



**DSCYF**  
Department of Services for  
Children, Youth & Their Families

Division of Prevention & Behavioral Health Services  
*"Resilient children and families living in supportive communities."*

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# PREVENTION & EARLY INTERVENTION SERVICES

**April 2021**

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Youth and Their Families*

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Crisis Services: 1-800-969-HELP (4357)  
<http://www.kids.delaware.gov>

## *DPBHS TABLE of CONTENTS*

Prevention Overview	3
Promoting Safe and Stable Families Program – (PSSF)	
Promoting Safe and Stable Families Program – (PSSF) cont.	4
Delaware Fatherhood Initiative Delaware Fatherhood and Family Coalition – (DFFC)	
Delaware Fatherhood Initiative Delaware Fatherhood and Family Coalition – (DFFC) cont.	5
Child Development Watch – (CDW)	
Intensive Family Consultation – (IFC)	
Intensive Family Consultation – (IFC) cont.	6
Separating and Divorcing Parent Education Program – (SDPE)	
Separating and Divorcing Parent Education Program – (SDPE) cont.	7
Substance Abuse Block Grant – (SABG)	
Safe Haven/Extended Hours Program	
Out of School Time – (OST)	8
Families and Centers Empowered Together – (FACET)	
Families and Centers Empowered Together – (FACET) cont.	9
Youth Response Unit – (YRU)	
Youth Response Unit – (YRU) cont.	10
Take Care Delaware (Handle with Care) Initiative	
Take Care Delaware (Handle with Care) Initiative cont.	11
Youth Suicide Prevention Initiatives	
K-5 Early Intervention Program	
K-5 Early Intervention Program cont.	12
K-5 Early Intervention Program cont.	13
Early Childhood Mental Health Consultation – (ECMHC)	
Early Childhood Mental Health Consultation – (ECMHC) cont.	14
Substance Abuse Block Grant Providers FY21 Table	15
Afterschool and Summer Programs	16-21
Safe Haven/Extended Hours Program List	22

## DPBHS PREVENTION SERVICES

Rochelle Lazorchak, Director

*24/7 Crisis Text Line: Text DE to 741741*

*24/7 Mobile Response and Stabilization Hotline (Crisis): (800) 969-HELP (4357)*

*Report Suspected Child Abuse or Maltreatment: 1-800-292-982 or [seethesigns.org](http://seethesigns.org)*

*General Inquiries for the DPBHS Prevention Unit please email:*

[PBHS\\_Prevention\\_Inquiries@delaware.gov](mailto:PBHS_Prevention_Inquiries@delaware.gov).

### Prevention and Early Intervention Services

DPBHS provides an array of Prevention services in which all children and families are able to participate. Prevention services are directed towards promoting health and wellness and to prevent child abuse and neglect, dependency, juvenile delinquency, truancy, tobacco/drug/alcohol use, domestic violence, and other risky behaviors. Children and families are not required to be active with DPBHS treatment services to benefit from Prevention Services. Connecting children and families with Prevention services, programs and resources is an expectation of DPBHS providers. In addition to the programs below, or any of the Prevention Programs listed below, please call 302-633-2586 or email [PBHS\\_Prevention\\_Inquiries@delaware.gov](mailto:PBHS_Prevention_Inquiries@delaware.gov).

### Promoting Safe and Stable Families Program (PSSF)

The Promoting Safe and Stable Families Program (PSSF) is a community-based family support and preservation services which provide a family centered case management services to families who are “at risk or in crisis” due to one or a combination of stressors that may lead to child maltreatment.

Families are guided through a self-assessment, examining concerns and developing an awareness of how to reduce or resolve concerns. The program participants, through the consultation process, are supported in building and enhancing their ability to assess their core concerns, establish a plan to address concerns and enhance awareness of both informal and formal supports/resources available to provide needed support to the family.

The family consultant and the participant are able to assess the family’s coping skills, determine if the participant is experiencing behavior difficulties with their child(ren) and if their parenting skills are being challenged. The family consultant helps the participant take the lead in developing a family support network, establish a plan to decrease stressors, and promote healthy development and linkages to the appropriate services, such as parenting education, parent support groups or child behavior intervention services, employment training, skill building, supporting gainful employment, and a stable living environment.

The program builds on family strengths, increases family stability, provides opportunities to improve the parent's capacity to meet their children's needs and focuses on prevention and early intervention services that alleviates family crisis and stressors in an effort to reduce the likelihood of child maltreatment and enhance child well-being, building the caregivers ability to manage and meet the needs of the family. \*PSSF is funded by Title IVb, Subpart 2.

Goals of PSSF include the following:

1. To reduce life stressors that may negatively impact family functioning and child well-being, while helping families access needed services
2. To build family skills and strengthen family functioning
3. To reduce the risk of child maltreatment
4. To build and strengthen the family support system thus decreasing family isolation

For more information contact: Jacqueline Donaldson, Family Support Services Program Administrator (302) 633-2582; [Jacqueline.Donaldson@delaware.gov](mailto:Jacqueline.Donaldson@delaware.gov)

### *Delaware Fatherhood Initiative Delaware Fatherhood and Family Coalition (DFFC)*

The Delaware Family and Fatherhood Coalition (DFFC) is an initiative derived from the Promoting Safe and Stable Families Program priority programming: Healthy Adult Relationship – Fatherhood. The initiative is implemented through DPBHS Prevention Unit, funded by Title IV-B, subpart 2 as an ancillary service operating under the family support component. The operation of the PSSF fatherhood initiative is a shared collaborative effort involving the state, contracted service providers and the community addressing responsible fatherhood and healthy adult relationships statewide, servicing populations at greatest risk of maltreatment.

The DFFC is an advocacy group representing a united change agent in Delaware. DFFC serves as a protective factor by supporting father engagement (when safety is not an issue of concern). Research suggests positive and frequent father-child contact is associated with better socio-emotional and academic function. Focusing on this protective factor, the DFFC is committed to building a sustainable partnership that champions fathers' involvement in the lives of their children and strengthening healthy adult relationships, specifically effective co-parenting. In 2010, the Delaware Fatherhood and Family Coalition began structuring its operation in 2010 after several years promoting knowledge of and acceptance of the importance of fatherhood involvement, healthy adult relationships and effective co-parenting throughout the State.

DFFC Goals and Overview:

The DFFC continues to set a foundation for community involvement, thus activating the public/private/social organizations participation in the DFFC's strategic priorities, which are:

1. Promote Father Involvement as a Positive Influence by increasing community awareness of the importance of and commitment to father involvement in the lives of their children.
2. Build a Self-Sustaining, Self-Determining Community initiative by stimulating a broad-based, positive social movement to combat father absence and promote father involvement and effective co-parenting.
3. Provide Education and Technical Assistant Opportunities by providing fatherhood and healthy adult relationship educational opportunities and technical assistance to increase the capacity of the community to support, develop and infuse fatherhood into child and family services.
4. Promote Fatherhood and Co-Parenting Services by promoting fatherhood and healthy adult relationship service initiatives.

\*DFFC is an initiative of Promoting Safe and Stable Family ACT Title IVB, Subpart 2.

For more information contact: Vickie Artis, Family Service Program Manager (302) 633-2618 [vickie.artis@Delaware.gov](mailto:vickie.artis@Delaware.gov) or [www.dffcdads.org](http://www.dffcdads.org)

### *Child Development Watch - (CDW)*

Child Development Watch (CDW) is an Early Intervention program designed to provide Service Coordination and family support on behalf of children ages birth to three with developmental delays and / or disabilities in compliance with Part C - Individuals with Disabilities Education Act (IDEA) Regulations. The program's mission is to enhance the development of infants and toddlers with disabilities or developmental delays through a coordination of care and team approach on behalf of families to meet the needs of their children referred for services.

For more information in New Castle County contact: Carmella Giddins-Jones (302) 892-6419 [Carmella.Giddins-Jones@delaware.gov](mailto:Carmella.Giddins-Jones@delaware.gov) or CDW- DFS Liaison, Keisha Daniels (302) 283-7156 [keisha.daniels@delaware.gov](mailto:keisha.daniels@delaware.gov)

In Kent & Sussex County contact: CDW- DFS Liaison, Nicole Topper (302) 424-7346 [Nicole.Topper@delaware.gov](mailto:Nicole.Topper@delaware.gov)

### *Intensive Family Consultation (IFC)*

Intensive Family Consultation (IFC) is a short-term, community-based Family Preservation / Family Support service that uses an interactive 'one on one' consultation prevention approach. The approach is strength-based, building on the family's protective factors to offset and combat the negative effects of risk.

IFC provides supportive services to at risk families who are experiencing an array of needs. IFC services may be available to any families with children who may benefit from consultation and connection with a variety of resources, including families new to the Division of Prevention and Behavioral Health Services (DPBHS), new to the Department of Services for Children, Youth and Their Families (DSCYF) or families with more complex needs that may already be involved with other child-serving systems. These needs are associated with parent-child conflict, substance abuse, and family instability such as homelessness, single parent and blended family stressors, isolation, unresolved mental health needs, absence of supports and resources, etc. IFC adheres to the System of Care Principles in its service delivery whereby the service is culturally responsive, child centered, family focused, community based, and seamless.

Goals of IFC Services:

1. Empower families and build skills allowing them to better care for and protect their children.
2. Improve family functioning.
3. Build connections to various informal support networks within the community.
4. Develop self-advocacy skills.
5. Reduce and eliminate problem behaviors and family relational patterns.

IFC staff support the Stubbs Dual Generation Center and offer services onsite.

IFC Services are provided statewide by the DPBHS staff.

For more information contact: Regina Johnson (302) 633-2572

[Regina.Johnson@delaware.gov](mailto:Regina.Johnson@delaware.gov)

### *Separating and Divorcing Parent Education (SDPE) Program*

Separating and Divorcing Parenting Education (SDPE) Program is a psychosocial informational course to educate parents about the impact of family restructuring on children (due to divorce) and to give parents basic tools to understand their child(ren)'s behavior and needs so that the harmful effects of divorce can be minimized. Parenting Education classes are provided statewide to program participants through Certified Community Providers. Self-paced Parenting Education classes can also be accessed online at <https://DE.OnlineParentingPrograms.com>. Community Providers are certified by the Division of Prevention and Behavioral Health Services (DPBHS), upon submission of a formal proposal whose curriculum must demonstrate that it meets the Educational criteria based on the following program components related to:

- Helping children cope with divorce/separation.
- Dealing with ex-spouses around parenting issues.
- Strategies for coping with new family structures.
- Coping strategies for positive interactions with family

**SDPE Legal Mandate:** On July 18, 1996, Delaware passed a law mandating divorcing parents with children up to age 17 to attend a parenting education course. Additionally, the course will specifically provide information regarding domestic violence, its prevention and effect upon children. For reference, see Senate Bill 288, Title 13, Section 1507 of the Delaware Code, subsection (h), as signed by Governor Thomas R. Carper. All programs must be certified by the Department of Services for Children, Youth and Their Families, Division of Prevention and Behavioral Health Services (DPBHS). The law also requires that persons with a history of domestic violence complete parenting education classes specifically addressing those issues.

Goals of Separating and Divorcing Parent Education Program:

1. To help educate parents regarding the effects of divorce/separation upon their children.
2. To help both parties minimize the harmful effects on their children, whenever possible.

For more information contact: Carmella Giddins-Jones (302) 892-6419 [Carmella.Giddins-Jones@delaware.gov](mailto:Carmella.Giddins-Jones@delaware.gov)

### **Substance Abuse Block Grant**

The Substance Abuse Block Grant supports activities and services for the general population and subgroups that are at high risk for substance misuse. The Block Grant allows community-based organizations and coalitions to develop and implement evidence-based drug prevention programs, media campaigns, training, and workshops and provide constructive and healthy activities for youth, families, and communities. See page 16 for a list of these community-based agencies.

For more information contact: Yvonne Bunch (302) 633-2513  
[Yvonne.Bunch@delaware.gov](mailto:Yvonne.Bunch@delaware.gov) or refer to Page 15 for a list of Programs and Providers.

### **Safe Haven/Extended Hours Program**

DSCYF partners with ten community centers in the City of Wilmington, creating a network of Safe Havens, which offer programs and services to youth on evenings and weekends. The goal is to provide a safe and positive environment for youth to engage in skill-based learning workshops, organized sports, physical activities, to participate in community service projects, and encourage healthy eating habits.

For more information contact: Yvonne Bunch (302) 633-2513  
[Yvonne.Bunch@delaware.gov](mailto:Yvonne.Bunch@delaware.gov) or refer to Page 22 for a list of Programs and Providers.

### *Out of School Time (Afterschool and Summer Programs)*

DPBHS offers a variety of Out of School Time (OST) programs statewide. OST programs provide a safe, trauma-informed environment for children and youth. OST Programs include evidence-based suicide and violence prevention programming while offering a wide range of focus areas which may include: academic enrichment and support, mentoring, positive youth development, arts, employability, life skills, and sports and recreation.

OST programs serve as powerful youth violence, substance abuse, teen pregnancy, and dropout prevention strategy. Aside from preventing or deterring negative behaviors, OST programs have been shown to increase positive youth outcomes, promote effective communication and encourage youth to connect positively with peers and trusted adults (staff and mentors). Routine participation in these programs is associated with increased academic achievement, increased school attendance, increased self-esteem, increased social skills, improved work habits, and better student behavior.

OST providers work collaboratively with their community partners and organizations to be responsive to the identified needs of the youth and families in their community.

Goals:

1. Provide safety and supervision
2. Support academic achievement
3. Promote physical activity and nutrition
4. Create tobacco and drug free environments
5. Improve competency areas: self-awareness, self-management, social awareness, relationship skills, and responsible decision-making

*For a full listing of Delaware's Out of School Time network, please refer to Pages 16-21 for an overview.*

### *Families and Centers Empowered Together (FACET)*

Families and Centers Empowered Together (FACET) is a family engagement, family support and empowerment program. FACET uses an asset-based prevention approach that focuses on identifying, building on, and maximizing family strengths; with a strong emphasis placed on parent empowerment. The FACET program is modeled after the Parent Services Project (PSP) Inc. in San Rafael, California. Although initially funded through a five-year grant through the Office of Substance Abuse Prevention (OSAP) High Risk Youth Program, the FACET program currently receives State General Funding. The FACET program began in November of 1992 and is one of the first Prevention Programs aimed at Early Intervention within Prevention Services.



FACET is presently located in four diverse Early Learning Centers; three in New Castle and one in Kent County. The program's targeted population are parents and children enrolled in Early Learning Centers located in "high risk", low-income communities. The services are designed to strengthen families by providing a variety of supportive services, parent workshops, and stress relieving parent / child bonding activities. Each Center has an active, highly functional Parent Council where advocacy and parent leadership is encouraged. There is also a program community coalition known as the FACET Cluster, which consist of membership among the Office of Childcare Licensing, the FACET Program's Early Learning Centers, and the Division of Prevention of Behavioral Health.

The program's philosophy is - Healthy parents are more likely to raise healthy children. FACET is a program that believes in order to do the best we can for children, we must support and strengthen their families.

Goal of FACET: To increase the protective and resiliency factors in "high risk" families, reducing the likelihood that they will abuse and neglect their children.

Wilmington Sites:

Kingswood Community Center  
Latin American Community Center

Kent County Site:

Children First Learning Center

For more information contact: Carmella Giddins-Jones (302) 892-6419  
[Carmella.Giddins-Jones@delaware.gov](mailto:Carmella.Giddins-Jones@delaware.gov)

*Youth Response Unit (YRU)*

The Youth Response Unit is a partnership between DSCYF and the Wilmington Police Department. The purpose of this unit is to identify children who have been impacted by violence and trauma early, provide various interventions to promote resiliency and healing for those children and families impacted by trauma, while offering education, support and resources to children, families, and the larger community as they cope with varying forms of trauma.

YRU provides of two types of interventions:

- \* Direct Child Response- Direct assessment and treatment services offered to an identified child(ren) impacted by a traumatic event.
- \* Community Response- Early Intervention, Prevention and Education offered to members of the community to identify signs and symptoms of trauma, better understand the effects of trauma on children and what interventions may be implemented to reduce the impact of trauma on children.

Goals of Youth Response Unit:

1. Reduce early posttraumatic stress symptoms and decrease the likelihood that children exposed to trauma will develop long-term posttraumatic psychiatric disorders.
2. Educate the community and heighten awareness about the prevalence of trauma and its impact on children.

For additional information or to make a referral, please contact YRU at 302-576-3183 or visit the website for more information.

<https://www.wilmingtonde.gov/government/public-safety/wilmington-police-department/youth-response-unit>

### *Take Care Delaware (Handle with Care) Initiative*

Take Care Delaware is modeled after the West Virginia model “Handle with Care” (HWC). Model Handle With Care (HWC)/Take Care Delaware (TCD) programs promote safe and supportive homes, schools and communities that protect children, and help traumatized children heal and thrive. HWC/TCD promotes school-community partnerships aimed at ensuring that children who are exposed to trauma in their home, school or community receive appropriate interventions to help them achieve academically at their highest levels despite whatever traumatic circumstances they may have endured.

In Delaware, Take Care Delaware has formed partnerships between law enforcement and schools to adopt a trauma-informed approach to children who have been potentially impacted by a traumatic event. The Take Care Delaware initiative started as a pilot in Smyrna and will expand to include the entire state. Police are trained to identify children at the scene, find out where they go to school and send the school/agency a confidential email or fax that simply says . . . “Take care of Johnny”. That’s it. No other details. School personnel are trained to be trauma sensitive, offering support and understanding when students may be having a difficult day and are advised on trauma sensitive approaches to respond to student behavior. School personnel will not ask students about the incident. When identified students exhibit continued behavioral or emotional problems in the classroom, on-site mental health interventions will be provided to students and their families as identified by school personnel or self-referral.

Goal of Take Care Delaware (Handle with Care model):

The ultimate goal is to help students to succeed in school. Regardless of the source of trauma, the common thread for effective intervention is the school or childcare agency. Research now shows that trauma can undermine children’s ability to learn, form relationships, and function appropriately in the classroom. HWC programs support children exposed to trauma and violence through improved communication and

collaboration between law enforcement, schools/childcare agencies and mental health providers, and connects families, schools and communities to mental health services.

Additional information can be found at <https://takecaredelaware.org/>

### *Youth Suicide Prevention*

For a Risk Assessment call the Mobile Response and Stabilization Service Hotline: 1-800-969-4357 (HELP) – 24 hours/day, 7 days/week. Or Text DE to 741741

\*For general information, referral and routine intake please call 1-800-722-7710

The Division utilizes the Signs of Suicide (SOS) Prevention Program. SOS is a universal, school-based prevention program designed for middle school (ages 11-13) and high school (ages 13-17) youth. The goals of this program are:

1. Decrease suicide and suicide attempts by increasing youth knowledge and adaptive attitudes about depression.
2. Encourage personal help-seeking and/or help-seeking on behalf of a friend.
3. Reduce the stigma of mental illness and acknowledge the importance of seeking help or treatment.
4. Engage parents and staff as partners in prevention through “gatekeeper” education.
5. Encourage community-based partnerships to support youth mental health.

Through a video and guided discussion, youth learn to identify warning signs of suicide and depression in a single session. The curriculum raises awareness about behavioral health and encourages students to ACT (Acknowledge, Care, Tell) when worried about themselves or their peers.

DPBHS has staff trained to deliver SOS in community settings and has also had many of our Prevention providers trained to deliver the SOS curriculum so the program can be delivered throughout the community. Additional information can be found at <https://www.mindwise.org/what-we-offer/suicide-prevention-programs> . If you are interested in having youth trained in SOS, please email the DPBHS Prevention Unit at [PBHS\\_Prevention\\_Inquiries@delaware.gov](mailto:PBHS_Prevention_Inquiries@delaware.gov).

### *K-5 Early Intervention Program*

The K-5 Early Intervention Program is a voluntary program managed by the Department of Services for Children, Youth and Their Families, Division of Prevention and Behavioral Health Services in collaboration with the Department of Education and participating local school districts.

This program works with children and their families who exhibit behavioral, academic, social, or mental health problems that, unless appropriately addressed at an early stage, can manifest through early failures in school into other more serious social and/or emotional developmental issues that can potentially begin a lifetime cycle of failure. Early Intervention services are provided to address issues before children and their families require more intensive and expensive interventions later in the life cycle and continue to the deeper-end services of DSCYF and DOE.

Fifty-Four Family Crisis Therapists (FCT's) from DSCYF/DPBHS are assigned to designated elementary schools in fifteen school districts and seven charter schools throughout the state.

The K-5 Early Intervention Program's holistic approach employs FCT's that are uniquely different from traditional guidance, school counselors or traditional social workers. FCT's work with students' entire families, including parents/guardians and siblings and can address any presenting issue whether behavioral, academic, or emotional. In many instances, FCT's work with families to address survival and/or crisis issues, thus enabling them to focus on the emotional, academic, and social needs of the child(ren).

The FCT performs assessments during the first 30 days to inform case planning and to establish a baseline to measure progress. These include:

- Connecticut Trauma Screen - identify children whose past trauma continues to affect their ability to succeed. Each child screening positive for trauma is referred to a nearby counselor certified in Trauma Focused Cognitive Behavioral Therapy.
- CANS (Child and Adolescent Needs Survey) Assessment - assess the child and family's current functioning in several domains. In addition to assess risk behaviors and significant clinical issues to determine the appropriateness of early intervention services.

Services provided by the K-5 Early Intervention Family Crisis Therapists include:

- School and home-based crisis intervention
- Individual Counseling
- Family Counseling
- Child/Parent Support Groups
- Home visits
- Consultation with Teachers and School administration
- Collaboration with the School and Outside Agencies
- Social Skills Building Workshops for Children
- Conflict Resolution
- Discipline Alternatives

- Location of Resources (as needed)
- Summer Programming

<p><b>Appoquinimink</b></p> <ul style="list-style-type: none"> <li>• Silverlake</li> </ul> <p><b>Brandywine School District</b></p> <ul style="list-style-type: none"> <li>• Claymont</li> <li>• Harlan</li> <li>• Mount Pleasant</li> </ul> <p><b>Caesar Rodney</b></p> <ul style="list-style-type: none"> <li>• Nellie Stokes</li> <li>• WB Simpson</li> </ul> <p><b>Cape Henlopen</b></p> <ul style="list-style-type: none"> <li>• HO Brittingham</li> <li>• Milton</li> </ul> <p><b>Capital</b></p> <ul style="list-style-type: none"> <li>• BT Washington</li> <li>• East Dover</li> <li>• Fairview</li> <li>• North Dover</li> <li>• Towne Point</li> </ul>	<p><b>Charter</b></p> <ul style="list-style-type: none"> <li>• Academia Antonia Alonso</li> <li>• Academy of Dover</li> <li>• Campus Community</li> <li>• East Side</li> <li>• Edison</li> <li>• Kuumba</li> <li>• New Castle</li> </ul> <p><b>Christina</b></p> <ul style="list-style-type: none"> <li>• Brader</li> <li>• May B. Leasure</li> <li>• Brookside</li> <li>• Bancroft</li> <li>• Bayard</li> <li>• Keene</li> <li>• Stubbs</li> <li>• Oberle</li> </ul>	<p><b>Colonial</b></p> <ul style="list-style-type: none"> <li>• Castle Hill</li> <li>• Eisenberg</li> <li>• Pleasantville</li> <li>• Southern</li> <li>• Wilbur</li> <li>• Wilmington Manor</li> </ul> <p><b>Indian River</b></p> <ul style="list-style-type: none"> <li>• East Millsboro</li> <li>• Georgetown</li> <li>• Long Neck</li> </ul> <p><b>Lake Forest</b></p> <ul style="list-style-type: none"> <li>• East</li> <li>• North</li> </ul> <p><b>Laurel</b></p> <ul style="list-style-type: none"> <li>• Laurel</li> </ul> <p><b>Milford</b></p> <ul style="list-style-type: none"> <li>• Benjamin Banneker</li> <li>• Evelyn Morris</li> </ul>	<p><b>Red Clay</b></p> <ul style="list-style-type: none"> <li>• Baltz</li> <li>• Highlands</li> <li>• Marbrook</li> <li>• Richey</li> <li>• Shortlidge</li> <li>• Warner</li> <li>• William C. Lewis</li> </ul> <p><b>Seaford</b></p> <ul style="list-style-type: none"> <li>• Blades</li> <li>• Frederick Douglass</li> <li>• West Seaford</li> </ul> <p><b>Smyrna</b></p> <ul style="list-style-type: none"> <li>• Sunnyside</li> </ul> <p><b>Woodbridge</b></p> <ul style="list-style-type: none"> <li>• Phyllis Wheatley</li> </ul>
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For more information on the K-5 Early Intervention Program, please call (302) 892-4576 or email [dscyf\\_intake\\_general@state.de.us](mailto:dscyf_intake_general@state.de.us).

**Early Childhood Mental Health Consultation (ECMHC)**

Early Childhood Mental Health Consultation (ECMHC) is a problem-solving, capacity-building intervention implemented in collaboration between a professional consultant with mental health expertise and one or more caregivers, primarily early learning staff and/or family members. ECMHC aims to build the capacity and improve the ability of childcare staff, programs and systems to prevent, identify, treat and reduce the impact of behavioral health challenges among young children.

ECMHC works with childcare programs licensed by the Office of Childcare Licensing to support social and emotional learning and address behavioral concerns of young children, birth through age five. This is a prevention and early intervention service providing intensive onsite consultation, training, coaching and professional

development opportunities from clinically licensed mental health professionals with experience working in early learning settings.

Goals of Early Childhood Mental Health Consultation:

1. Develop problem-solving strategies to reduce incidents of disruptive classroom behaviors;
2. Strengthen skills of teaching staff to work with children who have social and emotional challenges;
3. Decrease suspensions and expulsions;
4. Promote children's social and emotional skill development;
5. Enhance relationships with children in care;
6. Promote staff wellness; and
7. Reduce teacher and caregiver stress.

For more information, please contact Mary Moor at (302) 256-9308 or [dscyf\\_ecmhs@delaware.gov](mailto:dscyf_ecmhs@delaware.gov)

## Substance Abuse Block Grant Providers FY21

SUBSTANCE ABUSE BLOCK GRANT	FY21			
Prevention Partners	Evidenced Based Program	Target Population	Agency Contact Name	Agency Contact Telephone, Email and Address
UNIVERSITY OF DELAWARE COOPERATIVE EXTENSION	<p>The <b>Botvin Life Skills Training Elementary School program</b> is a comprehensive, dynamic, and developmentally appropriate substance abuse and violence prevention program designed for upper elementary school students. This highly effective curriculum has been proven to help increase self-esteem, develop healthy attitudes, and improve their knowledge of essential life skills – all of which promote healthy and positive personal development and mental health. Life Skills Training is comprehensive, dynamic, and developmentally designed to promote mental health and positive youth development.</p> <p>The <b>Botvin Life Skills Training Middle School program</b> is a groundbreaking substance abuse and violence prevention program based on more than 35 years of rigorous scientific research. Proven to be the most effective evidence-based program used in schools today, Life Skills Training is comprehensive, dynamic, and developmentally designed to promote mental health and positive youth development. In addition to helping kids resist drug, alcohol, and tobacco use, the Life Skills Training Middle School program also effectively supports the reduction of violence and other high-risk behaviors. This program is aligned to the National Health Education standards and to CASEL's social and emotional learning (SEL) competencies.</p>	Elementary and Middle School	Lindsay Hughes, Extension Educator	(302)856-2585 ext. 1523 lgooden@udel.edu 257 E Main Street #110 Newark, De 19711
Holcomb	<p><b>Catch My Breath</b> is an evidence based vaping curriculum designed to increase education on vaping with the Catch My Breath program which is designed to prevent or reduce vaping tobacco/nicotine products in adolescents by changing attitudes. Goal to reach 80 youth that are attending Summer Youth Academy offerings. The Center for Substance Abuse Prevention Domain reference indicated that these efforts afford opportunities for prevention that address the individual domain.</p>	Youth ages 12-18 and Summer Academy Program	Tamson Livanov, Prevention Coordinator	(302)463-5788 Tamson.Livanov@holcombbs.org 254 E Main Street Newark, De 19711
DEMCO	<p><b>Botvin Life Skills Training (LST)</b> an evidenced based program incorporates interactive learning, social-skills building, and specific drug-use-prevention-related information. It promotes anti-drug norms and it fosters the development of personal self-management skills such as decision making, problem solving, goal setting, and coping with anxiety.</p> <p><b>Botvin Life Skills Training Elementary School program</b> is a comprehensive, dynamic, and developmentally appropriate substance abuse and violence prevention program designed for upper elementary school students. This highly effective curriculum has been proven to help increase self-esteem, develop healthy attitudes, and improve their knowledge of essential life skills – all of which promote healthy and positive personal development and mental health. The Botvin Life Skills Training Middle School program is a groundbreaking substance abuse and violence prevention program. In addition to helping kids resist drug, alcohol, and tobacco use, the Life Skills Training Middle School program also effectively supports the reduction of violence and other high-risk behaviors.</p> <p><b>Athletes Training and Learning To Avoid Steroids (ATLAS)</b> is a school-based drug prevention program. ATLAS was designed for male athletes to deter drug use and promote healthy nutrition and exercise as alternatives to drugs.</p> <p><b>InShape Prevention Plus Wellness</b> is a brief intervention program designed to reduce drug abuse and increase positive mental and physical health outcomes among college students ages 18-25. InShape is based on the Behavior-Image Model, which asserts that positive social images and future self-images can be used to link multiple divergent health risk habits among adolescents and young adults and motivate them to effect change in multiple behaviors. InShape specifically targets avoidance of alcohol, tobacco, and illicit drugs and increases in physical activity and exercise, healthy eating, sleep, and stress management.</p>	Youth ages 12-18 College Students and Adults ages 18-25	Dr. Linda Hackett	(302)346-5308 Hackettlinda4@yahoo.com 365 United Way Dover, De 19901
Boys and Girls Club	<p><b>Botvin Life Skills Training (LST) Middle &amp; High School program</b> is a highly interactive, skills-based program designed to promote positive health and personal development for youth in middle or high school. This program is proven to cut drug abuse in half by helping adolescents navigate the challenges of their middle and high school years and preparing them for the independence and responsibilities that they will encounter as young adults. The LST Middle &amp; High School programs use developmentally appropriate, collaborative learning strategies to help students achieve competency in the skills that have been shown to prevent substance use, violence, and other health risk behaviors. Life Skills Training is comprehensive, dynamic, and developmentally designed to promote mental health, social-emotional (SEL) skills and positive youth development.</p> <p>Health and Life Skills Programming from Boys &amp; Girls Clubs of America (supported by OJJDP), <b>Wowzers!</b> programming such as prevention-themed game shows designed using Botvin LST and Boys &amp; Girls Clubs of America's "Opioid and Substance Abuse Prevention Guide," as well as Eyeball It!</p> <p><b>Art Wowzers!</b> is a program in which teens are hired (they are the "Wowzers!") to implement advanced art projects to younger Club members. Projects (school year and summer) will be prevention themed and include relief collages, prevention-themed t-shirt making, and dream/goal boards.</p> <p><b>Song Wowzers</b> will be a partnership with the nationally-known foundation, Music &amp; Youth Initiative. Through this partnership, two digital music studios will be formed at William Penn High School and Greater Newark Boys &amp; Girls Club. One Music Director will oversee both programs, with assistance from Music &amp; Youth Initiative, William Penn HS Music Department, and University of Delaware. Botvin Life Skills Training (LST) Middle &amp; High School program is a highly interactive, skills-based program designed to promote positive health and personal development for youth in middle or high school. This program is proven to cut drug abuse in half by helping adolescents navigate the challenges of their middle and high school years and preparing them for the independence and responsibilities that they will encounter as young adults. The LST Middle &amp; High School programs use developmentally appropriate</p>	Youth ages 12-18	Suchi Hiraesave (Dover Club) Sarah Hutton (Wilmington Club)	Suchi Hiraesave (302)382-3417 1683 New Burton Road Dover, De 19904 Sarah Hutton (302)658-1870 ext. 274 shutton@bgclubs.org
WEST END NEIGHBORHOOD HOUSE	<p><b>Botvin Life Skills Training (LST) Middle &amp; High School program</b> is a highly interactive, skills-based program designed to promote positive health and personal development for youth in middle and high school. This program is proven to cut drug abuse in half by helping adolescents navigate the challenges of their middle high school years and preparing them for the independence and responsibilities that they will encounter as young adults. The LST Middle &amp; High School programs use developmentally appropriate, collaborative learning strategies to help students achieve competency in the skills that have been shown to prevent substance use, violence, and other health risk behaviors. Life Skills Training is comprehensive, dynamic, and developmentally designed to promote mental health, social-emotional (SEL) skills and positive youth development.</p> <p><b>Lion's Quest</b>, a Social and Emotional Learning (SEL) program in use by educators in over 90 countries around the world. Social and emotional skills provide the foundation for dealing with anger and frustration, preventing negative behaviors, and developing positive school behaviors that increase academic performance. DPC will use this program with youth ages 7-13.</p> <p><b>Too Good for Drugs &amp; Violence Middle &amp; High School</b>, an evidenced based program prepares students with the skills they need for academic, social, and life success. Interactive games and activities provide practical guidance on dating and relationships, building healthy friendships, and refusing negative peer influence. Lessons foster analysis and discussion of the effects of ATOD use as well as prescription and OTC drug use and various nicotine delivery devices. Students also analyze the impact of social media on decision making, reaching goals, and self-identity. Students learn how to navigate the challenges of social and academic pressures like making responsible decisions, managing stress and anger, reflecting on personal relationships, and resolving conflicts.</p>	Ages 7-13 Middle & High School	Antwain Flowers, Prevention Director	(302)658-4171 Aflowers@westendnh.org 710 N Lincoln Street Wilmington, De 19805

## Afterschool and Summer Programs

NEW CASTLE COUNTY	
AGENCY/PROGRAM NAME	DESCRIPTION OF PROGRAM
<p><b>Christina Cultural Arts Center</b>  <b>The HeArt Under the Hoodie</b>  <b>(New Castle County)</b>  <b>705 N. Market Street</b>  <b>Wilmington, DE 19801</b></p> <p>Lynetta Fletcher            (302) 607-1866 EXT: 23</p>	<p>"The Heart Under the Hoodie" Youth Violence Prevention Program links Urban Improv-a 14 year old evidence-based school drama program operating in Boston, MA with after school arts and yoga/mindfulness activities. A 27 week interactive drama curriculum integrates youth asset development and the theater arts. Real life practice via drama is critical to skill building focused on decision making, impulse control and conflict resolution. The strategy contains both universal and selective prevention approaches. Targeted afterschool activities will be provided to youth in Bancroft, and in school services will be provided to youth in Bayard during the school day during an open enrollment period.</p>
<p><b>Duffy's H.O.P.E</b>  <b>(New Castle County)</b>  <b>100 W. 10<sup>th</sup> Street</b>  <b>Wilmington, DE 19801</b></p> <p>Allen "Duffy" Samuels            (302) 652-3532</p>	<p>Duffy's Hope provides the Ambassador Mentoring Program, Hope Community Garden &amp; Market Initiative, and the Summer Youth Basketball Leagues. The Ambassador program utilizes the Phoenix Curriculum and the Trauma Awareness Suicide Prevention Program (TASP) to deliver services in a group format. The Phoenix Curriculum is an evidence-based gang prevention program that provides youth with effective life and social skills, important to self-efficacy, emotional intelligence, and problem-solving, fosters resilience to ATOD use/abuse, violence, and other antisocial behaviors. In conjunction with the Phoenix curriculum, Duffy's Hope will partner with Delaware-based Embracing Hope LLC, to utilize the Trauma Awareness and Suicide Prevention program to address risk factors related to youth violence and suicide.</p>
<p><b>Hilltop Lutheran</b>  <b>(New Castle County)</b>  <b>1018 W. 6<sup>th</sup> Street</b>  <b>Wilmington, DE 19805</b></p> <p>Matthew Johnson            (302) 293-3198</p>	<p>Youth Services program that provides summer enrichment and Before/After school program designed to keep children engaged in positive activities and enhance their educational achievements throughout the year. We also have a safe haven program which operates Mon-Fri 6pm-9pm designed to provide positive use of leisure time for youth in the community with various athletic/recreational activities. We offer a media/t.v. production program that introduces the participants to hands-on training in the fields of digital video and sound equipment operation, computerized audio and editing program utilization, music engineering, and visual /graphic enhancement. We have empowerment programs for both young men and women focusing on self-respect, community engagement and drug/alcohol prevention. We also offer a Beauty camp which meets twice a week taught by a licensed professional. This program teaches the basics of cosmetology and self-care for young ladies in the community. Our athletic programming consist of Jr. Nba instructional basketball leagues, t-ball, baseball, lacrosse and soccer. We also have a College Bound Program to assist students with SAT preparation and applying for financial assistance. Hilltop also offers a job readiness training programs.</p>
<p><b>The Kingswood Community Center</b>  <b>(New Castle County)</b>  <b>2300 Bowers Street</b>  <b>Wilmington, DE 19802</b></p> <p>Glorita Nunally            (302) 764-9022</p>	<p>Youth Literacy and Prevention program will engage students in five key areas of interest 1. Literacy and academic support, 2. Technology, 3. Arts/Culture, 4. Athletics, and 5. Violence Prevention. Non-traditional sports, new cultural experiences, and unique field trips are a part of the composition of the program. We will also host an artist in residence to provide fine arts training and exposure to an arts and culture. The program will also partner with the Delaware Center for Justice to provide the Student Warriors Against Guns and Gangs (SWAGG) a juvenile gun and gang violence prevention program. The combination of SWAGG with our literacy program, provides a well-rounded approach to the entire complement of activities we are offering to our youth.</p>
<p><b>Latin American Community Center</b>  <b>(Reading is Fundamental) (New Castle County)</b>  <b>403 N. Van Buren Street</b>  <b>Wilmington, DE 19805</b></p> <p>Wanda Burgos-Rincon            (302) 655-7338</p>	<p>In partnership with SummerColab, the LACC will offer the Reading is Fundamental (RIF) literacy program to low-income youth attending Summer Day Camp. The LACC will supplement this reading curriculum with one-to-one tutoring. RIF is a national evidence-based program designed to improve reading literacy. RIF's goals are to promote early childhood reading literacy, motivate school children to read, bridge the achievement gap and promote multicultural literacy, and prevent the "summer reading slide," in which children who do not read over the summer can lose two months of reading literacy.</p>



## NEW CASTLE COUNTY Continued...

AGENCY/PROGRAM NAME	DESCRIPTION OF PROGRAM
<p><b>Neighborhood House (Neighborhood House Youth Services)</b></p> <p>Alison Windle (302) 658-5404</p>	<p>Youth Services Program will provide a summer enrichment program and a before/after school program to keep children engaged in positive activities and increase their chances of staying in school, making healthier life choices and choosing alternatives to crime, violence, drugs and other delinquent behaviors. The Youth Services Program will implement the evidence-based Positive Action program designed to improve youth academics, behavior, and character. The program addresses diverse problems, such as substance use, violence-related behavior, disruptive behavior, and bullying, as well as social–emotional learning, positive youth development, character, and academics.</p>
<p><b>PAL of Wilmington Life SAVERS Program (New Castle County) 3707 N. Market Street Wilmington, DE 19802</b></p> <p>Wilbert Miller (302) 764-6170</p>	<p>The LifeSAVERS program will implement evidence-based curriculums and incorporate STEM activities. Botvin's LifeSkills Training (LST), a research-validated substance abuse prevention program proven to reduce the risks of alcohol, tobacco, drug abuse, and violence by targeting the major social and psychological factors that promote the initiation of substance use and other risky behaviors will be implemented. The Second Step Violence Prevention curriculum will be implemented to reduce impulsive and aggressive behavior in children and adolescents by increasing their social competency skills. The Lifelines Suicide Prevention curriculum will be used to educate participants on the facts about suicide, information on where to find suicide prevention resources, and the students' role when faced with a suicidal peer.</p>
<p><b>The PAL of Delaware Delaware City S.A.V.E. Suicide and Violence Education (New Castle County) 1800 Philadelphia Pike Wilmington, DE 19809</b></p> <p>Robert Jameson (302) 239-8866</p>	<p>The SAVE program will include evidence-based curriculums from Hazelden Publishing and the Committee for Children regarding violence and suicide prevention. The SAVE Model Programming will also include prevention education, homework support, athletic and mind enriching activities, as well as healthy nutrition, structured classroom activities including STEM, computer instruction, graphic arts, digital photography and film, soft skill development, as well as culturally enriching field trips. SAVE will provide proper nutritional enrichment and education in conjunction with the Food Bank of Delaware, the Colonial School District, and our community garden program.</p>
<p><b>The PAL of Delaware New Castle S.A.V.E. Suicide and Violence Education (New Castle County) 1800 Philadelphia Pike Wilmington, DE 19809</b></p> <p>Robert Jameson (302) 239-8866</p>	<p>The SAVE program will include evidence-based curriculums from Hazelden Publishing and the Committee for Children regarding violence and suicide prevention. The SAVE Model Programming will also include prevention education, homework support, athletic and mind enriching activities, as well as healthy nutrition, structured classroom activities including STEM, computer instruction, graphic arts, digital photography and film, soft skill development, as well as culturally enriching field trips. SAVE will provide proper nutritional enrichment and education in conjunction with the Food Bank of Delaware, William Penn High School, and our community garden program.</p>
<p><b>Pathways (Youth Empowerment Program)</b></p> <p>Coley Harris (302) 573-5073</p>	<p>The Youth Empowerment Program (YEP) is a community-based violence and suicide prevention program. The program core principles are: resiliency and strength-based approaches, restorative practices, physically and emotionally safe environments, trauma-informed care and coordinated care. YEP utilizes Youth Empowerment Solutions (YES) which is an evidence-based community-level violence prevention program that empowers youth to make positive changes in their communities and to work with adults to support their efforts; and Coaching Boys Into Men, an evidence-based curriculum, which is incorporated into sports. In addition, YEP will use Gang Prevention tools from the Phoenix Gang Catalogue (Gang Prevention DVD series and GG MI the Motivational Interviewing Gang Intervention Resource) an OJJDP recommended evidence-based program for gang prevention, intervention, and suppression.</p>

## New Castle County Continued...

AGENCY/PROGRAM NAME	DESCRIPTION OF PROGRAM
<p><b>Peter Spencer Family Life Foundation</b>  <b>(CDF Freedom Schools)</b>  <b>812 N. Franklin Street</b>  <b>Wilmington, DE 19806</b></p> <p>Frances Livingston            (302) 652-9937</p>	<p>The Peter Spencer Family Life Foundation will implement the Children's Defense Fund Freedom Schools program. The program is built upon the Children's Defense Fund Freedom School concept, a "best practice" approach to improving educational outcomes for children. The Freedom Schools have five (5) essential components: high quality academic enrichment, parent and family involvement, social action and civic engagement, intergenerational servant leadership and development, and nutrition, health and mental health.</p>
<p><b>Reeds Refuge Center</b>  <b>(Living with Literacy Summer Reading Program)</b></p> <p>Frederick Reed            (302) 883-7770</p>	<p>The Voyager Passport, a research-based strategic reading intervention for K-5 students reading below grade level through a blended approach of print and technology will be implemented. Voyager Passport accelerates student achievement by targeting the priority skills and strategies learners need to be fluent, on level readers. This program will include teacher-led instruction, student-centered, integrated technology, and offers implementation support services. This literacy program will highlight five major components of reading which is phonics, vocabulary, comprehension, fluency, and phonemic awareness.</p>
<p><b>Reeds Refuge Center</b>  <b>(Creating Safe Spaces for Student to Use their Voices against Violence)</b></p> <p>Frederick Reed            (302) 883-7770</p>	<p>Reed's Summer and Afterschool program will implement the evidence-based Positive Action program designed to improve youth academics, behavior, and character. The program addresses diverse problems, such as substance use, violence-related behavior, disruptive behavior, and bullying, as well as social-emotional learning, positive youth development, character, and academics. Parent engagement will be the primary focus of utilizing this evidence-based program, Positive Action, to increase positive attitudes towards conflict resolution and increase the perception of physical and emotional harm violence causes. An incentive for parents participating in the program will be Parents Night Out where parents are able to receive free childcare until midnight on the predetermined date. The youth will be engaged in recreation and healthy refreshments as their parents have the night off. Centers once a month evening program, of which the parents are able to receive free childcare until midnight on the predetermined date. The youth will be engaged in recreation and healthy refreshments as their parents have the night off.</p>
<p><b>Rose Hill Community Center</b></p> <p>Sheila Berkel            (302) 656-8513</p>	<p>Rose Hill Community Center will implement the evidence-based Ripple Effects Whole Spectrum Intervention System program. Ripple Effects is an interactive, software-based adaptive intervention for students that is designed to enhance social-emotional competencies and ultimately improve outcomes related to school achievement and failure, delinquency, substance abuse, and mental health. Youth will also hear from guest speaker on topics that will help them make informed decisions and choose healthy lifestyles. Fitness classes will be offered to the students, along with educational, cultural and recreational field trips.</p>
<p><b>University of Delaware Cooperative Extension</b>  <b>(4-H Kirk Middle)</b></p> <p><b>Susan Thompkins</b>  <b>(302) 831-8002</b></p>	<p>4-H Cooperative Extension and Kirk Middle School will operate a afterschool program and summer academic and enrichment program. The main program strategy is to provide daily homework help, prevention skill building and hands-on enrichment activities afterschool and during STEAM theme summer program to continue school engagement efforts and prevent summer learning loss. Youth will participate in high interest topics applying technology skills in a fun, real life context that introduces them to their future adult capacity. Within the structured program, participants will gain skills in physical, social, and emotional development using a positive youth development approach of learning with the guidance of caring adult staff and volunteers. Additional support for social development and decision-making skills is provided using the Botvins Life Skills curriculum. The Botvins is a model program that engages youth in prevention discussions and skills practice to reduce the risks of alcohol, tobacco, drug abuse and violence by targeting the major social and psychological factors that promote the initiation of substance abuse and other risky behaviors.</p>

## NEW CASTLE COUNTY Continued...

AGENCY/PROGRAM NAME	DESCRIPTION OF PROGRAM
<p><b>West End Neighborhood House (Summer Reading/Literacy Programming)</b></p> <p>Wesley Davis (302) 658-4171</p>	<p>West End will provide an evidence-based summer reading program Reading is Fundamental Read for Success Curriculum. This evidence-based program is designed to improve reading proficiency and combat summer learning loss. Read for Success is centered around motivating children to read by providing access to high-quality classroom book collections, summer books for students to choose and own, enriching science, technology, engineering, the arts and mathematics-themed classroom activities, professional development for teachers and parent engagement. West End's Summer Camp currently works with the Summer Learning Collab to help identify and serve youth in need of more intensive literacy support. Using the Let's Go Learn research-based diagnostic assessment each participant's level of mastery is gauged, and the lowest-scoring 20% are provided more intensive, one-on-one assistance by leveraging the expertise of the Summer Learning Collab. Let's Go Learn also provides post-tests that measure gains in literacy achieved during the program, the results of which will be provided to West End staff for outcomes reporting purposes. The extra assistance from the Summer Learning Collab will be provided as an add-on support, in addition to the Reading is Fundamental Read for Success curriculum to help ensure those with the greatest need receive the extra attention to put them on an equal footing with their peers.</p>
<p><b>YMCA of Delaware Walnut Street YMCA (Walnut Street Teen's Afterschool and Summer Program)</b></p> <p>Nicole Freedman (302) 571-6927</p>	<p>The Walnut Street YMCA will utilize an evidence-based peer mentoring program, Cross-Age Mentoring Program (CAMP) for Children with Adolescent Mentors. This peer mentoring program benefits both the mentor and the mentee through enhancing connectedness to school, peers, family, and community. CAMP improves academic achievement for the younger participants and increases civic mindedness, self-efficacy, confidence, and self-esteem for the older students. Furthermore, CAMP increases the mentee's ability to effectively manage peer pressure and prevent or reduce violent and delinquent behavior. The program is proven to foster social, emotional, and cognitive development.</p>

## KENT COUNTY

AGENCY/PROGRAM NAME	DESCRIPTION OF PROGRAM
<p><b>Delaware Multicultural and Civic Organization (DEMCO) Reading Instruction Program 403 W. Division Street Dover, DE 19904</b></p> <p>Dr. Michael Casson (302) 346-5308</p>	<p>DEMCO will implement an evidence-based reading program that will provide individualized and small group learning opportunities to students. The core instructional materials and programs utilized by DEMCO are aligned with the State of Delaware's materials and standards. Students will enroll in mandatory core activities and then choose their elective such as Botvin's Life Skills and Cultural Health Ambassadors that focuses on positive youth development by strengthening youths' social/emotional and behavioral competencies or enhancing family functioning or other supportive relationships. Reading is a core course and students will be placed in the reading course based on pretesting, consultation with parents/guardians, school teachers and administrators.</p>
<p><b>Delaware Multicultural and Civic Organization (DEMCO) Afterschool Summer Prevention Program</b></p> <p>Dr. Michael Casson (302) 346-5308</p>	<p>DEMCO will provide two programming tracks. Central Middle School program will include the Books and Basketball program and the 21st Century Program. The Books and Basketball Program is a spinoff of the AAU basketball and prevention program. The evidence-based Botvin's LifeSkills and Athletes Training and Learning to Avoid Steroids (ATLAS) will be implemented. ATLAS is designed for male athletes to deter drug use and promote healthy nutrition and exercise as alternatives to drugs. Life Skills is designed to promote healthy decision making.</p>
<p><b>Inner City Cultural League, Inc. Sankofa After School Program 39 South West Street Dover, DE 19904</b></p> <p>Reuben Salters (302) 883-2180</p>	<p>The Sankofa Afterschool program is designed to influence positive decision making while enhancing life skills, develop coping skills and skills to resist risky behaviors. The ability to utilize refusal skills and gain strategies to deal with daily life situations that are a direct result of this targeted high-risk community. Inner City Cultural League will implement Botvin LifeSkills Training (LST), a research-validated substance abuse prevention program proven to reduce the risks of alcohol, tobacco, drug abuse, and violence by targeting the major social and psychological factors that promote the initiation of substance use and other risky behaviors. The Sankofa Afterschool program has collaborated with Planned Parenthood to provide an evidence based curriculum Making Proud choices to reduce the risk of teen pregnancy, sexual transmitted disease and HIV. The program</p>

will connect with Delaware State University to provide nutrition and physical activity. Youth will also participate in a choir, along with the African dance and drumming company.

**KENT COUNTY continued...**

**YMCA of Delaware - (Dover YMCA Girls in Fitness Together)**

Fiona Mulligan  
(302) 655-0039, EXT. 234

The Dover YMCA After School and Summer Camp program, Girls in Fitness Together (GIFT), provides positive opportunities for females. The program is designed to reduce violence, suicide and behaviors by working to improve self-esteem. Utilizing an evidence-based program called SPORT; participants will establish and achieve fitness goals while increasing positive peer and adult relationships. Youth will build confidence and self-efficiency through positive reinforcement, physical activity, leadership and prevention workshops. The leadership and prevention workshops address topics including nutrition, stress management, the power of goal-setting, healthy relationships, substance abuse prevention and finding balance in school, friends, sports and life. Nutrition coaching, small group fitness training, swimming, group exercise classes, bully prevention, stretching and relaxation are covered throughout the weekly sessions. A healthy meal and time to socialize provides opportunities to build interpersonal skills and make lasting friendships.

**SUSSEX COUNTY**

**AGENCY/PROGRAM NAME**

**DESCRIPTION OF PROGRAM**

**YMCA of Delaware-Sussex**

Nicole Freedman  
(302) 571-6927

The Sussex YMCA will Utilizing an evidence-based program called SPORT, participants establish and achieve fitness goals while increasing positive peer and adult relationships. Youth build confidence and self-efficiency through positive reinforcement, physical activity, leadership and prevention workshops. The leadership and prevention workshops address topics including nutrition, stress management for youth, the power of goal-setting, healthy relationships, substance abuse prevention and finding balance in school, friends, sports and life. Nutrition coaching, small group training, swimming, group exercise classes, bully prevention, stretching and relaxation will be covered throughout the weekly sessions. During the summer months, participants will give back to the community through service learning projects.

## MULTIPLE COUNTIES

AGENCY/PROGRAM NAME	DESCRIPTION OF PROGRAM
<p><b>Big Brothers Big Sisters Afterschool Mentoring Services (All Counties)</b>  <b>6 Larch Avenue</b>  <b>Wilmington, DE 19804</b></p> <p>Mary P. Fox  (302) 998-3577</p>	<p>Big Brother Big Sisters will implement its evidence-based, one to one developmental mentoring model to foster the development of youth. One to one mentoring services for at-risk youth. Group mentoring for LGBT youth through Gay, Straight Alliances partnerships. Recreational/cultural educational activities for youth, their families and mentors. Afterschool Social events for LGBTQ teens.</p>
<p><b>Boys &amp; Girls Clubs of Delaware - T.I.T.A.N (Teens Inspired To Act Now) Program (Current)</b></p> <p>Suchi Hiraesave  (302) 674-3313</p>	<p>Friday night Teen Inspired to Act Now (TITAN) programming will occur at 5 sites. Programming includes Positive Action, a systematic educational evidence based program that promotes intrinsic interest in learning and encourages cooperation among students. It works by teaching and reinforcing the intuitive philosophy that you feel good about yourself when you do positive actions. The effects of the program range from increased academic achievement to dramatic reductions in problem behaviors. Just (Ice) In Time training seminars for teenagers and young adult males of color that utilizes real life situations and role play. Keystone Clubs for teens to gain leadership and service experience. Teen Town Halls will be held to know what it takes to bring teens to the clubs. Teen Scene Events with celebrity speakers and prevention messages and field trips will be planned.</p>
<p><b>Boys &amp; Girls Club - Reading is Fundamental (RIF)</b></p> <p>Suchi Hiraesave  (302) 674-3313</p>	<p>Reading is Fundamental is an evidence-based literacy program. It provides access to high quality books, evidence-based activities that reinforce the content of the books and encourages parent involvement. The books and curriculum guide are age appropriate and address culturally competency through stories, language used, concepts and subject addressed.</p>
<p><b>The Summer Learning Collaborative, Inc.</b></p> <p>Laura Sindoni  (484) 362-7534</p>	<p>The Summer Learning Collaborative will implement a summer literacy program and expand their reading intervention program. In partnership with local community-based agencies, high-quality literacy opportunities for kids will be provided. The literacy programming combines a Response to Intervention (RTI) model with other evidence-based practices to best meet campers' precise and unique needs. RTI is a multi-tier approach to the early identification and support of students with learning and behavior needs. In the traditional school model, Tier I students are identified as those who do not require additional support outside of the regular classroom/learning environment. Tier II students are those not making adequate progress in the regular learning environment, who receive targeted interventions through small group setting. Tier III receive individualized, intensive interventions that target the students' skill deficits. Tier III students who do not achieve the desired level of progress in response to these targeted interventions are then referred for a comprehensive evaluation and considered for eligibility for special education services.</p>
<p><b>YWCA Delaware Inc. (Youth Program)</b></p> <p>Nicole Freedman  (302) 571-6927</p>	<p>YWCA will provide evidence-based practices to reduce youth violence and increase positive opportunities for girls in the form of building self-esteem and respect. This will be implemented in the form of workshops during class time, lunch and afterschool. Our primary evidence-based curriculum will be Girls Circle, a specific tract of One Circle is a structures support group that integrates relational theory, resiliency practices, and skills training designs to increase positive connection, personal and collective strength and competence in girls.</p>

*Extended Hours Programs*

**Wilmington Extended Hours Summer Programs 2020**  
**Extended Hours will start June, 2020 and will end by September 30, 2020**

Provider	Location	Contact	Hours offered
Wilmington Pal	3707 Market Street Wilmington DE 19805	Tawana Ricks (302)764-6170 <a href="mailto:Tawana.ricks@palw.org">Tawana.ricks@palw.org</a>	Tuesday 8pm-10pm Thursday 8pm-10pm Saturday 8pm-10pm
Kingswood Community Center	2300 Bowers Street Wilmington, DE 19802	Shardae White (302) 764-9022 <a href="mailto:swhite@KGWCC.org">swhite@KGWCC.org</a>	Tuesday Open till 11:00pm Wednesday Open till 9:00pm Friday Open till 9:00pm
H. Fletcher Brown Boys and Girls Club Michael Crumble, Director	1601 N. Spruce Street Wilmington, DE 19802	Kerry Johnson (302) 656-1386 <a href="mailto:kjohnson@BGClubs.org">kjohnson@BGClubs.org</a>	Tuesday thru Friday 6:30pm to 9:30pm
Walnut Street YMCA	1000 N. Walnut Street Wilmington, DE 19801	Kristina Woznicki (302) 472-9622, ext. 115 Anesha Truesdale <a href="mailto:atruesdale@ymcade.org">atruesdale@ymcade.org</a> <a href="mailto:kwoznicki@ymcade.org">kwoznicki@ymcade.org</a>	Tuesday 7:00pm to 9:00pm Thursday 7:00pm to 9:00pm Saturday 9:30am to 9:00pm
Neighborhood House	1218 B Street Wilmington, DE 19801	Cynthia Williams (302) 658-5404 <a href="mailto:cwilliams@neighborhoodhse.org">cwilliams@neighborhoodhse.org</a>	Monday 6:30p.m. to 8:30p.m. Fridays 6:30p.m. to 8:30p.m. Saturday 6:30p.m. to 8:30p.m.
Latin American Community Center	403 N. Van Buren Street Wilmington, DE 19805	Wanda Burgos-Rincon (302) 655-7338 <a href="mailto:Wburgos-rincon@thelatincenter.org">Wburgos-rincon@thelatincenter.org</a>	Wednesday Thursday Friday 5:30pm to 8:30pm
William Hicks Anderson Community Center	501 N. Madison Street Wilmington, DE 19801	Corey Wallace (302) 494-2147 <a href="mailto:cdwallace@wilmingtonde.gov">cdwallace@wilmingtonde.gov</a>	Friday 8-10pm Saturday Noon-4pm Sunday 11am-3pm
Hilltop Lutheran Neighborhood Center	1018 West 6 <sup>th</sup> Street Wilmington DE 19802	Matthew Johnson (302) 656-3224 <a href="mailto:Matthew.johnson@hilltoplnc.org">Matthew.johnson@hilltoplnc.org</a>	Tuesday thru Friday 5:30pm-9:00pm
Fraim's Boys & Girls Club	669 S. Union Street Wilmington DE 19805	Rachel Kane Amanda Bottom, Teen Director (302) 655-4591 <a href="mailto:rkane@bgclubs.org">rkane@bgclubs.org</a> <a href="mailto:abottom@bgclubs.org">abottom@bgclubs.org</a>	Tuesday thru Friday 6:30pm to 9:30pm
West End Neighborhood House	710 N. Lincoln Street Wilmington, DE 19805	Kenyetta McCurdy-Byrd Lynn Gallimore (302) 658-4171 <a href="mailto:kmccurdybyrd@westendnh.org">kmccurdybyrd@westendnh.org</a> <a href="mailto:lgallimore@westendnh.org">lgallimore@westendnh.org</a>	Thursday 5:30pm to 10:30pm Friday 5:30pm to 10:30pm Saturday 4:00pm to 6:00pm

*For more information contact: Yvonne Bunch (302) 633-2513 or [Yvonne.Bunch@delaware.gov](mailto:Yvonne.Bunch@delaware.gov)*