



## Early Learning Program Application for ECMHC

Program Name: \_\_\_\_\_

Program Director Name and Signature: \_\_\_\_\_

Program Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

Total # of Children in Care: \_\_\_\_\_

Estimated % of Children with Purchase of Care Assistance: \_\_\_\_\_

Reason Consultation is Requested: \_\_\_\_\_

Stars Participant? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, Stars level: \_\_\_\_\_

Stars TA Consultant: \_\_\_\_\_

Email Application to: [DSCYF\\_ECMHS@delaware.gov](mailto:DSCYF_ECMHS@delaware.gov)

If you are a parent or caregiver interested in ECMHC at YOUR child's Early Learning Program, call 302-256-9308

## ECMHC

*Building capacity and improving abilities in early learning programs*

Funding for ECMHC is provided through Delaware's Child Care Development Fund through the Division of Social Services of the Department of Health and Social Services. Additional support is provided by the Delaware Department of Education, Office of Early Learning.

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For more information on the ECMHC service:

**EMAIL: [DSCYF\\_ECMHS@delaware.gov](mailto:DSCYF_ECMHS@delaware.gov)**

OR

**CALL or TEXT: 302-256-9308**

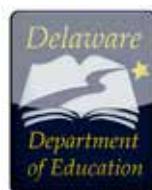


**Delaware Department of Services for Children, Youth and Their Families**

Division of Prevention and Behavioral Health Services



**DELAWARE HEALTH AND SOCIAL SERVICES**  
Division of Public Health



REV 09-2019

# Early Childhood Mental Health Consultation

*A Partnership with Providers of Early Care and Education Programs*



*A free service offered through the  
Delaware Department of  
Services for Children, Youth  
and Their Families*  
Division of Prevention and  
Behavioral Health Services

## What is ECMHC?

ECMHC is a free service that supports young children's social and emotional development, specifically in early childhood education settings.

Early Childhood Mental Health Consultants are available to provide specialized on-site training and coaching at early learning programs which can ultimately reduce incidents of disruptive behavior and enhance social and emotional skills in children.

## What Can Teaching Staff Expect?

- Individualized program and classroom specific consultation;
- Action plans that address classroom and individual child needs;
- Behavior management strategies for the whole class.

## ECMHC Partnership

The Division of Prevention and Behavioral Health Services (DPBHS) offers ECMHC as a free service to Delaware early learning programs.

All consultants are licensed mental health professionals with experience working in early learning settings. ECMHC is a prevention and early intervention service. Request services before major problems arise. **Early Calls May Halt a Crisis.**



## ECMHC Can Help:

- Develop problem-solving interventions to reduce incidents of disruptive classroom behaviors;
- Build collaborative relationships between mental health professionals, early learning providers and families;
- Strengthen skills of teaching staff to work with children who have social and emotional challenges;
- Enhance relationships with children in care;
- Reduce teacher and family stress;
- Reduce incidents of suspension and expulsion; and
- Help children build social and emotional skills to reach developmental milestones.

