The Delaware Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Roster

What is the Delaware TF-CBT Roster?

Family members, professionals and members of the public can use this roster to find a trained specialist in the treatment of child and family trauma.

The roster is a publicly available listing of trainees and successful program graduates of the Delaware Children’s Department’s Division of Prevention and Behavioral Health Services (DPBHS). DPBHS has a clinical training program designed to train mental health professionals with at least a master’s degree and experience to use the Trauma-Focused Cognitive Behavioral Therapy intervention developed by Esther Deblinger, Ph.D., Judith Cohen, M.D. and Anthony Mannarino with fidelity to the model. DPBHS has trained clinicians in this treatment to provide effective, trauma-specific treatment for children with physical and/or sexual abuse, neglect, a history of witnessing violence (community or domestic violence) or experience with a traumatic event (e.g. car accident).

Symptoms of child traumatic stress include but are not limited to:

- Repeated, upsetting memories of the traumatic event
- Flashbacks, reliving the experience
- Very upset by sights, sounds, smells which trigger memory of the traumatic event
- Avoiding places or people that are reminders of the event
- Being easily startled
- Showing very little emotion, seeming “numb” regarding the event
- Frequent nightmares
- Difficulty sleeping
- Difficulty concentrating
- Lack of interest in usual activities or personal relationships they once enjoyed

TF-CBT is a psychosocial treatment model designed to treat posttraumatic stress and related emotional and behavioral problems in children and adolescents and is listed as an evidence-based practice on the U.S. Substance Abuse and Mental Health Services Administration website: the National Registry of Evidence-based Programs and Practices (NREPP) with a quality of research rating of 3.8 on a scale of 4.0. The link to that website for TF-CBT is: http://www.nrepp.samhsa.gov/

For general information about child traumatic stress, the website of the National Child Traumatic Stress Network (federally funded organization) is www.nctsn.org. It has information specifically designed for interest groups like parents, schools, etc... DPBHS is a member of the NCTSN and the training provided to Delaware clinicians is part of a very competitive federal grant obtained by DPBHS.

Disclaimer: As a public service, the Division of Prevention and Behavioral Health Services of the Delaware Children’s Department has developed this roster which contains a list of trainees and graduates it has trained in TF-CBT. Neither DPBHS nor its providers nor its funders provide official endorsement of the clinicians included on our roster. This listing of clinicians is available for information purposes only; this listing is not meant to replace consultation with your physician or mental health professional. The views and opinions of clinicians listed do not necessarily state or reflect those of DPBHS or the State of Delaware.

Updated: April 28, 2021

RSB
# The Delaware Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Roster*

*Clinicians with an asterisk by their names (*) will accept referrals of YOUNG CHILDREN and have received additional training in using TF-CBT with young children.*

Unless otherwise indicated, **ALL clinicians on this roster accept third party payment as well as Medicaid Managed Care as payment for services.**

<table>
<thead>
<tr>
<th>Clinician Name</th>
<th>Clinical Title</th>
<th>Organization</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alatur, Oya</td>
<td>Oya Alatur, LCSW</td>
<td>Delaware Guidance Services</td>
<td>1213 Delaware Avenue, Wilmington, DE 19806</td>
<td>302-652-3948</td>
<td><a href="mailto:olatur@jfsdelaware.org">olatur@jfsdelaware.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Berkel, Kier</td>
<td>Kier Berkel, LPCMH</td>
<td>Affordable Psychotherapy</td>
<td>19 Lambsen Lane, New Castle, De 19720</td>
<td>302-740-8996</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aviles, Yvette</td>
<td>Yvette Aviles, LPCMH, NCC</td>
<td>Delaware Guidance Services</td>
<td>103 Mont Blanc Boulevard, Dover, DE 19904</td>
<td>302-678-3020, ext. 3435</td>
<td><a href="mailto:yaviles@delawareguidance.org">yaviles@delawareguidance.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bloomer, Anna</td>
<td>Anna Bloomer, LCSW</td>
<td>St Francis Family Practice</td>
<td>701 N. Clayton St, Suite 200, Wilmington De 19805</td>
<td>302-575-8040</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Basel, Charles</td>
<td>Charles H. Basel III MAPC</td>
<td>Fellowship Health Resources</td>
<td>505 W. Market St, Suite 110, Georgetown, De 19947</td>
<td>302-722-3559</td>
<td><a href="mailto:cbasel@fhr.net">cbasel@fhr.net</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Boone, Malia</td>
<td>Malia Boone, LPCMH</td>
<td>Delaware Guidance Services</td>
<td>103 Mount Blanc Blvd., Dover, DE 19901</td>
<td>302-678-3020</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chambers, Cheryl</td>
<td>Cheryl Chambers, LCSW</td>
<td>New Beginnings Family Svcs.</td>
<td>203 NE Front St., Ste. 103, Milford, DE 19963</td>
<td>302-422-2888</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chandler, Jordyn</td>
<td>Jordan Chandler, LPCMH, NCC</td>
<td>Delaware Guidance Services</td>
<td>103 Mont Blanc Blvd., Dover, DE 19904</td>
<td>302-678-3020</td>
<td><a href="mailto:jchandler@delawareguidance.org">jchandler@delawareguidance.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beltran, Karen</td>
<td>Karen Beltran, MSW</td>
<td>Family Counseling Center of St. Pauls</td>
<td>301 N. Van Buren Street, Wilmington, DE 19805</td>
<td>(302) 576-4136</td>
<td><a href="mailto:Karen@stpaulscounseling.org">Karen@stpaulscounseling.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bennett, Stav*</td>
<td>Stav Bennett, LPCMH</td>
<td></td>
<td>1991 S. State St, Dover, DE 19901</td>
<td>302-897-5419</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Updated: April 28, 2021
RSB

**Not a DPBHS provider**
<table>
<thead>
<tr>
<th>Name</th>
<th>Title and Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cherry, Kathleen</td>
<td>Kathleen Cherry Psy.D., Mid-Atlantic Behavioral Health 910 South Chapel St. Suite 102 Newark, DE 19713, Phone: 302-224-1400</td>
</tr>
<tr>
<td>Coleman, Norwood</td>
<td>Norwood Coleman, Jr., LCSW Embracing Hope, LLC Newport, DE 19804, Phone: 302-981-2763 **Not a DPBHS provider</td>
</tr>
<tr>
<td>Cook-Fasano, Terri</td>
<td>Hazel “Terri” Cook-Fasano, LCSW ChristianaCare School-Based Health Centers 122 Silver Lake Road Middletown, DE 19709, Phone: 302-696-3140</td>
</tr>
<tr>
<td>Cooper, Dennis</td>
<td>Dennis Cooper, M.A., Delaware Guidance Services 103 Mont Blanc Blvd. Dover, DE 19904, Phone: 302-678-3020</td>
</tr>
<tr>
<td>Corbett, Doris</td>
<td>Doris Corbett, LPCMH, M.Ed Hand in Hand Counseling 523 Capitol Trail Newark De. 19711, Phone: 302-763-3337</td>
</tr>
<tr>
<td>Cottman, Alicia</td>
<td>Alicia Cottman Catholic Charities 2601 W. 4th Street Wilmington, DE 19805, Phone: 302-655-9624 (ages 12+)</td>
</tr>
<tr>
<td>Darby, Lisa</td>
<td>Lisa Darby, LCSW Mid Atlantic Behavioral Health 910 South Chapel St. Ste.102 Newark, DE 19713, Phone: 302-224-1400</td>
</tr>
<tr>
<td>Dash, Danielle</td>
<td>Danielle Dash, LPCMH Delaware Guidance Services 103 Mount Blanc Boulevard Dover, DE 19904</td>
</tr>
<tr>
<td>Dennison, Kally</td>
<td>Kally Dennison, MA ACTP Outpatient Therapist Delaware Guidance Services 103 Mont Blanc Boulevard Dover, DE 19904, Phone: 302-678-3020, ext. 3328</td>
</tr>
<tr>
<td>Dukes, Jeanne Doe</td>
<td>Jeanne Doe Dukes, LCSW Embracing Hope, LLC Newport, DE 19804, Phone: 302-981-2763 **Not a DPBHS provider</td>
</tr>
<tr>
<td>Farside, Brenda</td>
<td>Brenda Farside, LCSW DBA Kindred Counseling 3519 Silverside Road Ridgely 101-B Wilmington, DE 19810, Phone: 302-438-2796 **Not a DPBHS provider</td>
</tr>
<tr>
<td>Figueroa, Giannina</td>
<td>Giannnina Figueroa, LACMH Open Door 254 E. Main St., Ste. 100 Newark, De. 19711, Phone: 302- 731-1504</td>
</tr>
<tr>
<td>Fitzgerald, Lindsay</td>
<td>Lindsay Fitzgerald, LCSW Delaware Guidance Services 31168 Learning Lane Lewes, DE 19958, Phone: 302-645-5338</td>
</tr>
<tr>
<td>Fitzgerald, Lindsay</td>
<td>Lindsay Fitzgerald, LCSW Courageous Hearts, LLC 17054 Fitzgeralds Road Lincoln, DE 19960, Phone: 302-593-1378</td>
</tr>
<tr>
<td>Gonzalez, Ada</td>
<td>Ada Gonzalez, Ph.D. The Mind and Body Consortium 151 Walker Road Dover, DE 19904, Phone: 302-674-2380</td>
</tr>
</tbody>
</table>

Updated: April 28, 2021

RSB
Handwerk, Leah
Leah Handwerk, MSW
Children and Families First DE
809 Washington Street
Wilmington, DE
leah.handwerk@cffde.org
Phone: 302-690-3246

Hayes, John
John Hayes
Children and Family First
410 S. Bedford St.
Georgetown, DE. 19947
Phone: 302-856-2388

Hemmerich, Antoinette
Antoinette Hemmerich, LPCMH
117 Schley Avenue
Lewes, DE 19958
Phone: 302-260-0605

Hynson, Shanette
Shanette Hynson, LPCMH
Seaford House
400 N. Market St.
Seaford, DE 19973
Phone: 302-629-2996

Jester, Tiffany
Tiffany Jester, MS, NCC
Delaware Guidance Services
103 Mont Blanc Boulevard
Dover, DE 19904
Phone: 302-678-3020

Johnston, Michelle
Michelle Johnston, MA, LPCMH
Mind and Body Consortium
995 N. Dupont Road
956 S. State Street
Dover, DE 19901
Phone: 302-424-1322

Jones, Wade G.
Wade G. Jones, LPCMH, LCDP, CAADC, CCS
Alternative Solutions Consulting Group, LLC
29849 Plantation Drive
Millsboro, DE 19966
302-542-3586 (T)
866-648-7571 (F)

Kotak, Geeta
Geeta Kotak, LCSW
A Seed of Hope Counseling
1601 Milltown Road, Suite 1
Wilmington De 19808
Phone: 484-971-7651

Lanouette, Christina
Christina Lanouette, LCSW
Center for Mental Wellness
121 W. Loockerman St.
Dover, DE 19904
Phone: 302-674-1397

Lonergan, Linda
Linda Lonergan, LPCMH, MS, NCC
2644 Kirkwood Hwy
Newark, De 19711
302-593-4419

Luther, Nicole
Nicole Luther, MA, ATR-BC, LPAT
Children and Families First
410 South Bedford Street
Georgetown, DE 19947
nicoleluther@cffde.org
Phone: 302-545-2734

Maldonado, Danielle
Danielle Maldonado, LPCMH, NCC
Delaware Guidance Services
900 Health Services Drive
Seaford, DE 19973
Dmaldonado@delawareguidance.org
Phone: 302-262-3505, ext. 5242

Mason, Larita
Larita Mason, M.A., NCC
Jewish Family Services
99 Passmore Dr.
Wilmington, De. 19803
Phone: 302-478-9411

McLaughlin, Peggy
Peggy McLaughlin, MSCC
Catholic Charities
2601 W. 4th Street
Wilmington, DE 19805
Phone: 302-655-9624
(ages 12+)

Miller, Deborah*
Deborah Miller, LCSW
Lighthouse Therapy Center

Updated: April 28, 2021
RSB
Moores, Stephen*
Stephen Moores, MC, LPCMH
Delaware Guidance Services
Polly Drummond Office Park
Building 1, Suite 1208
Newark, DE 19711
Phone: 302-455-9333
** Not a DPBHS provider

Morrison, Pam
Pam Morrison LPCMH, NCC
New Directions Consulting Group, LLC
951 Forest Street
Dover, DE 19901
Phone: 302-674-5200
** Not a DPBHS provider

Mullen, Julius
Julius Mullen, Sr., Ed.D., LPCMH
Children and Families First
410 S. Bedford St
Georgetown, DE 19947
Phone: 302-856-2388
Julius.mullen@cffde.org
** Not a DPBHS provider

Mullen, Natasha
Natasha Mullen, M.ED, LPCMH
1330 Middleford Rd., Suite 302
Seaford, DE 19973
Phone: 302-536-1395
milestoneconsultants@comcast.net

Munday, Michele
Michele Munday, LPCMH, NCC
Delaware Guidance Services
103 Mont Blanc Blvd.
Dover, DE 19904
Phone: 302-678-3020, ext. 3428
mmunday@delawareguidance.org

Murphy, Terri
Terri Murphy, LSW
Delaware Guidance Services
Stockton Building
261 Chapman Road
Newark, DE 19713
302-455-9333
tmurphy@delawareguidance.org

Myers, Brandy
Brandy Ash Myers, NCC
Delaware Psychological Services
321 Stein Highway
Lewes, DE
Phone: 302-593-2550

Mullan, Edith
Mid Atlantic Behavioral Health
910 South Chapel St., Ste. 102
Newark, DE 19713
Phone: 302-224-1400

Redman-Brown, Robin
Robin Redman, LPCMH
The Delaware Family Center
3608 Lancaster Pike
Wilmington, DE 19805
Phone: 302-932-0921
*** Not a DPBHS Provider
redmanbrown@comcast.net

Repka, Denise
Denise Repka, LCSW
## Growth and Change Counseling
- **Address**: 1500 Shallcross Ave., Ste. 2
- **City**: Wilmington, DE 19806
- **Phone**: 302-598-0531
- **Ages**: 15+
- **Note**: Not a DPBHS provider

### Therapists
- **Rose, Roxana**
  - **Status**: LCSW
  - **Organization**: Delaware Guidance Services
  - **Address**: 1213 Delaware Avenue
  - **City**: Wilmington, DE 19806
  - **Phone**: 302-652-3948
  - **Language**: Spanish-speaking bilingual

- **Smith, Perrin**
  - **Status**: LCSW
  - **Organization**: Henlopen Behavioral Health
  - **Address**: 1632 Savannah Rd., Unit 5
  - **City**: Lewes, DE 19958
  - **Phone**: 302-644-1224
  - **Note**: Not a DPBHS provider

- **Snyder, Kathryn**
  - **Status**: LCSW
  - **Organization**: KNS Counseling Services
  - **Address**: 113 West North Street
  - **City**: Georgetown, DE 19947
  - **Phone**: 302-381-7283
  - **Email**: knscounselingservices@live.com

- **Stamatiadis, Polixeni Jenny**
  - **Status**: LCSW
  - **Organization**: Growth and Challenge Counseling
  - **Address**: 1500 Shallcross Ave., Ste. 2
  - **City**: Wilmington, DE 19806
  - **Phone**: 302-598-0531
  - **Ages**: 15+
  - **Note**: Not a DPBHS provider

- **Sullivan, Michelle**
  - **Status**: LPCMH, CCDP-D, CAADC
  - **Organization**: A Center for Mental Wellness
  - **Address**: 25 S. Old Baltimore Pike, Ste. 201
  - **City**: Christiana, DE 19702
  - **Phone**: 302-266-6200
  - **Email**: msullivan@acfmw.com

## Christiana Care School-Based Health Centers
- **Location**: William Penn High School
- **Address**: 713 E. Basin Road
- **City**: New Castle, DE 19720
- **Email**: Edith.anenih@christianacare.org
- **Phone**: 404-855-1573

### Therapists
- **Thompson, Kimberly**
  - **Status**: M.S.
  - **Organization**: A Center for Mental Wellness
  - **Address**: 121 W. Loockerman St.
  - **City**: Dover, DE 19904
  - **Phone**: 302-674-1397
  - **Note**: CURRENTLY ON MATERNITY LEAVE

- **Vaughn, Mary**
  - **Status**: Psy.D.
  - **Organization**: Atlantic Psych Associates
  - **Address**: 24 Hiawatha Lane
  - **City**: Dover, DE 19904
  - **Phone**: 302-678-0213
  - **Note**: Not a DPBHS Provider

- **Vial, Theresa**
  - **Status**: MSW
  - **Organization**: Children and Families First DE
  - **Address**: 91 Wolf Creek Boulevard
  - **City**: Dover, DE 19901
  - **Email**: Theresa.vial@cffde.org
  - **Phone**: 302-545-3470

- **Winder, Teneshia**
  - **Status**: Ph.D.
  - **Organization**: Children and Family First
  - **Address**: 91 Wolf Creek Boulevard
  - **City**: Dover, DE 19901
  - **Phone**: 302-674-8384

---

**Updated**: April 28, 2021

RSB