



Division of Prevention & Behavioral Health Services
"Resilient children and families living in supportive communities."

PREVENTION & EARLY INTERVENTION SERVICES

2022

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*Department of Services for Children,
Youth and Their Families*

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Crisis Services: 1-800-969-HELP (4357)
Prevention Helpline: (302) 633-2680 – M-F 8:30am-4:30pm
<http://www.kids.delaware.gov>

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DPBHS PREVENTION SERVICES

Rochelle Lazorchak, Director

24/7 Crisis Text Line: Text DE to 741741

24/7 Mobile Response and Stabilization Hotline (Crisis): (800) 969-HELP (4357)

Report Suspected Child Abuse or Maltreatment: 1-800-292-982 or seethesigns.org

Prevention Helpline: (302) 633-2680 M-F 8:00 am - 4:30pm

General Inquiries for the DPBHS Prevention Unit please email:

PBHS_Prevention_Inquiries@delaware.gov.

Prevention and Early Intervention Services

DPBHS provides an array of Prevention services in which all children and families are able to participate. Prevention services are directed towards promoting health and wellness and to prevent child abuse and neglect, dependency, juvenile delinquency, truancy, tobacco/drug/alcohol use, domestic violence, and other risky behaviors. Children and families are not required to be active with DPBHS treatment services to benefit from Prevention Services. Connecting children and families with Prevention services, programs and resources is an expectation of DPBHS providers. In addition to the programs below, or any of the Prevention Programs listed below, please call 302-633-2586 or email PBHS_Prevention_Inquiries@delaware.gov.

Promoting Safe and Stable Families Program (PSSF)

The Promoting Safe and Stable Families Program (PSSF) is a community-based family support and preservation services which provide family-centered, case-management services to families who are “at risk or in crisis” due to one or a combination of stressors that may lead to child maltreatment.

Families are guided through a self-assessment, examining concerns and developing an awareness of how to reduce or resolve concerns. The program participants, through the consultation process, are supported in building and enhancing their ability to assess their core concerns, establish a plan to address concerns and enhance awareness of both informal and formal supports/resources available to provide needed support to the family.

The family consultant and the participant are able to assess the family’s coping skills, determine if the participant is experiencing behavior difficulties with their child(ren) and if their parenting skills are being challenged. The family consultant helps the participant take the lead in developing a family support network, establish a plan to decrease stressors, and promote healthy development and linkages to the appropriate services, such as parenting education, parent support groups or child behavior intervention services, employment training, skill building, supporting gainful employment, and a stable living environment.

The program builds on family strengths, increases family stability, provides opportunities to improve the parent's capacity to meet their children's needs and focuses on prevention and early intervention services that alleviates family crisis and stressors in an effort to reduce the likelihood of child maltreatment and enhance child well-being, building the caregivers ability to manage and meet the needs of the family. *PSSF is funded by Title IVb, Subpart 2.

Goals of PSSF include the following:

1. To reduce life stressors that may negatively impact family functioning and child well-being, while helping families access needed services
2. To build family skills and strengthen family functioning
3. To reduce the risk of child maltreatment
4. To build and strengthen the family support system thus decreasing family isolation

For more information contact: Regina Johnson, Family Service Program Manager (302) 633-2618 Regina.Johnson@Delaware.gov.

Delaware Fatherhood Initiative Delaware Fatherhood and Family Coalition (DFFC)

The Delaware Family and Fatherhood Coalition (DFFC) is an initiative derived from the Promoting Safe and Stable Families Program priority programing: Healthy Adult Relationship – Fatherhood. The initiative is implemented through DPBHS Prevention Unit, funded by Title IV-B, subpart 2 as an ancillary service operating under the family support component. The operation of the PSSF fatherhood initiative is a shared collaborative effort involving the state, contracted service providers and the community addressing responsible fatherhood and healthy adult relationships statewide, servicing populations at greatest risk of maltreatment.

The DFFC is an advocacy group representing a united change agent in Delaware. DFFC serves as a protective factor by supporting father engagement (when safety is not an issue of concern). Research suggests positive and frequent father-child contact is associated with better socio-emotional and academic function. Focusing on this protective factor, the DFFC is committed to building a sustainable partnership that champions fathers' involvement in the lives of their children and strengthening healthy adult relationships, specifically effective co-parenting. In 2010, the Delaware Fatherhood and Family Coalition began structuring its operation in 2010 after several years promoting knowledge of and acceptance of the importance of fatherhood involvement, healthy adult relationships and effective co-parenting throughout the State.

DFFC Goals and Overview:

The DFFC continues to set a foundation for community involvement, thus activating the public/private/social organizations participation in the DFFC's strategic priorities, which are:

1. Promote Father Involvement as a Positive Influence by increasing community awareness of the importance of and commitment to father involvement in the lives of their children.
2. Build a Self-Sustaining, Self-Determining Community initiative by stimulating a broad-based, positive social movement to combat father absence and promote father involvement and effective co-parenting.
3. Provide Education and Technical Assistant Opportunities by providing fatherhood and healthy adult relationship educational opportunities and technical assistance to increase the capacity of the community to support, develop and infuse fatherhood into child and family services.
4. Promote Fatherhood and Co-Parenting Services by promoting fatherhood and healthy adult relationship service initiatives.

*DFFC is an initiative of Promoting Safe and Stable Family ACT Title IVB, Subpart 2.

For more information contact: Regina Johnson, Family Service Program Manager (302) 633-2618 Regina.Johnson@Delaware.gov or www.dffcdads.org

Child Development Watch - (CDW)

Child Development Watch (CDW) is an Early Intervention program designed to provide Service Coordination and family support on behalf of children ages birth to three with developmental delays and / or disabilities in compliance with Part C - Individuals with Disabilities Education Act (IDEA) Regulations. The program's mission is to enhance the development of infants and toddlers with disabilities or developmental delays through a coordination of care and team approach on behalf of families to meet the needs of their children referred for services.

For more information in New Castle County contact: CDW- DFS Liaison, Keisha Daniels (302) 283-7156 keisha.daniels@delaware.gov

In Kent & Sussex County contact: CDW- DFS Liaison, Nicole Topper (302) 424-7346 Nicole.Topper@delaware.gov

Intensive Family Consultation (IFC)

Intensive Family Consultation (IFC) is a short-term, community-based Family Preservation /Family Support service that uses an interactive 'one on one' consultation

prevention approach. The approach is strength-based, building on the family's protective factors to offset and combat the negative effects of risk.

IFC provides supportive services to at risk families who are experiencing an array of needs. IFC services may be available to any families with children who may benefit from consultation and connection with a variety of resources, including families new to the Division of Prevention and Behavioral Health Services (DPBHS), new to the Department of Services for Children, Youth and Their Families (DSCYF) or families with more complex needs that may already be involved with other child-serving systems. These needs are associated with parent-child conflict, substance abuse, and family instability such as homelessness, single parent and blended family stressors, isolation, unresolved mental health needs, absence of supports and resources, etc. IFC adheres to the System of Care Principles in its service delivery whereby the service is culturally responsive, child centered, family focused, community based, and seamless.

Goals of IFC Services:

1. Empower families and build skills allowing them to better care for and protect their children.
2. Improve family functioning.
3. Build connections to various informal support networks within the community.
4. Develop self-advocacy skills.
5. Reduce and eliminate problem behaviors and family relational patterns.

IFC staff support the Stubbs Dual Generation Center and offer services onsite.

IFC Services are provided statewide by the DPBHS staff.

For more information contact: Regina Johnson (302) 633-2572

Regina.Johnson@delaware.gov

Separating and Divorcing Parent Education (SDPE) Program

Separating and Divorcing Parenting Education (SDPE) Program is a psychosocial informational course to educate parents about the impact of family restructuring on children (due to divorce) and to give parents basic tools to understand their child(ren)'s behavior and needs so that the harmful effects of divorce can be minimized. Parenting Education classes are provided statewide to program participants through Certified Community Providers. Self-paced Parenting Education classes can also be accessed online at <https://DE.OnlineParentingPrograms.com>. Community Providers are certified by the Division of Prevention and Behavioral Health Services (DPBHS), upon submission of a formal proposal whose curriculum must demonstrate that it meets the Educational criteria based on the following program components related to:

- Helping children cope with divorce/separation.
- Dealing with ex-spouses around parenting issues.

- Strategies for coping with new family structures.
- Coping strategies for positive interactions with family

SDPE Legal Mandate: On July 18, 1996, Delaware passed a law mandating divorcing parents with children up to age 17 to attend a parenting education course. Additionally, the course will specifically provide information regarding domestic violence, its prevention and effect upon children. For reference, see Senate Bill 288, Title 13, Section 1507 of the Delaware Code, subsection (h), as signed by Governor Thomas R. Carper. All programs must be certified by the Department of Services for Children, Youth and Their Families, Division of Prevention and Behavioral Health Services (DPBHS). The law also requires that persons with a history of domestic violence complete parenting education classes specifically addressing those issues.

Goals of Separating and Divorcing Parent Education Program:

1. To help educate parents regarding the effects of divorce/separation upon their children.
2. To help both parties minimize the harmful effects on their children, whenever possible.

For more information contact: <https://DE.OnlineParentingPrograms.com>

Substance Abuse Block Grant

The Substance Abuse Block Grant supports activities and services for the general population and subgroups that are at high risk for substance misuse. The Block Grant allows community-based organizations and coalitions to develop and implement evidence-based drug prevention programs, media campaigns, training, and workshops and provide constructive and healthy activities for youth, families, and communities. See page 16 for a list of these community-based agencies.

For more information contact: Jonathan Rhodes (302) 633-2513
Jonathan.Rhodes@delaware.gov or refer to Page 14 for a list of Programs and Providers.

Safe Haven/Extended Hours Program

DSCYF partners with ten community centers in the City of Wilmington, creating a network of Safe Havens, which offer programs and services to youth on evenings and weekends. The goal is to provide a safe and positive environment for youth to engage in skill-based learning workshops, organized sports, physical activities, to participate in community service projects, and encourage healthy eating habits.

For more information contact: Jonathan Rhodes (302) 633-2513
Jonathan.Rhodes@delaware.gov or refer to Page 21 for a list of Programs and Providers.

Out of School Time (Afterschool and Summer Programs)

DPBHS offers a variety of Out of School Time (OST) programs statewide. OST programs provide a safe, trauma-informed environment for children and youth. OST Programs include evidence-based suicide and violence prevention programming while offering a wide range of focus areas which may include: academic enrichment and support, mentoring, positive youth development, arts, employability, life skills, and sports and recreation.

OST programs serve as powerful youth violence, substance abuse, teen pregnancy, and dropout prevention strategy. Aside from preventing or deterring negative behaviors, OST programs have been shown to increase positive youth outcomes, promote effective communication and encourage youth to connect positively with peers and trusted adults (staff and mentors). Routine participation in these programs is associated with increased academic achievement, increased school attendance, increased self-esteem, increased social skills, improved work habits, and better student behavior.

OST providers work collaboratively with their community partners and organizations to be responsive to the identified needs of the youth and families in their community.

Goals:

1. Provide safety and supervision
2. Support academic achievement
3. Promote physical activity and nutrition
4. Create tobacco and drug free environments
5. Improve competency areas: self-awareness, self-management, social awareness, relationship skills, and responsible decision-making

For a full listing of Delaware's Out of School Time network, please refer to Pages 15-21 for an overview.

Families and Centers Empowered Together (FACET)

Families and Centers Empowered Together (FACET) is a family engagement, family support and empowerment program. FACET uses an asset-based prevention approach that focuses on identifying, building on, and maximizing family strengths; with a strong emphasis placed on parent empowerment. The FACET program is modeled after the Parent Services Project (PSP) Inc. in San Rafael, California. Although initially funded

through a five-year grant through the Office of Substance Abuse Prevention (OSAP) High Risk Youth Program, the FACET program currently receives State General Funding. The FACET program began in November of 1992 and is one of the first Prevention Programs aimed at Early Intervention within Prevention Services.

FACET is presently located in three diverse Early Learning Centers; two in New Castle and one in Kent County. The program's targeted population are parents and children enrolled in Early Learning Centers located in "high risk", low-income communities. The services are designed to strengthen families by providing a variety of supportive services, parent workshops, and stress relieving parent / child bonding activities. Each Center has an active, highly functional Parent Council where advocacy and parent leadership is encouraged. There is also a program community coalition known as the FACET Cluster, which consist of membership among the Office of Childcare Licensing, the FACET Program's Early Learning Centers, and the Division of Prevention of Behavioral Health. The program's philosophy is - Healthy parents are more likely to raise healthy children. FACET is a program that believes in order to do the best we can for children, we must support and strengthen their families. Goal of FACET: To increase the protective and resiliency factors in "high risk" families, reducing the likelihood that they will abuse and neglect their children.

Wilmington Sites: Kingswood Community Center
Latin American Community Center

Kent County Site: Children First Learning Center
For more information contact: (302) 633-2680.

[Youth Response Unit \(YRU\)](#)

The Youth Response Unit is a partnership between DSCYF and the Wilmington Police Department. The purpose of this unit is to identify children who have been impacted by violence and trauma early, provide various interventions to promote resiliency and healing for those children and families impacted by trauma, while offering education, support and resources to children, families, and the larger community as they cope with varying forms of trauma.

YRU provides of two types of interventions:

- * Direct Child Response- Direct assessment and treatment services offered to an identified child(ren) impacted by a traumatic event.
- * Community Response- Early Intervention, Prevention and Education offered to members of the community to identify signs and symptoms of trauma, better understand the effects of trauma on children and what interventions may be implemented to reduce the impact of trauma on children.

Goals of Youth Response Unit:

1. Reduce early posttraumatic stress symptoms and decrease the likelihood that children exposed to trauma will develop long-term posttraumatic psychiatric disorders.
2. Educate the community and heighten awareness about the prevalence of trauma and its impact on children.

For additional information or to make a referral, please contact YRU at 302-576-3183 or visit the website for more information.

<https://www.wilmingtonde.gov/government/public-safety/wilmington-police-department/youth-response-unit>

Take Care Delaware (Handle with Care) Initiative

Take Care Delaware is modeled after the West Virginia model “Handle with Care” (HWC). Model Handle With Care (HWC)/Take Care Delaware (TCD) programs promote safe and supportive homes, schools and communities that protect children, and help traumatized children heal and thrive. HWC/TCD promotes school-community partnerships aimed at ensuring that children who are exposed to trauma in their home, school or community receive appropriate interventions to help them achieve academically at their highest levels despite whatever traumatic circumstances they may have endured.

In Delaware, Take Care Delaware has formed partnerships between law enforcement and schools to adopt a trauma-informed approach to children who have been potentially impacted by a traumatic event. The Take Care Delaware initiative started as a pilot in Smyrna and will expand to include the entire state. Police are trained to identify children at the scene, find out where they go to school and send the school/agency a confidential email or fax that simply says . . . “Take care of Johnny”. That’s it. No other details. School personnel are trained to be trauma sensitive, offering support and understanding when students may be having a difficult day and are advised on trauma sensitive approaches to respond to student behavior. School personnel will not ask students about the incident. When identified students exhibit continued behavioral or emotional problems in the classroom, on-site mental health interventions will be provided to students and their families as identified by school personnel or self-referral.

Goal of Take Care Delaware (Handle with Care model):

The ultimate goal is to help students to succeed in school. Regardless of the source of trauma, the common thread for effective intervention is the school or childcare agency. Research now shows that trauma can undermine children’s ability to learn, form relationships, and function appropriately in the classroom. HWC programs support

children exposed to trauma and violence through improved communication and collaboration between law enforcement, schools/childcare agencies and mental health providers, and connects families, schools and communities to mental health services.

Additional information can be found at <https://takecaredelaware.org/>

Youth Suicide Prevention

For a Risk Assessment call the Mobile Response and Stabilization Service Hotline: 1-800-969-4357 (HELP) – 24 hours/day, 7 days/week. Or Text DE to 741741

*For general information, referral and routine intake please call 1-800-722-7710

The Division utilizes the Signs of Suicide (SOS) Prevention Program. SOS is a universal, school-based prevention program designed for middle school (ages 11-13) and high school (ages 13-17) youth. The goals of this program are:

1. Decrease suicide and suicide attempts by increasing youth knowledge and adaptive attitudes about depression.
2. Encourage personal help-seeking and/or help-seeking on behalf of a friend.
3. Reduce the stigma of mental illness and acknowledge the importance of seeking help or treatment.
4. Engage parents and staff as partners in prevention through “gatekeeper” education.
5. Encourage community-based partnerships to support youth mental health.

Through a video and guided discussion, youth learn to identify warning signs of suicide and depression in a single session. The curriculum raises awareness about behavioral health and encourages students to ACT (Acknowledge, Care, Tell) when worried about themselves or their peers.

DPBHS has staff trained to deliver SOS in community settings and has also had many of our Prevention providers trained to deliver the SOS curriculum so the program can be delivered throughout the community. Additional information can be found at <https://www.mindwise.org/what-we-offer/suicide-prevention-programs> . If you are interested in having youth trained in SOS, please email the DPBHS Prevention Unit at PBHS_Prevention_Inquiries@delaware.gov.

K-5 Early Intervention Program

The K-5 Early Intervention Program is a voluntary program managed by the Department of Services for Children, Youth and Their Families, Division of Prevention

and Behavioral Health Services in collaboration with the Department of Education and participating local school districts.

This program works with children and their families who exhibit behavioral, academic, social, or mental health problems that, unless appropriately addressed at an early stage, can manifest through early failures in school into other more serious social and/or emotional developmental issues that can potentially begin a lifetime cycle of failure. Early Intervention services are provided to address issues before children and their families require more intensive and expensive interventions later in the life cycle and continue to the deeper-end services of DSCYF and DOE.

Fifty-Four Family Crisis Therapists (FCT's) from DSCYF/DPBHS are assigned to designated elementary schools in fifteen school districts and seven charter schools throughout the state.

The K-5 Early Intervention Program's holistic approach employs FCT's that are uniquely different from traditional guidance, school counselors or traditional social workers. FCT's work with students' entire families, including parents/guardians and siblings and can address any presenting issue whether behavioral, academic, or emotional. In many instances, FCT's work with families to address survival and/or crisis issues, thus enabling them to focus on the emotional, academic, and social needs of the child(ren).

The FCT performs assessments during the first 30 days to inform case planning and to establish a baseline to measure progress. These include:

- Connecticut Trauma Screen - identify children whose past trauma continues to affect their ability to succeed. Each child screening positive for trauma is referred to a nearby counselor certified in Trauma Focused Cognitive Behavioral Therapy.
- CANS (Child and Adolescent Needs Survey) Assessment - assess the child and family's current functioning in several domains. In addition to assess risk behaviors and significant clinical issues to determine the appropriateness of early intervention services.

Services provided by the K-5 Early Intervention Family Crisis Therapists include:

- School and home-based crisis intervention
- Individual Counseling
- Family Counseling
- Child/Parent Support Groups
- Home visits
- Consultation with Teachers and School administration
- Collaboration with the School and Outside Agencies
- Social Skills Building Workshops for Children

- Conflict Resolution
- Discipline Alternatives
- Location of Resources (as needed)
- Summer Programming

Appoquinimink <ul style="list-style-type: none"> • Silverlake Brandywine School District <ul style="list-style-type: none"> • Claymont • Harlan • Mount Pleasant Caesar Rodney <ul style="list-style-type: none"> • Nellie Stokes • WB Simpson Cape Henlopen <ul style="list-style-type: none"> • HO Brittingham • Milton Capital <ul style="list-style-type: none"> • BT Washington • East Dover • Fairview • North Dover • Towne Point 	Charter <ul style="list-style-type: none"> • Academia Antonia Alonso • Academy of Dover • Campus Community • East Side • Edison • Kuumba • New Castle Christina <ul style="list-style-type: none"> • Brader • May B. Leasure • Brookside • Bancroft • Bayard • Keene • Stubbs • Oberle 	Colonial <ul style="list-style-type: none"> • Castle Hill • Eisenberg • Pleasantville • Southern • Wilbur • Wilmington Manor Indian River <ul style="list-style-type: none"> • East Millsboro • Georgetown • Long Neck Lake Forest <ul style="list-style-type: none"> • East • North Laurel <ul style="list-style-type: none"> • Laurel Milford <ul style="list-style-type: none"> • Benjamin Banneker • Evelyn Morris 	Red Clay <ul style="list-style-type: none"> • Baltz • Highlands • Marbrook • Richey • Shortlidge • Warner • William C. Lewis Seaford <ul style="list-style-type: none"> • Blades • Frederick Douglass • West Seaford Smyrna <ul style="list-style-type: none"> • Sunnyside Woodbridge <ul style="list-style-type: none"> • Phyllis Wheatley
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For more information on the K-5 Early Intervention Program, please call (302) 892-4576 or email dscyf_intake_general@state.de.us.

Early Childhood Mental Health Consultation (ECMHC)

Early Childhood Mental Health Consultation (ECMHC) is a problem-solving, capacity-building intervention implemented in collaboration between a professional consultant with mental health expertise and one or more caregivers, primarily early learning staff and/or family members. ECMHC aims to build the capacity and improve the ability of childcare staff, programs and systems to prevent, identify, treat and reduce the impact of behavioral health challenges among young children.

ECMHC works with childcare programs licensed by the Office of Childcare Licensing to support social and emotional learning and address behavioral concerns of young children, birth through age five. This is a prevention and early intervention service

providing intensive onsite consultation, training, coaching and professional development opportunities from clinically licensed mental health professionals with experience working in early learning settings.

Goals of Early Childhood Mental Health Consultation:

1. Develop problem-solving strategies to reduce incidents of disruptive classroom behaviors;
2. Strengthen skills of teaching staff to work with children who have social and emotional challenges;
3. Decrease suspensions and expulsions;
4. Promote children's social and emotional skill development;
5. Enhance relationships with children in care;
6. Promote staff wellness; and
7. Reduce teacher and caregiver stress.

For more information, please contact Mary Moor at (302) 256-9308 or dscyf_ecmhs@delaware.gov

Substance Abuse Block Grant Providers FY21

SUBSTANCE ABUSE BLOCK GRANT	FY21			
Prevention Partners	Evidenced Based Program	Target Population	Agency Contact Name	Agency Contact Telephone, Email and Address
UNIVERSITY OF DELAWARE COOPERATIVE EXTENSION	<p>The Botvin Life Skills Training Elementary School program is a comprehensive, dynamic, and developmentally appropriate substance abuse and violence prevention program designed for upper elementary school students. This highly effective curriculum has been proven to help increase self-esteem, develop healthy attitudes, and improve their knowledge of essential life skills – all of which promote healthy and positive personal development and mental health. Life Skills Training is comprehensive, dynamic, and developmentally designed to promote mental health and positive youth development.</p> <p>The Botvin Life Skills Training Middle School program is a groundbreaking substance abuse and violence prevention program based on more than 35 years of rigorous scientific research. Proven to be the most effective evidence-based program used in schools today, Life Skills Training is comprehensive, dynamic, and developmentally designed to promote mental health and positive youth development. In addition to helping kids resist drug, alcohol, and tobacco use, the Life Skills Training Middle School program also effectively supports the reduction of violence and other high-risk behaviors. This program is aligned to the National Health Education standards and to CASEL's social and emotional learning (SEL) competencies.</p>	Elementary and Middle School	Lindsay Hughes, Extension Educator	(302)856-2585 ext. 1523 lgooden@udel.edu 257 E Main Street #110 Newark, De 19711
Holcomb	<p>Catch My Breath is an evidence based vaping curriculum designed to increase education on vaping with the Catch My Breath program which is designed to prevent or reduce vaping tobacco/nicotine products in adolescents by changing attitudes. Goal to reach 80 youth that are attending Summer Youth Academy offerings. The Center for Substance Abuse Prevention Domain reference indicated that these efforts afford opportunities for prevention that address the individual domain.</p>	Youth ages 12-18 and Summer Academy Program	Tamson Livanov, Prevention Coordinator	(302)463-5788 Tamson.Livanov@holcombhs.org 254 E Main Street Newark, De 19711
DEMCO	<p>Botvin Life Skills Training (LST) an evidenced based program incorporates interactive learning, social-skills building, and specific drug-use-prevention-related information. It promotes anti-drug norms and it fosters the development of personal self-management skills such as decision making, problem solving, goal setting, and coping with anxiety.</p> <p>Botvin Life Skills Training Elementary School program is a comprehensive, dynamic, and developmentally appropriate substance abuse and violence prevention program designed for upper elementary school students. This highly effective curriculum has been proven to help increase self-esteem, develop healthy attitudes, and improve their knowledge of essential life skills – all of which promote healthy and positive personal development and mental health. The Botvin Life Skills Training Middle School program is a groundbreaking substance abuse and violence prevention program. In addition to helping kids resist drug, alcohol, and tobacco use, the Life Skills Training Middle School program also effectively supports the reduction of violence and other high-risk behaviors.</p> <p>Athletes Training and Learning To Avoid Steroids (ATLAS) is a school-based drug prevention program. ATLAS was designed for male athletes to deter drug use and promote healthy nutrition and exercise as alternatives to drugs.</p> <p>InShape Prevention Plus Wellness is a brief intervention program designed to reduce drug abuse and increase positive mental and physical health outcomes among college students ages 18-25. InShape is based on the Behavior-Image Model, which asserts that positive social images and future self-images can be used to link multiple divergent health risk habits among adolescents and young adults and motivate them to effect change in multiple behaviors. InShape specifically targets avoidance of alcohol, tobacco, and illicit drugs and increases in physical activity and exercise, healthy eating, sleep, and stress management.</p>	Youth ages 12-18 College Students and Adults ages 18-25	Dr. Linda Hackett	(302)346-5308 Hackettlinda4@yahoo.com 365 United Way Dover, De 19901
Boys and Girls Club	<p>Botvin Life Skills Training (LST) Middle & High School program is a highly interactive, skills-based program designed to promote positive health and personal development for youth in middle or high school. This program is proven to cut drug abuse in half by helping adolescents navigate the challenges of their middle and high school years and preparing them for the independence and responsibilities that they will encounter as young adults. The LST Middle & High School programs use developmentally appropriate, collaborative learning strategies to help students achieve competency in the skills that have been shown to prevent substance use, violence, and other health risk behaviors. Life Skills Training is comprehensive, dynamic, and developmentally designed to promote mental health, social-emotional (SEL) skills and positive youth development.</p> <p>Health and Life Skills Programming from Boys & Girls Clubs of America (supported by OJJDP), Wowzers! programming such as prevention-themed game shows designed using Botvin LST and Boys & Girls Clubs of America's "Opioid and Substance Abuse Prevention Guide," as well as Eyeball It!</p> <p>Art Wowzers! is a program in which teens are hired (they are the "Wowzers!") to implement advanced art projects to younger Club members. Projects (school year and summer) will be prevention themed and include relief collages, prevention-themed t-shirt making, and dream/goal boards.</p> <p>Song Wowzers will be a partnership with the nationally-known foundation, Music & Youth Initiative. Through this partnership, two digital music studios will be formed at William Penn High School and Greater Newark Boys & Girls Club. One Music Director will oversee both programs, with assistance from Music & Youth Initiative, William Penn HS Music Department, and University of Delaware. Botvin Life Skills Training (LST) Middle & High School program is a highly interactive, skills-based program designed to promote positive health and personal development for youth in middle or high school. This program is proven to cut drug abuse in half by helping adolescents navigate the challenges of their middle and high school years and preparing them for the independence and responsibilities that they will encounter as young adults. The LST Middle & High School programs use developmentally appropriate,</p>	Youth ages 12-18	Suchi Hiraesave (Dover Club) Sarah Hutton (Wilmington Club)	Suchi Hiraesave (302)382-3417 1683 New Burton Road Dover, De 19904 Sarah Hutton (302)658-1870 ext. 274 shutton@bgclubs.org
WEST END NEIGHBORHOOD HOUSE	<p>Botvin Life Skills Training (LST) Middle & High School program is a highly interactive, skills-based program designed to promote positive health and personal development for youth in middle and high school. This program is proven to cut drug abuse in half by helping adolescents navigate the challenges of their middle high school years and preparing them for the independence and responsibilities that they will encounter as young adults. The LST Middle & High School programs use developmentally appropriate, collaborative learning strategies to help students achieve competency in the skills that have been shown to prevent substance use, violence, and other health risk behaviors. Life Skills Training is comprehensive, dynamic, and developmentally designed to promote mental health, social-emotional (SEL) skills and positive youth development.</p> <p>Lion's Quest, a Social and Emotional Learning (SEL) program in use by educators in over 90 countries around the world. Social and emotional skills provide the foundation for dealing with anger and frustration, preventing negative behaviors, and developing positive school behaviors that increase academic performance. DPC will use this program with youth ages 7-13.</p> <p>Too Good for Drugs & Violence Middle & High School, an evidenced based program prepares students with the skills they need for academic, social, and life success. Interactive games and activities provide practical guidance on dating and relationships, building healthy friendships, and refusing negative peer influence. Lessons foster analysis and discussion of the effects of ATOD use as well as prescription and OTC drug use and various nicotine delivery devices. Students also analyze the impact of social media on decision making, reaching goals, and self-identity. Students learn how to navigate the challenges of social and academic pressures like making responsible decisions, managing stress and anger, reflecting on personal relationships, and resolving conflicts.</p>	Ages 7-13 Middle & High School	Antwain Flowers, Prevention Director	(302)658-4171 Aflowers@westendnh.org 710 N Lincoln Street Wilmington, De 19805

Afterschool and Summer Programs

PROGRAM	Location	Target Ages	Hours	Brief Summary of programming
<p>Boys & Girls Clubs of Delaware (Laurel, Western Sussex)</p> <p>Suchi Hiraesave shiraesave@bgclubs.org 302-382-3416</p>	Sussex (Laurel, Western Sussex)	<p>8-17</p> <p>Laurel</p> <p>Western Sussex</p>	<p>Tues-Thurs 4-7pm</p> <p>Teen Nights Friday 7-10pm</p>	<p>Triple Play: Mind, Body & Soul program. Youth will engage in structured, recreational prosocial activities, healthy habits (Fit4All- yoga, meditation, dance). Teen workforce development program (Wowzers!). EBP SMART Moves: Nicotine Module to be incorporated into programming.</p>
<p>Boys and Girls Club of Delaware- Milford</p> <p>Suchi Hiraesave shiraesave@bgclubs.org 302-382-3416</p>	Kent (Milford)	<p>8-17</p> <p>Milford</p>	<p>Tues-Thurs 4-7pm</p> <p>Teen Nights Friday 7-10pm</p>	<p>Triple Play: Mind, Body & Soul program. Youth will engage in structured, recreational prosocial activities, healthy habits (Fit4All- yoga, meditation, dance). Teen workforce development program (Wowzers!). EBP SMART Moves: Nicotine Module to be incorporated into programming.</p>
<p>Center for Structural Equity</p> <p>Darryl Chambers darrylchambers@structuralequity.org O: 302-476-8902 C: 302-377-1629</p>	City of Wilmington	Youth ages 17 and under	<p>Mon-Fri 8a-8p</p> <p>One Friday per month open until 10p</p>	<p>Youth Empowerment Solutions (YES) program empowers youth to make positive change in their communities by providing youth opportunities for meaningful</p>

				involvement in preventing youth violence and creating community change. Live Respect Delaware A Call to Men’s Live Respect curriculum. This gender-specific, evidence-informed program is designed to decrease dating violence, sexual assault and bullying. The program also utilizes Botvin Life Skills Training, s substance use prevention EBP.
Christina Cultural Arts Center Sheysheika Edwards sedwards@ccacde.org 302-652-0101x234	City of Wilmington	9-14	Monday – Thursday 3pm to 7pm Summer program June-July	“Heart Under the Hoodie” Youth Violence Prevention Program, links Urban Improv with evidence-based school drama program. Incorporates yoga, mindfulness, music, dance, academic enrichment and art into the program.
Cause the World Scott Michels scott@causetheworld.com 215-593-7713	NCC (N.Wilmington/ Bellefonte)	14-17	Monday- Thurs 3-6pm and occasional weekends Summer programming at least 12 hours per week schedule to be determined	Digital media production. Certified Prevention Specialists to deliver Evidence-based substance use prevention program (Botvin, LionsQuest or Too Good for Drugs). Community service projects, creation of PSAs focusing on prevention messaging
Duffy's Hope, Inc.	City of Wilmington	13-17	Monday, Wednesday	Ambassador Mentoring and

<p>Allen “Duffy” Samuels duffyshopeinc@verizon.net O:302-652-3532 C: 302-893-6230</p>			<p>and Thursday 5:00pm-8:00pm</p> <p>2nd Saturday of the month: 9am-1pm (community service initiatives)</p>	<p>Prevention Program utilizing the Phoenix Curriculum Gang Prevention Program and Trauma Awareness Suicide Prevention Program (TASP). Employment skills, college prep and career success. Summer basketball league.</p>
<p>Inner City Cultural League</p> <p>Kathrina Stroud sanicaaf@comcast.net O: 302-883-2180 C: 302-399-8389</p>	<p>Kent (Dover)</p>	<p>3rd-12th grade students</p>	<p>Mon-Weds 2:30-8p and the 1st Friday of the month</p> <p>Saturdays (special events, music lessons, tutoring)</p> <p>Summer: 8a-8p</p>	<p>EBPs: Botvin Life Skills, Too Good for Drugs and Violence. Homework help, community service activities, family engagement, American Lung Association Vaping prevention, community outreach to families residing in local hotels.</p>
<p>Kingswood Community Center, Inc.</p> <p>Julie Bieber jbieber@kgwcc.org O: 302-764-9022 C: 717-468-0873</p>	<p>City of Wilmington</p>	<p>ages 5-17 @ Kingswood Community Center</p> <p>Saturday teen nights 2x’s per month</p> <p>ages 13-17 through partnership with the Teen Warehouse (TWH)</p>	<p>3pm-7pm weekdays</p> <p>Teens: 7-9pm on weekdays @ TWH (Teen Warehouse)</p> <p>Summer camp</p>	<p>EBP: Too Good for Drugs and Violence. Academic enrichment, sports and recreation, arts (music, dance, crafts, fine arts), field trips and outings. Program will train teens from TWH to work with youth at Kingswood and deliver programming.</p>
<p>Latin American Community Center</p> <p>Wanda Burgos-Rincon Wburgos-rincon@thelatincenter.org O: 302-655-7338 C: 302-723-1855</p>	<p>City of Wilmington</p>	<p>Middle and High School aged youth</p>	<p>Mon-Fri 5:30-8pm</p> <p>One Saturday per month from 10—4</p>	<p>Youth Achievement Center incorporates the EBP, Too Good for Drugs and Violence. Academic achievement, leadership</p>

				development, health and wellness for Hispanic students.
<p>PAL - Delaware City</p> <p>Alexa Vari, Deputy Director Alexa.vari@palde.org 302-382-0451</p>	NCC (DE City)	<p>5th-8th grade students</p> <p>2 Fridays per month, extended hours from 7-10p</p> <p>2 Saturdays per month 6-10pm</p>	<p>Mon-Friday 2:30-7pm</p>	<p>SAVE Program: Suicide and Violence Education Program</p> <p>STEAAAM: Science, Technology, Engineering, Athletics, Arts, Agriculture and Math</p>
<p>PAL - New Castle</p> <p>Alexa Vari, Deputy Director Alexa.vari@palde.org 302-382-0451</p>	NCC (New Castle)	Ages 8-17	<p>Mon-Fri 2:30-6pm</p> <p>2 Fridays and 2 Saturdays per month 6-10pm</p>	<p>SAVE Program: Suicide and Violence Education Program (Committee for Children), Growing Leaders Habitudes, National Crime Prevention Council-McGruff and Community Works.</p> <p>Homework assistance, STEAM, mindfulness (certified “Kidding Around Yoga” instructor), recreation</p>
<p>PAL – Wilmington</p> <p>Joel Harris, Program Director Joel.harris@palw.org 302-764-6170</p>	City of Wilmington	Ages 10-18	<p>Mon-Friday 3:30-7:45p</p> <p>Once per month: 5hr session on Saturdays</p> <p>2 Friday night sessions per month 8-11pm (in addition to current extended hours)</p>	<p>LifeSAVERS program: incorporates EBPs: Botvin Life Skills (substance misuse prevention), Second Step (SEL) also offer homework help, STEM, art, cultural enrichment, suicide and violence prevention and recreational activities.</p>

<p>Pathways of Delaware</p> <p>Coley Harris Coley.harris@pathways.com O: 302-573-5073 C: 302-983-6543</p>	<p>City of Wilmington</p>	<p>Ages 12-17</p>	<p>Mon, Weds, Fri 3-7pm</p> <p>One Saturday per month 10-2</p> <p>Summer M-W-F 12- 5pm</p> <p>One Saturday per month 10-2</p>	<p>Utilizes EBPs: Coaching Boys Into Men (CBIM- Wilm) and Phoenix Gang Prevention. IM40 Developmental Assets.</p> <p>Programs focus on violence and gang prevention. Sports, drumming, dance, Rites of Passage programs (gender specific), academic enrichment and pathways to employment.</p> <p>Substance misuse groups to be offered to participants by clinical staff.</p>
<p>Pathways of Delaware</p> <p>Coley Harris Coley.harris@pathways.com O: 302-573-5073 C: 302-983-6543</p>	<p>Kent (Dover)</p>	<p>Ages 12-17</p>	<p>Tuesday and Thursday 3-6pm</p> <p>No Saturdays</p>	<p>Utilizes EBPs: Youth Empowerment Solutions (Dover) and Phoenix Gang Prevention. IM40 Developmental Assets.</p> <p>Programs focus on violence and gang prevention. Sports, drumming, dance, Rites of Passage programs (gender specific), academic enrichment and pathways to employment.</p> <p>Substance misuse groups to be offered to participants by clinical staff.</p>
<p>University of Delaware</p>	<p>NCC (Newark)</p>	<p>6th-8th gd students</p>	<p>Mon -Thurs 2-5pm</p> <p>Summer: 2 weeks</p>	<p>Incorporated EBP< Botvin Life Skills Training (substance abuse prevention), Kickin Nutrition and mindfulness education into</p>

<p>Allison Lutz amlutz@udel.edu O: 302-831-3634</p>				<p>Kirk's afterschool program. Program supports academic and social/emotional skills and enhances tech skills (robotics, media arts, computer science), offers photography, STEAM, Civic engagement opportunities.</p>
<p>West End Neighborhood House</p> <p>Wesley Davis 302-658-4171x177 wdavis@westendnh.org</p>	<p>City of Wilmington and some NCC schools</p>	<p>Middle and High School students (ages 13-17)</p>	<p>Mon-Fri 3-9pm *also offer services on weekdays when school is off</p> <p>Summer: Mon-Friday 9-5pm (July, August)</p>	<p>Too Good for Drugs and Violence</p> <p>Botvin Life Skills Training</p> <p>Family engagement(open houses, monthly workshops,parent nights and podcasts), Chill out zones, on-site MH screening and counseling, Youth Leadership groups, Homework assistance and tutoring, College and Career Club, Field trips, community awareness activities (suicide and violence prevention, engagement at local sporting events), Launcher Entrepreneurship program, multiple partnerships to provide other activities and opportunities to youth.</p> <p>4 week Prevention summer camp for middle and high school aged youth</p>

<p>YMCA - Sussex Family</p> <p>Matt Clements mclements@ymcade.org O: 302-571-6962 C: 484-356-4792</p>	<p>Sussex (Rehoboth)</p>	<p>Teen program</p>	<p>Tues/Thurs 3-6pm</p> <p>Summer: Mon- Thurs 10a-3pm</p>	<p>Utilizes EBP: SPORT PPW. Focus on Substance misuse prevention, health/wellness, goal setting.</p> <p>Summer: teen leadership program, community service</p>
<p>YWCA Delaware, Inc.</p> <p>Matthew Johnson MJohnson@ywcade.org 302-65-0039 x234</p>	<p>Statewide</p>	<p>Ages 11-17</p> <p>YW and ESTEEM</p> <p>Statewide workshops</p> <p>Teen Dating Violence and Consent workshops</p> <p>YW Leaders</p>	<p>Hours vary</p>	<p>YW Girl, ESTEEEM, Teen Dating Violence and Consent, YW Leaders programs.</p> <p>Focus on Middle and High School aged females on dating violence, promoting healthy relationships, SEL, college/career readiness and building self- esteem/positive self-image.</p> <p>Specifically work with homeless youth in their Home Life Management Center.</p>

**Signs of Suicide is an evidence-based suicide prevention program for middle and high school aged youth. All providers are trained in SOS and will deliver in their OST programs no less than twice per contract year.

**Sandy Hook Promise: Start with Hello is a violence prevention/inclusion program. All providers are trained in SHP and will host no less than 2 inclusion events in their OST programs per contract year.

Extended Hours Summer Programs 2022
Extended Hours July 2022 – September 2022

Provider	Location	Contact	Hours offered
Wilmington PAL	3707 N Market St Wilmington, DE 19802	Christopher Purnell Executive Director 302.764.6170 Christopher.Purnell@palw.org	Tuesday & Thursday: 8-11pm Saturday: 3-6pm
Kingswood Community Center	2300 Bowers Street Wilmington, DE 19802	Melody Phillips Program Director mphillips@teenwarehouse.org	Monday- Friday: 6pm – 9:pm Saturday programming in Sept.
H. Fletcher Brown Boys and Girls Club	1601 N. Spruce Street Wilmington, DE, 19802	Michael Crumble Unit Director MCrumble@bgclubs.org	Monday-Thursday: 4-10pm Friday: 4-9pm
Walnut Street YMCA	1000 N. Walnut St. Wilmington, DE 19801	Anesha Truesdale Program Director 301-873-6073 atruesdale@ymcade.org	Friday: 6pm - 9pm Saturday: 12pm - 9pm Sunday: 12pm - 4pm
Neighborhood House	1218 B Street Wilmington DE 19801	Cynthia Williams Safe Haven Coordinator 302-530-9112 cwilliams@neighborhoodhse.org	Wednesday: 6pm-9pm Thursday: 6pm-9pm Friday: 6pm-10pm
Latin American Community Center	403 N. Van Buren Street Wilmington, DE 19805	Wanda Burgos-Rincon Program Director WBurgos-Rincon@thelatincenter.org	Monday, Wednesday & Friday 5pm -8:30 pm Tuesday and Thursday 5pm -9:30 pm Saturday -Trips and/or community service projects -Times will vary
William Hicks Anderson Community Center	501 N Madison St, Wilmington, DE 19801	Corey Wallace Program Coordinator 302-576-5876 cdwallace@Wilmingtonde.gov	Thursday & Friday: 8pm-10pm Saturday: 10am to 4pm
Hilltop Lutheran Neighborhood Center	1018 W 6th St, Wilmington, DE 19805	Teresa Allen Youth Coordinator 302.656.3224 ext. 191 mailto:teresa.allen@hilltopLnc.org	Monday, Wednesday, Friday: 6pm- 9pm
Fraim's Boys & Girls Club	669 S Union St, Wilmington, DE 19805	Kenny Burrowes Teen Director kburrowes@bgclubs.org	Wednesday, Thursday, & Friday from 6pm – 10pm Wednesdays (Teen Swim) 6pm-9pm
West End Neighborhood House	710 N. Lincoln Street Wilmington, DE 19805	Antwain Flowers Program Director (302)658-4171 ext. 174 AFlowers@westendnh.org	Monday, Wednesday, Friday 6:pm-9pm Saturday (Trips and Clinics) 12pm-4pm

For more information contact: Jonathan Rhodes (302) 633-2513 or Jonathan.Rhodes@delaware.gov