dover Park
1210 White Oak Road
Dover, DE 19901

REGISTER TO ATTEND AT WWW.DEDOULAS.COM
VENDOR REGISTRATION: WWW.DOCAREDOULAFUNDATIONINC.ORG

Community Baby Shower is for parents with children 0-24 months.
Raffle items are for parents 6 months pregnant and beyond.
The birthing person must be present to receive any items.

Kent Upcoming Events contd.

3RD ANNUAL BLACK BIRTH EXPO

SATURDAY, APRIL 20, 2024

IN HONOR OF BLACK MATERNAL HEALTH WEEK

MERCHANDISE
VENDORS &
INFO TABLES

FREE MEAL



KIDS
ACTIVITIES

COMMUNITY BABY
SHOWER & RAFFLES

Community Baby Shower is for parents with children 0-24 months.
Raffle items are for parents 6 months pregnant and beyond.
The birthing person must be present to receive any items.

THE GREAT HALL

(LOCATED AT ST ANDREW'S LUTHERAN CHURCH)

425 N DUPONT HIGHWAY, DOVER, DE 19901

10:00AM-2:00PM

ALL Vendors & Community partners are welcomed.

Please register here: <https://bit.ly/annualblackbirthexpo>

IF YOU NEED A DOULA, PLEASE VISIT WWW.DEDOULAS.COM TO BOOK A FREE CONSULTATION



Kent Upcoming Events contd.



**ENGAGING FAITH IN
RECOVERY CONFERENCE
SAVE THIS DATE
15
MAY, 2024
8:30am to 3:00pm
Delaware State University**



REGISTER NOW >

Kent Upcoming Events contd.



REGISTER AS A VENDOR

2024
ANNUAL CONFERENCE
ENGAGING FAITH IN RECOVERY
"Uniting Hearts, Healing Souls
Embracing Community as Extended Family"

MAY 15
8:30AM-3:00PM

Delaware State University



REGISTER NOW >

Kent Upcoming Events contd.

**A DAY OF
RECOGNITION, RESTORATION, & CELEBRATION**

CELEBRATE Juneteenth

Saturday, June 22, 2024 | 12:00PM-4:00PM
Dover High School, 1 Dover High Dr, Dover, DE 19904

JOIN US FOR A BLOCK PARTY & ENJOY:

- VENDORS & COMMUNITY RESOURCES**
- MOONBOUNCE & FACE PAINTING**
- FOOD TRUCKS**
- POP-UP COMMUNITY BABY SHOWER**

Register now as a vendor at www.docaredoulafoundationinc.org
Get your free ticket for the event at www.dedoulas.com
Contact Gabi LaSalle at 302-312-5403 with any inquiries

SPONSORED BY:  



Kent Upcoming Events contd.



GROWTH: FAMILY RESOURCE CENTER

125A WEST LOOCKERMAN STREET,
DOVER, DE 19904

HOURS OF OPERATION:
TUES-THURS 10:00AM-4:00PM

AVAILABLE SERVICES:
CHILDBIRTH & LACTATION EDUCATION
SUPPORT GROUPS & FITNESS CLASSES
DIAPER BANK & EXCHANGE
FOOD/BASIC NEEDS PANTRY

VISIT WWW.DEDOULAS.COM FOR SUPPORT
GROUP & FITNESS REGISTRATION

VISIT
WWW.DOCAREDOULAFUNDATIONINC.ORG
FOR ACCESS TO FOOD, AND BASIC NEEDS
PANTRY OR USE THE QR CODE BELOW:



Sussex-Upcoming Events

SAVE THE DATE!

DELAWARE'S ANNUAL RURAL HEALTH CONFERENCE

 **May 30, 2024**

 **08:00 am - 2:00 pm**

 **DelTech
Owens Campus
Georgetown, DE**



Michael Meit
Speaker

Featuring renowned **Keynote Speaker Michael Meit** from NORC at the University of Chicago and East Tennessee State University!

Join us for updates on the national rural health front and conversations with rural health leaders about their work and innovation in Delaware.

Don't miss the chance to learn and collaborate.

Stay tuned for registration details!

 **Delaware Health and Social Services**
Division of Public Health
State Office of Rural Health

 **SUSSEX COUNTY HEALTH COALITION**

Sussex Upcoming Events contd.

TRAP POND DAY CAMP 2024



ADVENTURE
IS CALLING!

JUNE-AUGUST

9AM-4PM DAILY

REGISTRATION
STARTS
FEB 5TH, 2024
AT 8:00 AM



**ART IN THE PARK | FISHING FRENZY WEEK 1 & 2 |
CREATURE FEATURE | ADVANCED FISHING |
KAYAK CLUB | TRAP POND RANGERS**

For more information contact below:
☎ (302) 875-5163 @ [https://destateparks.com/
SummerCamps](https://destateparks.com/SummerCamps)



Ongoing Events

DSAMH

Naloxone Access Training

Register at delaware-dsamh.eventbrite.com

New Castle County:

■ **Claymont Public Library**

1st Wednesday Each Month
Training: 11:00am - Noon
POD: Noon - 1:00pm

■ **Rt. 9 Library & Innovation Center**

4th Friday Each Month
Training: 11:00am - Noon
POD: Noon - 1:00pm

■ **Bear Public Library**

4th Monday Each Month
Training: 5:00pm - 6:00pm
POD: 6:00pm - 7:00pm

■ **Chapel on DHSS Herman Hallway Campus**

2nd Thursday Each Month
Training: 11:00am - Noon
POD: Noon - 1:00pm

3rd Saturday Each Month
Training: 11:00am - Noon
POD: Noon - 1:00pm

Kent County:

■ **Dover Public Library**

3rd Saturday Each Month
Training: 2:00pm - 3:00pm
POD: 3:00pm - 4:00pm

4th Thursday Each Month
Training: 6:00pm - 7:00pm
POD: 7:00pm - 8:00pm

■ **James Williams State Service Center**

2nd Tuesday Each Month
Training: 11:00am - Noon
POD: Noon - 1:00pm

■ **Modern Maturity**

2nd Tuesday Each Month
Training: 2:00pm - 3:00pm
POD: 3:00pm - 4:00pm

Sussex County:

■ **Georgetown Public Library**

1st Tuesday Each Month
Training: 5:00pm - 6:00pm
POD: 6:00pm - 7:00pm

■ **Lewes Public Library**

2nd Saturday Each Month
Training: Noon - 1:00pm
POD: 1:00pm - 2:00pm

■ **Ocean View Police Dept.**

4th Thursday Each Month
Training: 2:00pm - 3:00pm
POD: 3:00pm - 4:00pm

■ **Shipley State Service Center, Seaford**

3rd Tuesday Each Month
Training: 11:00am - Noon
POD: Noon - 1:00pm

■ **Laurel State Service Center**

1st Monday Each Month
Training: 11:00am - Noon
POD: Noon - 1:00pm

■ **Thurman Adams State Service Center**

1st Wednesday Each Month
Training: 2:00pm - 3:00pm
POD: 3:00pm - 4:00pm

Upon completion of training you are eligible to receive a FREE Opioid Rescue Kit.

What is Narcan

Narcan (Naloxone) is a medication that is effective in reversing the effects of an opioid overdose in an individual.

Learning Objectives:

- Recognize and effectively respond to an opioid overdose
- What Naloxone is, how to store it & to administer
- Relevant laws and legislation around Naloxone, including the statewide standing order

Training:

Classroom-style. This is the most informative training for any member of the public offering an in depth presentation to a small group in 30-45 minutes with plenty of time for questions and answers.

POD (Point of Distribution):

This training is best for returning trainees, or those who have used their Naloxone kit previously. Only requires a few minutes per person.

Any questions should be directed to the DSAMH Naloxone Support Team: Narcan.Train@delaware.gov or (302) 255-2777



DELAWARE HEALTH AND SOCIAL SERVICES
Division of Substance Abuse and Mental Health

DelawareLibraries.org



Ongoing Events contd.

FATHERHOOD AFTER INCARCERATION: HEALING THE BOND, HEALING THE COMMUNITY.



Who We Are.

After 14 years away from my son, I could've used a group like this to help navigate our relationship. Now, in partnership with a leading therapist, we've created one. Come join Ahmarr Melton and Coley Harris, co-founders of Out of the Ashes and co-host of the Missing Dad podcast, as they discuss how they are healing their relationship. In the Fatherhood After Incarceration group we focus on one thing: **how to help fathers and children reconnect after incarceration.**

What you can expect!

Out of the Ashes' co-founders Coley Harris and Ahmarr Melton will lead the group discussion about the impact of parental incarceration and the effective strategies that they have implemented to guide their healing process. We will be accompanied by one of Delaware's most leading therapist Dr. Moriel McDuffy, Ph.D.

Join us January 31, 2024 & every Wednesday at 6pm EST.
Register here:



 OUT OF THE ASHES
 @outoftheashesllc

 Delaware Family Restoration Services Dfrsde.org  Outoftheashesllc.com

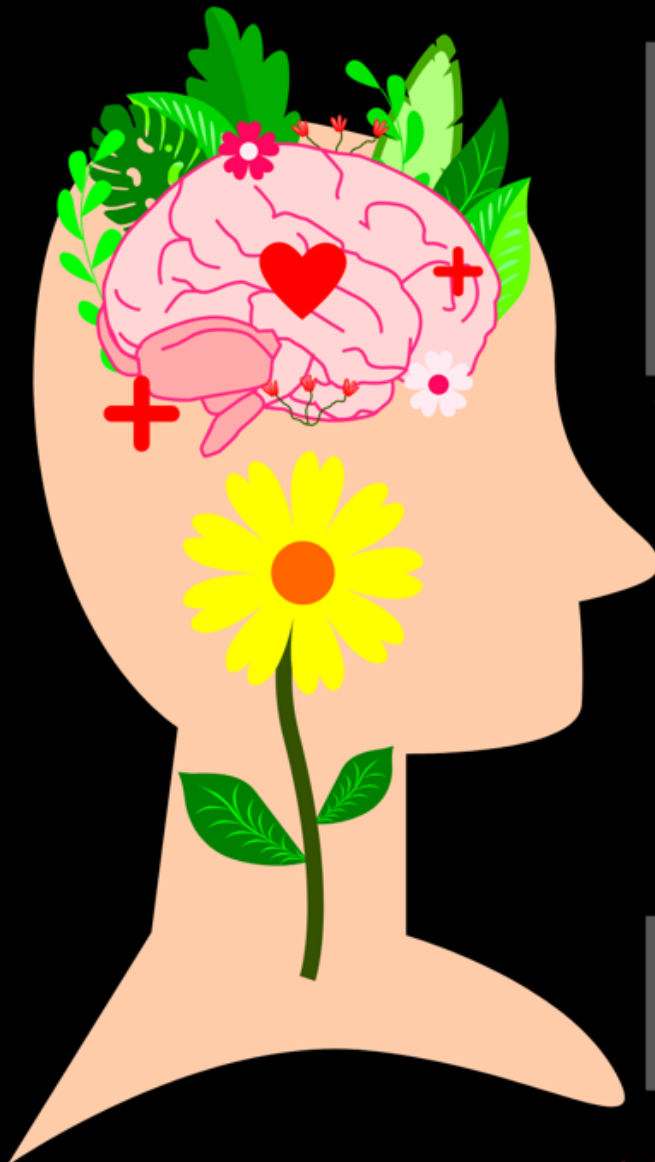
Ongoing Events contd.



MINDFULNESS CIRCLE

FOR HEALTHCARE PROFESSIONALS

MONDAY'S 5:30 TO 6:15 PM EST



BUILD RESILIENCE
CULTIVATE COMPASSION
(WITHOUT BURNOUT)
ESTABLISH AWARENESS
DEEPEN ACCESS TO REST
CONNECT WITH COMMUNITY



LEARN TO PRACTICE SELF-CARE. TAKE TIME TO DO THINGS THAT YOU ENJOY, SUCH AS READING A BOOK, TAKING A WALK, OR HAVING A RELAXING BATH. PRIORITIZING SELF-CARE CAN HELP REDUCE STRESS AND IMPROVE MOOD.



CONNECT WITH OTHERS. HAVING A SUPPORT SYSTEM IS CRUCIAL FOR GOOD MENTAL HEALTH.

[WWW.ZOOM.US/J/99502005914](https://www.zoom.us/j/99502005914)

FOR MORE INFORMATION REACH OUT TO CHRIS - CHRIS@IMPACTLIFETODAY.ORG

Ongoing Events contd.



**Caring for a loved one?
We can help!**



Caregiver Resource Center
The place to turn when you need support



Do you...

- help an ailing neighbor with chores?
- care for a child with mental health conditions?
- advocate for a spouse with health issues like dementia?
- take a loved one to the doctor or grocery shop for them?

How we can help:

- Case Managers to help you navigate options
- Information about community resources
- Assistive Technology to make your life as a caregiver easier
- Funding for respite care so you can take a break
- Education through conferences and workshops
- And so much more

When are we available:

Call or stop by during regular business hours or make an appointment for evening or weekend consultation.

Where are we located:

New Castle - 302-221-2076
61 Corporate Circle

Milford - 302-253-1129
21 W. Clarke Ave. Suite 1070

*Partially funded through the state Division of Services for Aging and Adults with Physical Disabilities through the National Family Caregiver Support Program, Title III-E of the Older Americans Act



de.easterseals.com

302-221-2076 • resources@esdel.org

New Castle & Milford

Ongoing Events contd.

Housing Outreach & Stability Services



ARE YOU UNEMPLOYED OR FACING FINANCIAL HARDSHIP?

ARE YOU AT RISK OF LOSING YOUR HOUSING?

DO YOU NEED HELP CONNECTING TO SERVICES?

What?

The Housing Outreach & Stability Services (HOSS) Program can help people at risk of losing their housing connect to useful community services.

How?

Through our helpful Case Management team and close connection with community services, we are here to support you with your housing goals!



Get Connected:

*To learn more about HOSS services and eligibility requirements, call or email **Chakhya Bell** or **Cyra Curry-Stevens**:*

 cbell@centraldelawarehabitat.org
ccurrystevens@centraldelawarehabitat.org

 302-526-2366 (ext. 117)
302-481-5468

Ongoing Events contd.



FOOD FOR TODAY & FOOD FOR TOMORROW WAYS WE CAN HELP!



MOBILE PANTRY

Our trucks go directly into underserved communities to distribute food. Distributions are scheduled and pop up.



SENIOR MEAL BOXES

We distribute free food boxes monthly through the Commodity Supplemental Food Program.



BACKPACK PROGRAM

We distribute weekly meal bags to children through schools, preschools and childcare centers.



HEALTHY PANTRY CENTER

Community members in need can go directly to the Food Bank in Newark or Milford for assistance.



HOME DELIVERY

Partnerships with Amazon enable us to deliver food directly to homes.

FOR MORE INFORMATION:

 www.fbd.org/get-help

 foodbank@fbd.org

 (302) 292-1305

WAYS WE EMPOWER THROUGH WORKFORCE AND COMMUNITY DEVELOPMENT



TRAINING PROGRAMS

We train adults for careers in food service and warehousing/logistics.



NUTRITION EDUCATION

We educate neighbors about healthy eating, encourage nutritious food donations and work with food closets.



STAND BY ME

We provide financial coaching to help with budgeting, savings, debt-relief and more.



BENEFITS OUTREACH

We screen Delawareans for SNAP benefits and other state programs and assist them with the application process.

Ongoing Events contd.



CÓMO OBTENER AYUDA:



DESPENSA MÓVIL

Nuestros camiones van directamente a las comunidades desatendidas para distribuir alimentos. Las distribuciones están programadas y aparecen.



CAJAS DE COMIDA PARA SENIOR

Distribuimos cajas de comida gratuitas mensualmente a través del Programa de Alimentos Complementarios de Productos Básicos.



PROGRAMA MOCHILA

Distribuimos bolsas de comida semanales a niños a través de escuelas, preescolares y guarderías.



CENTRO DE DESPENSA SALUDABLE

Los miembros de la comunidad que lo necesiten pueden ir directamente al Banco de Alimentos en Newark o Milford para recibir ayuda.



ENTREGA A DOMICILIO

Las asociaciones con Amazon y DoorDash nos permiten entregar alimentos directamente a los hogares.

PARA MÁS INFORMACIÓN:



[www.fbd.org/
get-help](http://www.fbd.org/get-help)



[foodbank@
fbd.org](mailto:foodbank@fbd.org)



(302) 292-1305
ext 232

EMPODERAMOS A TRAVÉS DEL DESARROLLO DE LA FUERZA LABORAL Y LA COMUNIDAD



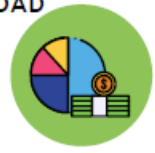
PROGRAMAS DE ENTRENAMIENTO

Capacitamos a adultos para carreras en servicio de alimentos y almacenamiento/



EDUCACIÓN NUTRICIONAL

Educamos a los vecinos sobre la alimentación saludable, fomentamos las donaciones de alimentos nutritivos



QUÉDATE A MI LADO

Brindamos asesoramiento financiero para ayudarlo con el presupuesto, el ahorro, el alivio de la deuda y más.



ALCANCE DE BENEFICIOS

Evaluamos a los residentes de Delaware para una variedad de beneficios, incluido SNAP.

New Castle-Ongoing Events

OVA X ROLL CLUB X OFF DA BLOCK PRESENTS

5+

SKATE CLASS

FAST SKATE • SLOW SKATE • BACKWARDS SKATE • MUCH MORE!

ONE VILLAGE ALLIANCE, FREEDOM CENTER
31 W. 31ST ST. WILMINGTON, DE 19802

EVERY THURSDAY 6PM - 7:30PM (ALL SKATE)
7:30PM - 8:30PM (ADULT ONLY)
EVERY 2ND SUNDAY 4PM - 6PM (ADULT ONLY)

FREEDOM CENTER

31 W. 31ST ST. WILMINGTON, DE 19802

BARBER: MOODY (@IAMGMOODY)

BARBER: BLEEK (@BLEEKTHEBARBER)

FREE

Haircuts

30 CUTS FIRST COME FIRST SERVE!
RSVP AT WWW.IAMTHEVILLAGE.ORG

New Castle-Ongoing Events contd.

HELPING YOUNG WOMEN TRANSITION THROUGH LIFE CHALLENGES



TUESDAYS

MENTAL HEALTH | VISON BOARDS | DATING | MUCH MORE

ONE VILLAGE ALLIANCE, FREEDOM CENTER
31 W. 31ST ST
WILMINGTON, DE 19802



REGISTER AT WWW.IAMTHEVILLAGE.ORG



New Castle-Ongoing Events contd.

**THE WAREHOUSE
112 THATCHER STREET
WILMINGTON, DE 19802**



Food Giveaway



EVENT TIME: Tuesday, Wednesday, and Thursday 5:00pm to 7:00pm

**DELAWARE REGIONAL DREAM CENTER
310 RUTHAR DRIVE
NEWARK, DE 19711**



Food Giveaway



EVENT TIME: 10:00 AM to 2:00 PM (Fridays)



WEBSITE: <https://dreamcenterde.org/boxes-of-hope>

**OUR DAILY BREAD
214 NORTH BROAD STREET
MIDDLETOWN, DE 19709**




EVENT TIME: Lunch 12:00 PM/Dinner 5:00 PM




WEBSITE: <https://www.ourdailybreadmot.com>

New Castle – Ongoing Events contd.

**THE JOURNEY'S NEWARK
721 EAST CHESTNUT HILL ROAD
NEWARK, DE 19713**

 <https://yourjourney.tv/care-request/>

 **EVENT TIME: 10:00 AM to 2:00 PM**
(Second Saturday of the Month)



Kent Ongoing Events



The graphic features a photograph of a house with a porch. Overlaid on the image is a green and blue banner with the text 'Home Repair Program' and 'Helping homeowners stay safe, warm and dry.' Below this banner are four circular icons: 'Aging in Place' (house with person), 'Increase Health and Safety' (house with padlock), 'Energy Efficiency Upgrades' (plug), and 'Requirements' (list of four items).

Central Delaware Habitat for Humanity

Home Repair Program

Helping homeowners stay safe, warm and dry.

- Aging in Place
- Increase Health and Safety
- Energy Efficiency Upgrades

Requirements

1. Own and occupy the home for which the work is requested
2. Reside in Kent County, DE
3. Income below 80% Area Median Income
4. Must have homeowners insurance and be current on taxes


Ready to get started?


Visit centraldelawarehabitat.org/repair-program/ or call Amber at (302) 526-2366 ext. 115.




Kent-Ongoing Events contd.


CALVARY CHURCH
1141 EAST LEBANON ROAD
DOVER, DE 19901


 **PHONE:** (302) 697-7776


 **NOTE:** Must call between the hours of 10:30AM to 11:30AM (Every Tuesday and Thursday)

VICTORY FELLOWSHIP CHURCH
18 GREENHILL AVENUE
DOVER, DE 19901


 Food Giveaway

 **PHONE:** (302) 324-5400

 **EMAIL:** INFO@VICTORYEXPERIENCE.COM

 **EVENT TIME:** 10:00 AM to 2:00 PM
(Second Saturday of the Month)


WESTSIDE FAMILY HEALTHCARE
1020 FORREST AVENUE
DOVER, DE 19904


 Food Giveaway

 **EVENT TIME:** Open 24/7


Sussex Ongoing Events

CONLEY'S UNITED METHODIST CHURCH
33106 JOLYNS WAY
LEWES, DE 19958

 Food Giveaway Wednesdays 11:00 AM to 1:00 PM

 **PHONE:** (302) 945--1881

EPWORTH UNITED METHODIST CHURCH
19285 HOLLAND GLADE ROAD
REHOBOTH, DE 19971

 Food Giveaway

 **PHONE:** (302) 227--7743

 **EVENT TIME:** Multiple days and times

