



DSCYF
Department of Services for
Children, Youth & Their Families

Division of Prevention & Behavioral Health Services
"Resilient children and families living in supportive communities."

PREVENTION SERVICES

2026

Steven Yeatman, Cabinet Secretary
*Department of Services for Children,
Youth and Their Families*

Dr. Aileen Fink, Division Director
Prevention and Behavioral Health Services

Dr. Stephanie Traynor, Deputy Director
Prevention and Behavioral Health Services

Shelly Lazorchak, LCSW
Director of Prevention Services

*Department of Services for Children, Youth and Their Families
1825 Faulkland Road
Wilmington, DE 19805*

Crisis Services: 1-800-969-HELP (4357), 24/7 Crisis Text Line: Text DE to 741741

DPBHS Access/Intake Unit: 1-800-722-7710

Prevention Helpline: (302) 633-2680 – M-F 8:30am-4:30pm

<http://www.kids.delaware.gov>

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DIVISION OF PREVENTION & BEHAVIORAL HEALTH SERVICES
(DPBHS or Prevention Services)

Shelly Lazorchak, Director of Prevention Services

Prevention Services

DPBHS provides an array of prevention services in which all children, youth and families are able to participate. Prevention Services are directed towards promoting health and wellness and to prevent child abuse and neglect, dependency, juvenile delinquency, truancy, tobacco/drug/alcohol use, domestic violence, and other risky behaviors. Children and families are not required to be active with DPBHS treatment services to benefit from Prevention Services. Connecting children and families with Prevention Services, programs and resources is an expectation of DPBHS providers. Please call our Prevention Helpline at 302-633-2680 (*during regular business hours only*) or email our Prevention Inquiries Mailbox at: PBHS_Prevention_Inquiries@delaware.gov.

Promoting Safe and Stable Families Program (PSSF)

The Promoting Safe and Stable Families (PSSF) Program is a community-based, statewide family support and family preservation service which provides family-centered, case-management services to families who have at least one or more child(ren) 17 years old and younger residing with them or in pursuit of visitation or custody (when safety is not a concern) and who are vulnerable based on life circumstances including trauma exposure, violence exposure, underemployment or unemployment, food insecurity, household mental illness or addiction, household member with complex medical needs or disabilities, housing instability or other life stressors that may lead to child maltreatment.

Families are guided through self-assessment, examining concerns and developing awareness and plan of how to reduce or resolve concerns. The program participants, through the consultation process, are supported in building and enhancing their ability to assess their core needs, establishing a plan to address those needs and enhance awareness of both informal and formal supports/resources available to provide needed support to the family.

The family coach and the participant assess the family's coping skills, determining if the family can benefit from parent enrichment and positive behavior support skills. The family coach helps the participant take the lead in developing a family support network, establish a plan to decrease stressors, and promote healthy development and linkages to the appropriate services, such as parenting education, parent support groups or child behavior intervention services, employment training, skill building, supporting gainful employment, substance use treatment, mental health treatment and a stable living environment.

The program builds family strengths, increases family stability, provides opportunities to improve the parent's capacity to meet their children's needs and focuses on prevention and early intervention services that alleviates family crisis and stressors to reduce the likelihood of child maltreatment and enhance child well-being, building the caregivers ability to manage and meet the needs of the family.

Promoting Safe and Stable Families (PSSF) Service Goals

- Increasing family resilience and building protective factors
- Decreasing parental stressors
- Promoting substance misuse prevention strategies
- Supporting financial independence and wellness
- Promoting mental, physical, and nutritional health and wellness
- Increasing self-efficacy in various aspects of parenting

*PSSF is funded by Title IV-B, Subpart 2.

For more information, please call our Prevention Helpline at 302-633-2680 (*during regular business hours*) or email our prevention mailbox at: PBHS_Prevention_Inquiries@delaware.gov

Fatherhood Engagement Program

The Fatherhood Engagement Program, is statewide, similar to PSSF, which provides community-based father or male caregiver support and preservation services to fathers who have at least one or more child(ren) 17 years old and younger residing with them; or in pursuit of visitation or custody when safety is not a concern); and who are vulnerable based on life circumstances; including trauma exposure, violence exposure, underemployment or unemployment, food insecurity, household mental illness or addiction, household member with complex medical needs or disabilities, housing instability or other life stressors that may lead to child maltreatment.

Fathers/ male caregivers are guided through a self-assessment, examining concerns and developing an awareness and plan of how to reduce or resolve concerns. The program participants, through the consultation process, are supported in building and enhancing their ability to assess their core needs, establishing a plan to address those needs and enhance awareness of both informal and formal supports/resources available to provide needed support to the family.

The Fatherhood Engagement Specialist (FES) and the father/ male caregiver assess the family's coping skills, determine if the family could benefit from parent enrichment and positive behavior support skills. The FES helps the participant take the lead in developing a family support network, establish a plan to decrease stressors, and promote

healthy development and linkages to the appropriate services, such as parenting education, parent support groups or child behavior intervention services, employment training, skill building, supporting gainful employment, substance use treatment, mental health treatment and a stable living environment.

The program builds on the father's and family strengths, increases stability, provides opportunities to improve the parent's capacity to meet their children's needs and focuses on prevention and early intervention services that alleviates family crises and stressors to reduce the likelihood of child maltreatment and enhance child well-being, building the fathers ability to manage and meet the needs of the family.

Fatherhood Engagement Program Service Goals:

The goals of the Fatherhood Engagement Program are to prevent and reduce child abuse, neglect, and maltreatment by:

- Encouraging father involvement and active participation.
- Increasing father and family resilience and building protective factors.
- Decreasing parental stressors.
- Promoting substance misuse prevention strategies.
- Supporting financial independence and wellness.
- Promoting mental, physical, and nutritional health and wellness.
- Increasing self-efficacy in various aspects of parenting.

**Fatherhood Engagement Program is funded by Title IV-B, Subpart 2.*

For more information, please call our Prevention Helpline at 302-633-2680 (*during regular business hours*) or email our prevention mailbox at: PBHS_Prevention_Inquiries@delaware.gov

Delaware Fatherhood Initiative Delaware Fatherhood and Family Coalition (DFFC)

The Delaware Family and Fatherhood Coalition (DFFC) is an initiative derived from the Promoting Safe and Stable Families Program priority programing: Healthy Adult Relationship – Fatherhood. Research suggests positive and frequent father-child contact is associated with better socio-emotional and academic function. Focusing on this protective factor, the DFFC is committed to building a sustainable partnership that champions fathers' involvement in the lives of their children and strengthening healthy adult relationships, specifically effective co-parenting.

The DFFC is an advocacy group and resource hub representing a united change agent in Delaware. DFFC serves as a protective factor by supporting father engagement (when safety is not an issue of concern) and providing information and referral resources to families. DFFC is a shared collaborative effort involving the state, contracted service providers and the community addressing responsible fatherhood and healthy adult relationships statewide, servicing populations at greatest risk of maltreatment.

DFFC Goals and Overview:

The DFFC continues to set a foundation for community involvement, thus activating the public/private/social organizations participation in the DFFC's strategic priorities, which are:

1. Promote Father Involvement as a Positive Influence by increasing community awareness of the importance of and commitment to father involvement and positive male role models in the lives of children.
2. Provide Education and Technical Assistant Opportunities by providing positive parenting strategies, fatherhood and healthy adult relationship educational opportunities and technical assistance to increase the capacity of the community to support father involvement.
3. Promote Fatherhood and Healthy Adult Relationships (Co-Parenting), Positive Parenting Strategies and other Family Strengthening and Family Preservation Services and activities through providers and DFFC community members.

**DFFC is funded by Title IV-B, Subpart 2.*

For more information, please call our Prevention Helpline at 302-633-2680 (*during regular business hours*) or email our prevention mailbox at: PBHS.Prevention.Inquiries@delaware.gov

Birth to Three - (B23)

Birth to Three (B23) is an Early Intervention program designed to provide Service Coordination and family support on behalf of children ages birth to three with developmental delays and/or disabilities in compliance with Part C - Individuals with Disabilities Education Act (IDEA) Regulations. The program's mission is to enhance the development of infants and toddlers with disabilities or developmental delays through a coordination of care and team approach on behalf of families to meet the needs of their children referred for services.

For more information in New Castle County contact: B23- DFS Liaison, Keisha Daniels (302) 476-0666 keisha.daniels@delaware.gov

In Kent & Sussex County contact: B23- DFS Liaison – Jenitza Johnson 302-502-1203 jenitza.johnson@delaware.gov

Intensive Family Consultation (IFC)

Intensive Family Consultation (IFC) is a short-term, community-based Family Preservation /Family Support service that uses an interactive ‘one on one’ consultation prevention approach. IFC is strength-based, building upon family protective factors to reduce risk and combat negative outcomes.

IFC provides supportive services to at-risk families experiencing a range of challenges. Services are available to families with at least one minor residing in the home, and a caregiver who can provide informed consent for treatment. IFC may serve any family with children who could benefit from consultation and connection to a variety of resources, including families new to the Department of Services for Children, Youth and Their Families (DSCYF) or those with more complex needs already involved with other child-serving systems.

Families served may face parent-child conflict, substance misuse, family instability (such as homelessness, single-parent or blended family stressors), social isolation, unresolved mental health needs, and limited access to support and resources. IFC follows System of Care principles, providing services that are culturally responsive, child-centered, family-focused, community-based, and coordinated to ensure seamless support.

Goals of IFC Services:

1. Empower families and build skills allowing them to better care for and protect their children.
2. Improve family functioning.
3. Build connections to various informal support networks within the community.
4. Develop self-advocacy skills.
5. Reduce and eliminate problem behaviors and family relational patterns.

****IFC Services are provided statewide by the DPBHS staff.***

For more information, please call our Prevention Helpline at 302-633-2680 (*during regular business hours*) or email our prevention mailbox at: PBHS_Prevention_Inquiries@delaware.gov

Separating and Divorcing Parent Education Program (SDPE)

Separating and Divorcing Parenting Education (SDPE) is a parent education program, informational course to educate parents about the impact of family restructuring on children (due to divorce) and to give parents basic tools to understand their child(ren)'s behavior and needs so that the harmful effects of divorce can be minimized. Parenting Education classes are provided statewide to program participants through Certified Community Providers. Self-paced Parenting Education classes can also be accessed online at <https://DE.OnlineParentingPrograms.com>. Community Providers are certified by the Division of Prevention and Behavioral Health Services (DPBHS), upon submission of a formal proposal whose curriculum must demonstrate that it meets the Educational criteria based on the following program components related to:

- Helping children cope with divorce/separation.
- Dealing with ex-spouses around parenting issues.
- Strategies for coping with new family structures.
- Coping strategies for positive interactions with family

SDPE Legal Mandate: On July 18, 1996, Delaware passed a law mandating divorcing parents with children up to age 17 to attend a parenting education course. Additionally, the course will specifically provide information regarding domestic violence, its prevention, and effect upon children. For reference, see Senate Bill 288, Title 13, Section 1507 of the Delaware Code, subsection (h), as signed by Governor Thomas R. Carper. All programs must be certified by the Department of Services for Children, Youth and Their Families, Division of Prevention and Behavioral Health Services (DPBHS). The law also requires that people with a history of domestic violence complete parenting education classes specifically addressing those issues.

Goals of Separating and Divorcing Parent Education Program:

1. To help educate parents regarding the effects of divorce/separation upon their children.
2. To help both parties minimize the harmful effects on their children, whenever possible.

For more information contact: <https://DE.OnlineParentingPrograms.com> or contact a provider directly. A list of providers can be found on Pages 25-27.

Substance Use Prevention Treatment Recovery Services Block Grant (SUPTRS)

The Substance Use Prevention Treatment Recovery Services (SUPTRS) Block Grant's mission is to strengthen individual's knowledge and skills through the delivery of evidence-based curriculums. To promote community education and training on the latest prevention science, disseminate information on substance misuse, and offer constructive and healthy alternative activities to youth and their families. And forever

continue to mobilize community coalitions and networks to impact policy and legislation to alleviate substance misuse.

For more information, please call our Prevention Helpline at 302-633-2680 (*during regular business hours*) or email our prevention mailbox at:

PBHS_Prevention_Inquiries@delaware.gov

Or refer to Page 15 for a list of Programs and Providers.

Safe Haven/Extended Hours Program

DSCYF partners with eleven community centers throughout the state, creating a network of Safe Havens. The Safe Haven/Extended Hours Programs, offer services to youth on evenings and weekends. The goal is to provide a safe and positive environment for youth to engage in skill-based learning workshops, to participate in community service projects, and encourage healthy habits.

For more information, please call our Prevention Helpline at 302-633-2680 (*during regular business hours*) or email our prevention mailbox at:

PBHS_Prevention_Inquiries@delaware.gov

Or refer to Page 23 for a list of Programs and Providers.

Out of School Time (Afterschool and Summer Programs) (OST)

DPBHS offers a variety of Out of School Time (OST) programs statewide. OST programs provide a safe, trauma-informed environment for children and youth. OST Programs may include: academic enrichment and support, mentoring, positive youth development, arts, employability, life skills, sports and recreation.

OST programs serve as powerful youth violence, substance abuse, teen pregnancy, and dropout prevention strategy. Aside from preventing or deterring negative behaviors, OST programs have been shown to increase positive youth outcomes, promote effective communication and encourage youth to connect positively with peers and trusted adults (staff and mentors). Routine participation in these programs is associated with increased academic achievement, increased school attendance, increased self-esteem, increased social skills, improved work habits, and better student behavior.

OST providers work collaboratively with their community partners and organizations to be responsive to the identified needs of the youth and families in their community.

Goals:

1. Provide safety and supervision
2. Support academic achievement
3. Promote physical activity and nutrition

4. Create tobacco and drug free environments
5. Improve competency areas: self-awareness, self-management, social awareness, relationship skills, and responsible decision-making

For a full listing of Delaware's Out of School Time network, please refer to Pages 15-21 for an overview.

Helping Hands Community Awareness Project (HHCAP)

The Helping Hands Community Awareness Project (HHCAP) program began in October of 2023 and is a Prevention Program aimed at Early Intervention within Prevention Services. HHCAP is a prevention intervention resource for the community that can help early learners (ages 0 to 5 years old) and their families. The HHCAP goal is to help children identify their emotions and unsafe situations, promote safety for children, build self-worth in children, strengthen caregivers' skills (reducing conflict and creating a more nurturing environment), and increase the family's knowledge of the resources we offer. The HHCAP program currently receives State General Funding.

HHCAP is located in New Castle, Kent, and Sussex County early learning centers. The targeted population are children aged 0-5 enrolled in Early Learning Centers and their Caregivers throughout Delaware. The services designed are to provide prevention programming by helping families build skills and promote awareness. The programs will help strengthen resiliency building families closer together by utilizing the resources we offer. HHCAP utilizes two evidence-based curriculums, one for children and one for their caregivers. Childhelp Speak Up Be Safe teaches children basic concepts of personal safety and how to identify safe adults in their lives. Other levels (K-12) of this curriculum are available. PAX Tools provides a series of workshops for caregivers that teach strategies to improve children's cooperation and the ability to manage one's own behaviors, as well as support social and emotional development. We offer many other resources based on the family's needs, and services are free!

For more information, please contact our Prevention Helpline at: 302-633-2680 (*during regular business hours*) or email our prevention mailbox at:

PBHS_Prevention_Inquiries@delaware.gov

Or contact: Regina Johnson, Family Services Program Manager

Regina.Johnson@Delaware.gov

Keonna Banks, Family Services Program Support Administrator

keonna.banks@delaware.gov

In New Castle County Contact DGS, Shemar Parker (302)-652-3948

sparker@delawareguidance.org.

In Kent and Sussex Counties Contact Alexis Lowe at 302-262-3505 or

Alowe@delawareguidance.org

Youth Response Unit (YRU)- City of Wilmington ONLY

The Youth Response Unit is a partnership between DSCYF and the Wilmington Police Department. The purpose of this unit is to identify children who have been impacted by violence and trauma early, provide various interventions to promote resiliency and healing for those children and families impacted by trauma, while offering education, support and resources to children, families, and the larger community as they cope with varying forms of trauma.

YRU provides two types of interventions:

- Direct Child Response- Direct assessment and treatment services offered to an identified child(ren) impacted by a traumatic event.
- Community Response - Early Intervention, Prevention and Education offered to members of the community to identify signs and symptoms of trauma, better understand the effects of trauma on children and what interventions may be implemented to reduce the impact of trauma on children.

Goals of Youth Response Unit:

1. Reduce early post-traumatic stress symptoms and decrease the likelihood that children exposed to trauma will develop long-term posttraumatic psychiatric disorders.
2. Educate the community and heighten awareness about the prevalence of trauma and its impact on children.

For additional information or to make a referral, please contact YRU at 302-576-3183 or visit the website for more information.

<https://www.wilmingtonde.gov/government/public-safety/wilmington-police-department/youth-response-unit>

Trauma Response for Youth (TRY) - Statewide

Trauma Response for Youth (TRY) is a statewide program offered to children who have experienced a perceived trauma. The goal of TRY is to reduce early posttraumatic stress symptoms and decrease the likelihood that children exposed to trauma will develop long-term posttraumatic psychiatric disorders.

TRY is provided by specially trained, qualified therapists working in partnership with the local communities, schools, law enforcement agencies, and victim services units. The purpose of TRY is to identify children who have been impacted by violence and trauma early, provide various interventions to promote resiliency and healing for those children and families impacted by trauma, while offering education, support and resources to children, families and the larger community as they cope with varying forms of trauma.

Goals of Direct Child Response:

- Improve screening and identification of children impacted by traumatic stress early.
- Early intervention to reduce posttraumatic stress symptoms by offering short-term evidenced based intervention to children and families who have been affected by a traumatic event.
- Provide and strengthen skills which support the reduction or management of trauma reactions.
- Prevent the development of long-term posttraumatic psychiatric disorders.
- Collaborate with community partners and agencies to connect children and their families to longer-term treatment and support as needed.

ELIGIBILITY

Youth 17 years of age or younger.

- Youth resides in Delaware.
- Youth has been impacted by a perceived trauma or traumatic event.
- The youth's caregiver must voluntarily consent to participation in the TRY program

Youth referred to TRY are screened for CFTSI (Child and Family Traumatic Stress Intervention) - this is an evidence-based brief intervention model, more info can be found at: <https://medicine.yale.edu/childstudy/services/community-and-schools-programs/yctsr/stress-intervention/>

Those youth and families that are not eligible for CFTSI may still receive individualized interventions and supportive services through the TRY program.

Referrals to TRY can be made by calling 302-893-9663 or by visiting the website at <https://www.delawaretry.com/>

Take Care Delaware (Handle with Care) Initiative

Take Care Delaware is modeled after the West Virginia model "Handle with Care" (HWC). Model Handle With Care (HWC)/Take Care Delaware (TCD) programs promote safe and supportive homes, schools and communities that protect children, and help traumatized children heal and thrive. HWC/TCD promotes school-community partnerships aimed at ensuring that children who are exposed to trauma in their home, school or community receive appropriate interventions to help them achieve academically at their highest levels despite whatever traumatic circumstances they may have endured.

In Delaware, Take Care Delaware has formed partnerships between law enforcement and schools to adopt a trauma-informed approach to children who have been potentially impacted by a traumatic event. The Take Care Delaware initiative started as a pilot in Smyrna and will expand to include the entire state. Police are trained to identify children

at the scene, find out where they go to school and send the school/agency a confidential email or fax that simply says . . . “Take care of Johnny”. That’s it. No other details. School personnel are trained to be trauma sensitive, offering support and understanding when students may be having a difficult day and are advised on trauma sensitive approaches to respond to student behavior. School personnel will not ask students about the incident. When identified students exhibit continued behavioral or emotional problems in the classroom, on-site mental health interventions will be provided to students and their families as identified by school personnel or self-referral.

Goal of Take Care Delaware (Handle with Care model):

The ultimate goal is to help students succeed in school. Regardless of the source of trauma, the common thread for effective intervention is the school or childcare agency. Research now shows that trauma can undermine children’s ability to learn, form relationships, and function appropriately in the classroom. HWC programs support children exposed to trauma and violence through improved communication and collaboration between law enforcement, schools/childcare agencies and mental health providers, and connects families, schools and communities to mental health services. Additional information can be found at <https://takecaredelaware.org/>

Youth Suicide Prevention

For a Crisis/Risk Assessment call the Mobile Response and Stabilization Service Hotline: 1-800-969-4357 (HELP) – 24 hours/day, 7 days/week or dial 988

The Division has several prevention staff trained to deliver the Signs of Suicide (SOS) Prevention Program. SOS is a universal, school-based prevention program designed for middle school (ages 11-13) and high school (ages 13-17) youth. The goals of this program are:

1. Decrease suicide and suicide attempts by increasing youth knowledge and adaptive attitudes about depression.
2. Encourage personal help-seeking and/or help-seeking on behalf of a friend.
3. Reduce the stigma of mental illness and acknowledge the importance of seeking help or treatment.
4. Engage parents and staff as partners in prevention through “gatekeeper” education.
5. Encourage community-based partnerships to support youth mental health.

Through a video and guided discussion, youth learn to identify warning signs of suicide and depression in a single session. The curriculum raises awareness about behavioral health and encourages students to ACT (Acknowledge, Care, Tell) when worried about

themselves or their peers. All DPBHS's Out of School Time (OST) providers are also trained to deliver SOS in their programs at least twice per year.

Additional information on SOS can be found at <https://www.mindwise.org/what-we-offer/suicide-prevention-programs>.

State Opioid Response (SOR) Prevention Programming

DPBHS utilizes SOR funding to provide an array of youth substance misuse prevention strategies, with an emphasis on opioid misuse prevention. DPBHS services improve outcomes for youth by increasing accessibility to high quality, effective, community-based substance misuse prevention services. DPBHS prevention services and activities serve youth of all ages (0-17) and their families.

The providers collaborate with schools, athletic directors, coaches, community members and caregivers to promote substance use prevention and wellness among children, youth and families.

The goals of SOR prevention programming are to:

- Increase awareness of the risks of substance misuse, specifically opioids.
- Reduce risk of opioid overdose among youth and their families.
- Reduce stigma relating to MH and SUD.
- Build protective factors by promoting resiliency, wellness and healthy lifestyle choices.
- Promote safe storage and safe disposal of prescription and opioid medication.

The providers may use a combination of evidence-based and/or best practice substance misuse prevention and intervention strategies and curriculum which include: SPORT PPW, Botvin Life Skills Training and Botvin's Prescription Drug Abuse Prevention Module, Generation Rx, A Song for Charlie and Guiding Good Choices (GGC).

DSCYF's State Opioid Response (SOR) providers are:

- The Team Approach
- Impact Life
- Courageous Hearts

Additional services under this grant funding are provided by Win the Day and CAUSE the World.

For more information, please call our Prevention Helpline at 302-633-2680 (*during regular business hours*) or email our prevention mailbox at:

PBHS_Prevention_Inquiries@delaware.gov

High Potency THC (and Marijuana) Prevention

Johnny's Ambassadors (JA) is on a mission to educate teens, parents, and communities about the dangers of today's high-THC marijuana on adolescent brain development, mental illness, and suicide. JA's focuses on youth marijuana awareness, prevention, and education. Primarily, JA's share data-driven facts and clear messaging with teens and parents to reduce the likelihood they will use marijuana and stop progression to more problematic use. The Johnny's Ambassadors website has several free educational resources for you to use and share. <https://johnnysambassadors.org/>

DPBHS has several staff certified to deliver the Johnny's Ambassadors program to middle and high school aged youth and adults. Please reach out if you are interested in hosting a session at your school or in your community.

For more information, please call our Prevention Helpline at 302-633-2680 (*during regular business hours*) or email our prevention mailbox at: PBHS_Prevention_Inquiries@delaware.gov

Gang Violence Prevention

DPBHS is the recipient of State general funds focused on gang violence prevention. These funds are used specifically to support prevention activities that are evidence-based or research-supported in preventing gang exposure and gang involvement of children ages 17 and younger.

Gang Violence Prevention Providers:

- Green Beret Project
- Gloves Against Drugs
- Cause the World AKA The CAUSE

For more information, please call our Prevention Helpline at 302-633-2680 (*during regular business hours*) or email our prevention mailbox at: PBHS_Prevention_Inquiries@delaware.gov

Violence (Gun Safety and Firearm) Prevention

DPBHS partners with the Coalition for a Safer Delaware (<https://coalitionforasafedelaware.org/>) to provide Sandy Hook Promise (SHP) and firearm safety education to youth, families and the community. For information on the Sandy Hook Promise programs, please visit their website: <https://www.sandyhookpromise.org/> or email our general prevention mailbox at: PBHS_Prevention_Inquiries@delaware.gov.

DSCYF SUPTRS PROVIDERS PRIMARY PREVENTION

Provider	Location	Contact
DEMCO	365 United Way Dover, DE 19901	Dr. Hackett Sr. V.P Statewide Academy Director 302.346.5308 hackettlinda4@yahoo.com
Gloves Against Drugs	340 Robinson Lane Wilmington, DE 19805	Mike Miller Executive Director 302.607.1730 defightfactory@gmail.com
Outloud LLC	Multiple Locations	Jalyn Powell Founder & CEO 302.249.8823 outloud@jalynpowell.com
University of Delaware Cooperative Extension (4H)	Multiple Locations	Lindsay Hughes Extension Educator 302.856.7303 lgooden@udel.edu

Out of School Time (OST) Programs (After-School and Summer)

PROGRAM	Location	Target Ages	Hours	Brief Summary of programming
Boys & Girls Clubs of Delaware (Laurel, Western Sussex)	Sussex (Laurel, Western Sussex)	8-17 Laurel Western Sussex	Tues-Thurs 4-7pm Teen Nights Friday 7-10pm	Triple Play: Mind, Body & Soul program. Youth will engage in structured, recreational prosocial activities, healthy habits (Fit4All- yoga, meditation, dance). Teen workforce development program (Wowzers!). EBP SMART Moves: Nicotine Module to be incorporated into programming.
Boys and Girls Club of Delaware- Milford	Kent (Milford)	8-17 Milford	Tues-Thurs 4-7pm Teen Nights Friday	Triple Play: Mind, Body & Soul program. Youth will engage in structured,

			7-10pm	recreational prosocial activities, healthy habits (Fit4All- yoga, meditation, dance). Teen workforce development program (Wowzers!). EBP SMART Moves: Nicotine Module to be incorporated into programming.
Center for Structural Equity	City of Wilmington	Youth ages 17 and under	Mon-Fri 8a-8p One Friday per month open until 10p	Youth Empowerment Solutions (YES) program empowers youth to make positive change in their communities by providing youth opportunities for meaningful involvement in preventing youth violence and creating community change. Live Respect Delaware A Call to Men's Live Respect curriculum. This gender-specific, evidence-informed program is designed to decrease dating violence, sexual assault and bullying. The program also utilizes Botvin Life Skills Training, s substance use prevention EBP.
Christina Cultural Arts Center	City of Wilmington	9-14	Monday – Thursday 3pm to 7pm Summer program June-July	“Heart Under the Hoodie” Youth Violence Prevention Program, links Urban Improv with evidence-based school drama

				program. Incorporates yoga, mindfulness, music, dance, academic enrichment and art into the program.
Cause the World	NCC (N.Wilmington/ Bellefonte)	14-17	Monday- Thurs 3-6pm and occasional weekends Summer programming at least 12 hours per week schedule to be determined	Digital media production. Certified Prevention Specialists to deliver Evidence- based substance use prevention program (Botvin, LionsQuest or Too Good for Drugs). Community service projects, creation of PSAs focusing on prevention messaging
Duffy's Hope, Inc.	City of Wilmington	13-17	Monday, Wednesday and Thursday 5:00pm- 8:00pm 2nd Saturday of the month: 9am-1pm (community service initiatives)	Ambassador Mentoring and Prevention Program utilizing the Phoenix Curriculum Gang Prevention Program and Trauma Awareness Suicide Prevention Program (TASP). Employment skills, college prep and career success. Summer basketball league.
Inner City Cultural League	Kent (Dover)	3 rd -12 th grade students	Mon-Weds 2:30-8p and the 1 st Friday of the month Saturdays (special events, music lessons, tutoring) Summer: 8a-8p	EBPs: Botvin Life Skills, Too Good for Drugs and Violence. Homework help, community service activities, family engagement, American Lung Association Vaping prevention, community outreach to families residing in local hotels.

Kingswood Community Center, Inc.	City of Wilmington	ages 5-17 @ Kingswood Community Center Saturday teen nights 2x's per month ages 13-17 through partnership with the Teen Warehouse (TWH)	3pm-7pm weekdays Teens: 7-9pm on weekdays @ TWH (Teen Warehouse) Summer camp	EBP: Too Good for Drugs and Violence. Academic enrichment, sports and recreation, arts (music, dance, crafts, fine arts), field trips and outings. Program will train teens from TWH to work with youth at Kingswood and deliver programming.
Latin American Community Center	City of Wilmington	Middle and High School aged youth	Mon-Fri 5:30-8pm One Saturday per month from 10—4	Youth Achievement Center incorporates the EBP, Too Good for Drugs and Violence. Academic achievement, leadership development, health and wellness for Hispanic students.
Police Athletic League (PAL) - Delaware City	NCC (DE City)	5 th -8 th grade students 2 Fridays per month, extended hours from 7-10p 2 Saturdays per month 6-10pm	Mon-Friday 2:30-7pm	SAVE Program: Suicide and Violence Education Program STEAAAM: Science, Technology, Engineering, Athletics, Arts, Agriculture and Math
PAL - New Castle	NCC (New Castle)	Ages 8-17	Mon-Fri 2:30-6pm 2 Fridays and 2 Saturdays per month 6-10pm	SAVE Program: Suicide and Violence Education Program (Committee for Children), Growing Leaders Habitudes, National Crime Prevention Council-McGruff and Community Works.

				Homework assistance, STEAM, mindfulness (certified “Kidding Around Yoga” instructor), recreation
PAL – Wilmington	City of Wilmington	Ages 10-18	Mon-Friday 3:30-7:45p Once per month: 5hr session on Saturdays 2 Friday night sessions per month 8-11pm (in addition to current extended hours)	LifeSAVERS program: incorporates EBPs: Botvin Life Skills (substance misuse prevention), Second Step (SEL) also offer homework help, STEM, art, cultural enrichment, suicide and violence prevention and recreational activities.
Pathways of Delaware	Kent (Dover)	Ages 12-17	Tuesday and Thursday 3-6pm No Saturdays	Utilizes EBPs: Youth Empowerment Solutions (Dover) and Phoenix Gang Prevention. IM40 Developmental Assets. Programs focus on violence and gang prevention. Sports, drumming, dance, Rites of Passage programs (gender specific), academic enrichment and pathways to employment. Substance misuse groups to be offered to participants by clinical staff.
University of Delaware	NCC (Newark)	6 th -8 th gd students	Mon -Thurs 2-5pm Summer: 2 weeks	Incorporated EBP< Botvin Life Skills Training (substance abuse prevention), Kickin Nutrition and mindfulness education into

				Kirk's afterschool program. Program supports academic and social/emotional skills and enhances tech skills (robotics, media arts, computer science), offers photography, STEAM, Civic engagement opportunities.
West End Neighborhood House	City of Wilmington and some NCC schools	Middle and High School students (ages 13-17)	Mon-Fri 3-9pm *also offer services on weekdays when school is off Summer: Mon-Friday 9-5pm (July, August)	Too Good for Drugs and Violence Botvin Life Skills Training Family engagement(open houses, monthly workshops,parent nights and podcasts), Chill out zones, on-site MH screening and counseling, Youth Leadership groups, Homework assistance and tutoring, College and Career Club, Field trips, community awareness activities (suicide and violence prevention, engagement at local sporting events), Launcher Entrepreneurship program, multiple partnerships to provide other activities and opportunities to youth. 4 week Prevention summer camp for middle and high school aged youth

YMCA - Sussex Family	Sussex (Rehoboth)	Teen program	Tues/Thurs 3-6pm Summer: Mon- Thurs 10a-3pm	Utilizes EBP: SPORT PPW. Focus on Substance misuse prevention, health/wellness, goal setting. Summer: teen leadership program, community service
YWCA Delaware, Inc.	Statewide	Ages 11-17 YW and ESTEEM Statewide workshops Teen Dating Violence and Consent workshops YW Leaders	Hours vary	YW Girl, ESTEEM, Teen Dating Violence and Consent, YW Leaders programs. Focus on Middle and High School aged females on dating violence, promoting healthy relationships, SEL, college/career readiness and building self- esteem/positive self-image. Specifically work with homeless youth in their Home Life Management Center.

**Signs of Suicide is an evidence-based suicide prevention program for middle and high school aged youth. All providers are trained in SOS and will deliver on their OST programs no less than twice per contract year.

**Sandy Hook Promise: Start with Hello is a violence prevention/inclusion program. All providers are trained in SHP and will host no less than 2 inclusion events in their OST programs per contract year.

Extended Hours Providers (offered July 1 - September 30, 2026)

Provider	Location	Contact	Hours offered
Wilmington PAL	3707 N Market St Wilmington, DE 19802	Christopher Purnell Executive Director 302.420.1089 Christopher.Purnell@palw.org	Mon- Thurs: 7pm-11pm Saturday: 2pm-6pm
Gloves Against Drugs	340 Robinson Lane Wilmington, DE 19805	Mike Miller Program Director 302.607.1730 defightfactory@gmail.com	Mon-Thurs: 6pm-10pm
H. Fletcher Brown Boys and Girls Club	1601 N. Spruce Street Wilmington, DE, 19802	Suchi Hiraesave VP of Grants Development 302.382.3416 shiraesave@bgclubs.org	Mon-Thurs: 6pm-10pm
Western Sussex Boys & Girls Club	310 Virginia Ave. Seaford, DE 19973	Suchi Hiraesave VP of Grants Development 302.382.3416 shiraesave@bgclubs.org	Mon-Thurs: 6pm-10pm
Laurel Extension Boys & Girls Club	424 Central Ave. Laurel, DE 19956	Suchi Hiraesave VP of Grants Development 302.382.3416 shiraesave@bgclubs.org	Mon-Thurs: 6pm-10pm
Walnut Street YMCA	1000 N. Walnut St. Wilmington, DE 19801	Jenny Randolph Program Director 443-480-5122 jrandolph@ymcade.org	Wed-Sat: 6pm-10pm
Neighborhood House	1218 B Street Wilmington DE 19801	Cynthia Williams Safe Haven Coordinator 302-530-9112 cwilliams@neighborhoodhse.org	Wednesday: 6pm-9pm Thursday: 6pm-9pm Friday: 6pm-10pm
Latin American Community Center	403 N. Van Buren Street Wilmington, DE 19805	Wanda Burgos-Rincon Program Director wburgos@thelatincenter.org	Monday, Wednesday & Friday 5pm -8:30 pm Tuesday and Thursday 5pm -9:30 pm Saturday -Trips and/or community service projects -Times will vary
William Hicks Anderson Community Center	501 N Madison St, Wilmington, DE 19801	Melodi Phillips Program Director 302.685.1797 mphillips@wilmingtonde.gov	Thursday & Friday: 8pm- 10pm Saturday: 10am to 4pm
West End Neighborhood House	710 N. Lincoln Street Wilmington, DE 19805	Antwain Flowers Program Director (302)658-4171 ext. 174 AFlowers@westendnh.org	Monday, Wednesday, Friday 6:pm-9pm Saturday (Trips and Clinics) 12pm-4pm
DEMCO	365 United Way Dover, DE 19901	Dr. Hackett Sr. V.P Statewide Academy Director 302.346.5308 hackettlinda4@yahoo.com	Mon-Thurs:6pm-10pm

*For more information contact: Jacqueline Donaldson (302) 892-6436
jacqueline.donaldson1@delaware.gov*



Family Court of The State of Delaware
**APPROVED EDUCATION SEMINARS
 FOR SEPARATING AND / OR DIVORCING PARENTS**

Please arrange to take the seminar by calling the provider of your choice from the list below. The provider will let you know the dates, time, and cost. The fee for the seminar may not be more than \$100.00 for each adult. **Contact providers directly for Financial Assistance.** The State of Delaware Department of Services for Children, Youth, and Their Families (DSCYF) certifies the adult seminars. Parents (Petitioner and Respondent) must take an approved Basic seminar that will teach them about what children go through when their parents do not live with each other or their parents' divorce. Parents (Petitioner and Respondent) who have been involved in domestic violence must attend the domestic violence seminar that provides information about how domestic violence harms children and how to prevent it. ***Note: These courses DO NOT take the place of a DVCC-Certified Domestic Violence intervention of evaluation and treatment. *We Now Offer Two Options for Online Parenting Education Classes: Local Providers via Zoom or OnlineParentingPrograms.com (see details below).**

*Please see important phone numbers listed on the last page.

KENT AND SUSSEX COUNTIES PROVIDERS

<https://DE.OnlineParentingPrograms.com>

<u>Alisha Fletcher, LCSW</u> PLACE: Lewes TEL: (215) 514-2265 ** Classes are provided via Zoon	COMPONENTS OFFERED: ☒ Basic ☐ Domestic Violence CONTACT: Alisha Fletcher contact@alishafletcher.com
<u>Blackbird Forrest Counseling & Edu.Center</u> PLACE: Smyrna TEL: (302) 563-2822 ** Classes are provided via Zoon	COMPONENTS OFFERED: ☒ Basic ☒ Domestic Violence CONTACT: Wendy W. Bailey wendy.w.bailey@gmail.com
<u>Delaware Parents Association, Inc</u> PLACE: Dover TEL: (302) 678-9288 ** Classes are provided in person	COMPONENTS OFFERED ☒ Basic ☐ Domestic Violence CONTACT: Tami Wilson twilson@delparents.org LOCATION ADDRESS: 101 West Lockerman St., Dover, DE
<u>La Esperanza Community Center</u> PLACE: Georgetown TEL: 302-854-9262 **Spanish Classes Only**	COMPONENTS OFFERED ☒ Basic ☒ Domestic Violence CONTACT: Keysly Hernandez khernandez@LaEsperanza.org LOCATION ADDRESS: 216 N Race St, Georgetown, DE, 19947
<u>Turning Point at People's Place II, Inc.</u> PLACE: Milford TEL: (302) 424-2420 ** Classes are provided in person	COMPONENTS OFFERED: ☒ Basic ☒ Domestic Violence CONTACT: Stephanie Rodriguez tp@peoplesplace2.com LOCATION ADDRESS: 1131 Airport Road, Milford, DE 19963

NEW CASTLE COUNTY PROVIDERS

<https://DE.OnlineParentingPrograms.com>

<u>Love is The Key Corporation</u> PLACE: New Castle TEL: (610) 751-7783 ** Classes are provided in person and via Zoom	COMPONENTS OFFERED: ☒ Basic ☒ Domestic Violence CONTACT: Atiya Turner atiyaturner2015@gmail.com LOCATION ADDRESS: Public Library; 3022 New Castle, DE 19720
<u>Child Inc.</u> PLACE: Wilmington TEL: (302) 762-8989 ** Classes are provided in person and via Zoom	COMPONENTS OFFERED: ☒ Basic ☒ Domestic Violence CONTACT: Michele Ostafy mostafy@childinc.com CONTACT: Laurie Sammons LSammons@childinc.com LOCATION ADDRESS: 507 Philadelphia Pike, Wilmington, DE 19809
<u>Christiana Counseling</u> PLACE: Wilmington (Kirkwood Highway) TEL: (302) 995-1680 Ext. 212 ** Classes are provided in person	COMPONENTS OFFERED: ☒ Basic ☒ Domestic Violence CONTACT: Robert Blaine Morris rbmccpa@gmail.com LOCATION ADDRESS: Appoquinimink State Service Center, 122 Silver Lake Middletown, DE 19709
<u>Paulette M. Lukas</u> PLACE: Bear TEL: (302) 897-7417 **Classes are provided via Zoom	COMPONENTS OFFERED: ☒ Basic ☒ Domestic Violence CONTACT: Paulette Lukas plukas1206@aol.com

****Note:** Zoom Classes May Be Offered on a Temporary Basis at Some Locations**

DELAWARE ONLINE PARENTING CLASSES

<https://DE.OnlineParentingPrograms.com>

6 Hour Co-Parenting / Divorce (Basic Co-Parenting Class)

COST \$69.99

- Register Online
- Attend Anytime (according to your schedule)
- Self-paced learning (Pause & Resume)
- Immediately Download Certificate Upon Completion

****Note:** Domestic Violence classes are offered virtually via Zoom statewide by local Providers where indicated above.

Have Questions? Find Answers at:

- ❖ State of Delaware Family Court Internet Address: <http://courts.delaware.gov/family/>
- ❖ Call Family Court at New Castle County (302) 255-0300 - Kent County (302) 672-1000 Sussex County (302) 855-7400 if you have any questions about the following:
 - a) legal matters about your Family Court case:
 - b) scheduling your case in Family Court:
 - c) Family Court mediation, and stipulations proposing a resolution to all outstanding custody and visitation matters:
 - d) motions filed with Family Court to waive the requirement.

- **If you are currently living out of state and have filed a petition, contact Delaware Family Court (phone # 255-0300) to file a motion to have the seminars you take out of state accepted by Delaware's Family Court.**

Please contact the provider of your choice to schedule an APPROVED EDUCATION SEMINARS, Discuss fees, or for times and dates. The providers listed above are the only Delaware APPROVED EDUCATION SEMINARS. Call the Department of Services for Children, Youth, And Their Families (DSCYF) at (302) 892-6446 if you have any additional questions about the Separating and Divorcing Parenting Education Program.